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## Transdisciplinary Research on Energetics and Cancer

39th Regular Meeting of the Board of Scientific Advisors

Division of Cancer Control and Population Sciences



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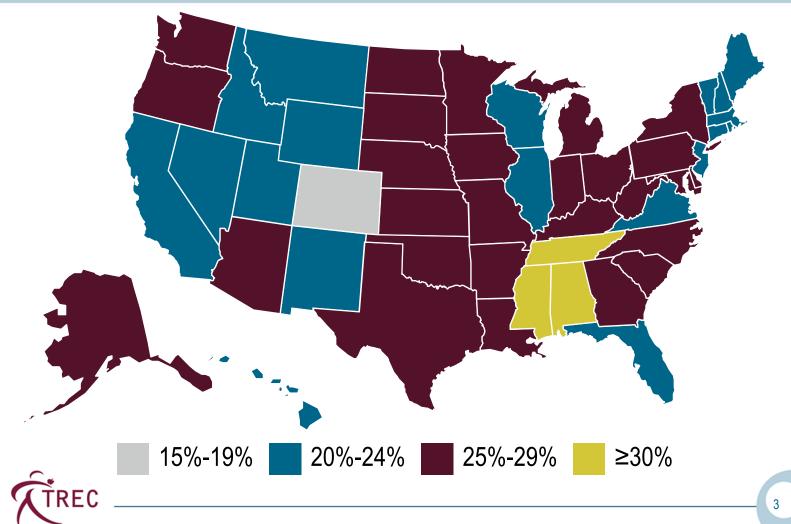
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### **Outline**

- Overweight, Obesity and Cancer
- Introduction to Transdisciplinary Research on Energetics and Cancer (TREC)
- Mid-course Accomplishments
- Select Research Highlights
  - Dr. Joseph Nadeau, "Diet, metabolism and cancers in mouse models"
  - Dr. Anne McTiernan, "Energy Balance and Cancer: Carcinogenesis and Cancer Survival"

## **Obesity Trends Among U.S. Adults, BRFSS 2007**

(BMI ≥30, or ~ 30 lbs. overweight for 5' 4" person)

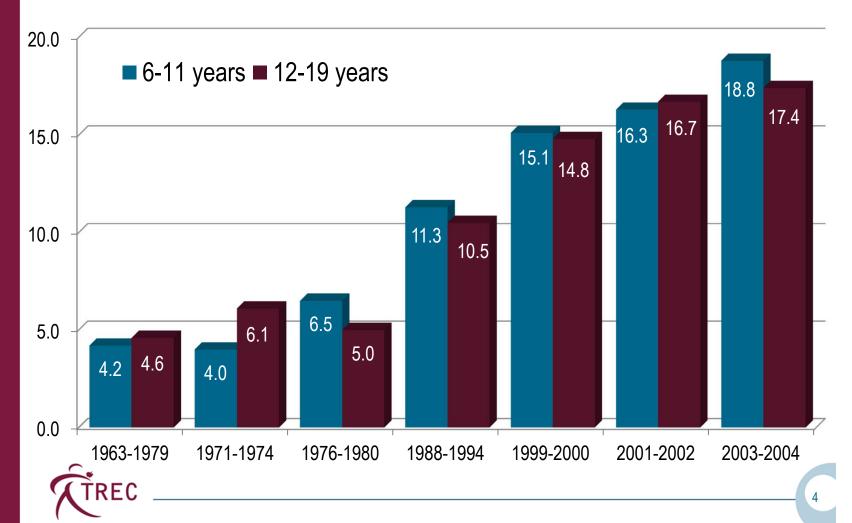


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Source: Behavior Risk Factor Surveillance System CDC

## Percentage of U.S. Children and Adolescents Who Were Overweight, NCHS 1963-2004\*



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\*Data for 63-70 are from 63-65 only for ages 6-11 and from 66-70 only for 12-17

## Overweight and Obesity Causes Many Health Problems

Cardiovascular

Gastrointestinal

**CANCER** 

**Pulmonary** 

**Endocrine** 

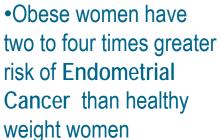
Renal

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## **Overweight and Obesity Causes Many Health Problems**

- Postmenopausal obese women have 1.5 times the risk of Breast Cancer than women of a healthy weight
- Studies have consistently found a link between Renal Cell Carcinoma and obesity in women
- risk of **Endometrial** Cancer than healthy weight women







- Overweight and obese individuals are two times. more likely than healthy weight people to develop **Esophageal** Adenocarcinoma; a smaller increase in risk has been found for Gastric Cardia Cancer
- An increased risk of Colon Cancer has been consistently reported for men with high BMIs
- An increased risk of Gallbladder Cancer is associated with obesity

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Source: NCI: Obesity and Cancer (cancer.gov)

