Accelerating Successes Against Cancer: Recommendations from the NCI – Designated Cancer Center Directors

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Why this report?

- Confusion over goals and expectations with regard to the 2015 target.
- Blueprint for achieving what is possible.
- Frustration over reduction in NCI funding at a time of great opportunity for increased successes.
- Recognition by NCI-Designated Cancer Center directors of the advantages of increased collaboration and joint activities.

OUTLINE OF REPORT

Statement of Purpose

Executive Summary

Prevention

Early Detection

Treatment

Survivorship

Collaborations

Dissemination

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STATEMENT OF PURPOSE (1)

Keypoints:

- NCI-designated Cancer Centers have implemented programs that lead the way in each of the three initiatives of the NIH Roadmap.
- Cancer Centers, unlike the NCI, have dual missions: research and dissemination of improved care to patients.
- We can substantially reduce deaths from cancer just by broadening the application of knowledge we have today. Cancer Centers can lead the way.
- The promise of "personalized" medicine is achievable.

STATEMENT OF PURPOSE (2)

Goals of Cancer Center Directors' Working Group:

- 1. Reduce the burden of cancer through research in the areas of <u>prevention</u>, <u>detection</u>, <u>treatment</u>, and <u>survivorship</u>, and create a strategy for success.
- 2. Identify ways in which NCI-designated Cancer Centers can enhance <u>collaboration</u> with each other and with other stakeholders in the pursuit of our shared mission.
- 3. Suggest initiatives that will enable the Cancer Centers to extend their research beyond their local communities and to provide leadership in the wide <u>dissemination</u> of best practices in cancer and prevention.
- 4. Create a realistic vision of the potential for future successes and identify the roadblocks that must be dealt with.

STATEMENT OF PURPOSE (3)

Progress:

- ACS has performed a midpoint analysis of goal of 50% reduction in deaths 1990-2015: projected success is 23%. *
- Projected decrease in breast, male lung and colon cancers is tracking at 50%!
- Prevention and early detection more important than treatment in these successes.
- More can be achieved by increased participation.
 - * Byers et al, Cancer 107(2):396-405, 2006.

STATEMENT OF PURPOSE (4)

Collaboration and synchronization:

- With other Cancer Centers
- With care providers in the state
- With professional organizations
- With governmental agencies and the U.S. Congress
- With pharmaceutical and biotech companies
- With patient advocacy groups

STATEMENT OF PURPOSE (5)

This exercise has succeeded in energizing the directors of NCI-designated Cancer Centers to collaborate in research and dissemination of best practices, and to advocate aggressively for increased public awareness and governmental funding.

PREVENTION (1)

- Need for uniform dissemination
 - 41 million uninsured Americans
 - Uneven access
- Need for an educated and motivated public.
- Because cancer is a disease that starts as a premalignant clone of cells and progresses, early interventions should be effective.
- Endorsement of the recommendations of the National Cancer Policy Board.

PREVENTION (2)

Immediate strategies:

- Importance of acting on risk factors that reflect life style:
 - Tobacco use
 - Obesity
 - Physical inactivity
 - Diet

PREVENTION (3)

Immediate Strategies:

- Importance of intervention by health care providers
 - Colon endoscopy, mammography, PSA, Pap smear
 - Vaccination (HPV)
 - Chemoprevention (breast cancer)
 - Smoking abatement: counseling and nicotine replacement

PREVENTION (4)

Long Term Strategies:

- Clinical trials to discover molecular targets for early detection of high-risk and precancerous lesions and identification of targets for chemopreventive therapy.
- Chemoprevention clinical trials: risk based interventions.
- Clinical research in behavioral sciences.
- Need for databases and powerful informatics to establish risk profiles for individuals and for highrisk populations.

PREVENTION (5)

Other considerations:

- Clinical studies are long in duration and very expensive. Any side effects are objectionable. These issues deter faculty, pharma, and governmental sources of funding.
- Epidemic of childhood obesity a cross-NIH issue.
- Disparities in provision of and payment for healthcare.
- Scientific knowledge does not guarantee clinical implementation!

EARLY DETECTION (1)

- Early cancer is far more curable.
- Research results will come faster if focus is on high risk populations: cancer survivors, genetic predisposition, environmental exposure, family history.

EARLY DETECTION (2)

Technology:

- Genomics, proteomics, immunohistochemistry
- X-ray and MRI imaging
- Molecular imaging
- Informatics and computational biology

EARLY DETECTION (3)

Immediate Strategies for Cancer Centers:

- Partner with governmental agencies and health care providers to expand clinical use of validated screening methods.
- Partner with advocacy groups to pursue payment from CMS, insurance and health plans (and dealing with the uninsured).
- Partner with state public health departments and health care providers to disseminate information on health benefits and points of access.
- Partner with other Cancer Centers to share tissue resources and advanced technology platforms.

EARLY DETECTION (4)

Long-term Strategies for Cancer Centers:

- Collaborate in large-scale clinical trials to discover and validate biomarkers.
- Expand application of new technologies: genomics, proteomics, immunohistochemistry, molecular imaging.
- Continue fundamental, basic research on genetic and molecular abnormalities in cancer.
- Through NCI and governmental agencies, create a standardized electronic database of medical and scientific information and patient medical records.