## Mortality from Select Cancer Sites According to BMI & Gender, Cancer Prevention Study II, 1982–1998

Women	Relative Risk	Men	Relative Risk
Uterus (≥40)	6.25	Liver (≥35)	4.52
Kidney (≥40)	4.75	Pancreas (≥35)	2.61*
Cervical (≥35)	3.20	Stomach (≥35)	1.94
Pancreas (≥40)	2.76	Esophagus (≥30)	1.91*
Esophagus (≥30)	2.64*	Colon & Rectum (≥35)	1.84
Breast (≥40) (postmenopausal)	2.12	Gall Bladder	1.76
All Cancers (≥40)	1.88	All Cancers (≥40)	1.52

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\*Never Smokers

Source: Calle and Thun, Oncogene 2004

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### **Goals of TREC**

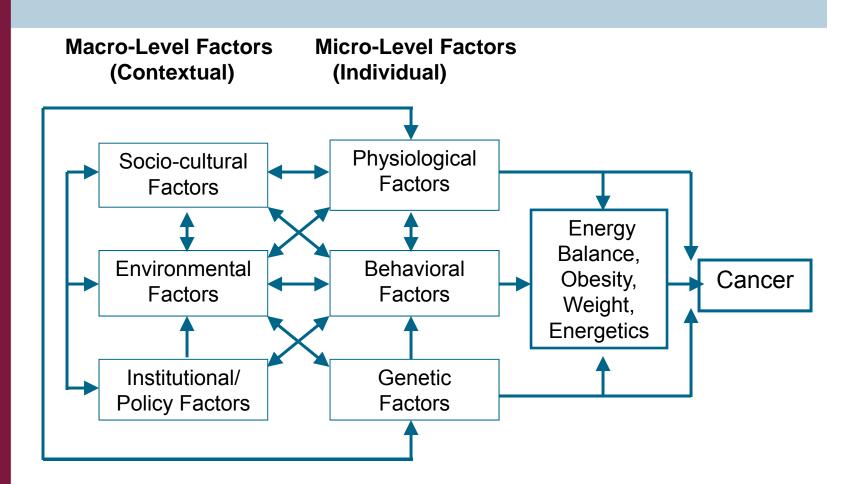
- Enhance <u>understanding of the mechanisms</u> underlying the association between energy balance and carcinogenesis across the life cycle
- Develop effective approaches with broad population impact at the social-environmental and policy level for the prevention and control of obesity
- Bring together diverse disciplines by facilitating new collaborative research endeavors
- Create <u>new opportunities for transdisciplinary</u> <u>training</u>



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### **TREC Conceptual Model**



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### **Growth of TREC Network, 2008 Statistics Physical Nutrition** Interest Activity, **Assessment** Group Sleep, Env't Measures **Evaluation** Accelerometry NCI Biomarkers Interest Specimens, TREC CC & Methods Group Fred Hutchinson Markers & University of Minnesota Physical Mediators **Activity &** University of Southern Task Force California **Nutrition** ntervention Case Western Reserve **Training** WG University Task Force Cancer Molecular Survival & **Pathways** Survivorship Psychosocial Task Force and other **Behavior Behavior &** Environment TREC Task Force 10

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## **Mid Course Accomplishments**

- Career Development (73 New Investigators)
- Developmental Projects (n=96)
- New NIH Grants (n=11)
- Publications & Presentations
- Special Workshops & Symposia
- Evaluation

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## Acknowledgements

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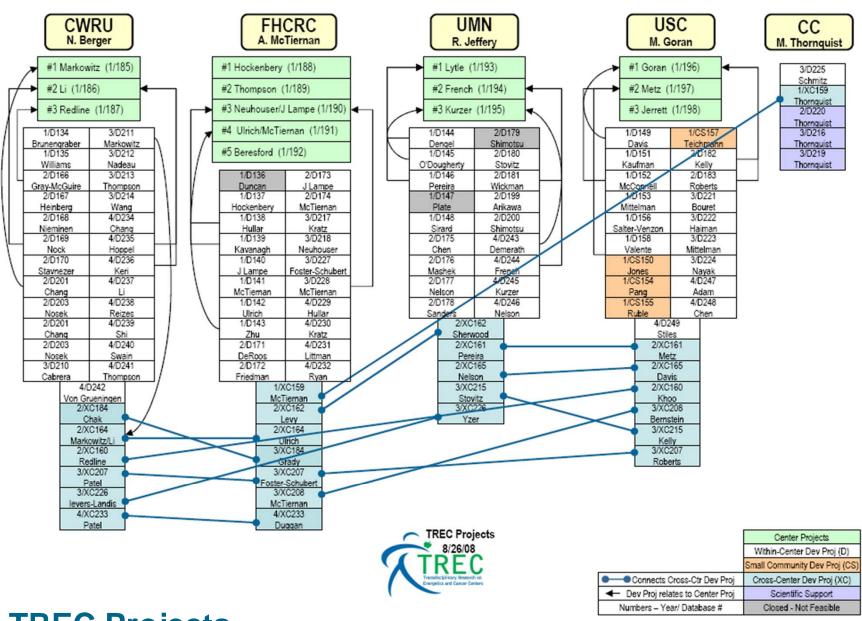
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**Yvonne Grant** 

Carolyn Ehret



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**TREC Projects**