

Adolescent Brain Cognitive Development

Teen Brains. Today's Science. Brighter Future.

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Director, ABCD Project

Division of Extramural Research, NIDA

May 16, 2018



Adolescent Brain Cognitive DevelopmentSM

Teen Brains. Today's Science. Brighter Future.

- **Enrollment**
- Preliminary Descriptive Data
- Follow-up Assessments
- ABCD Sub-studies
- Data Sharing

Locations of ABCD Research Sites in the United States



Coordinating Center

University of California, San Diego



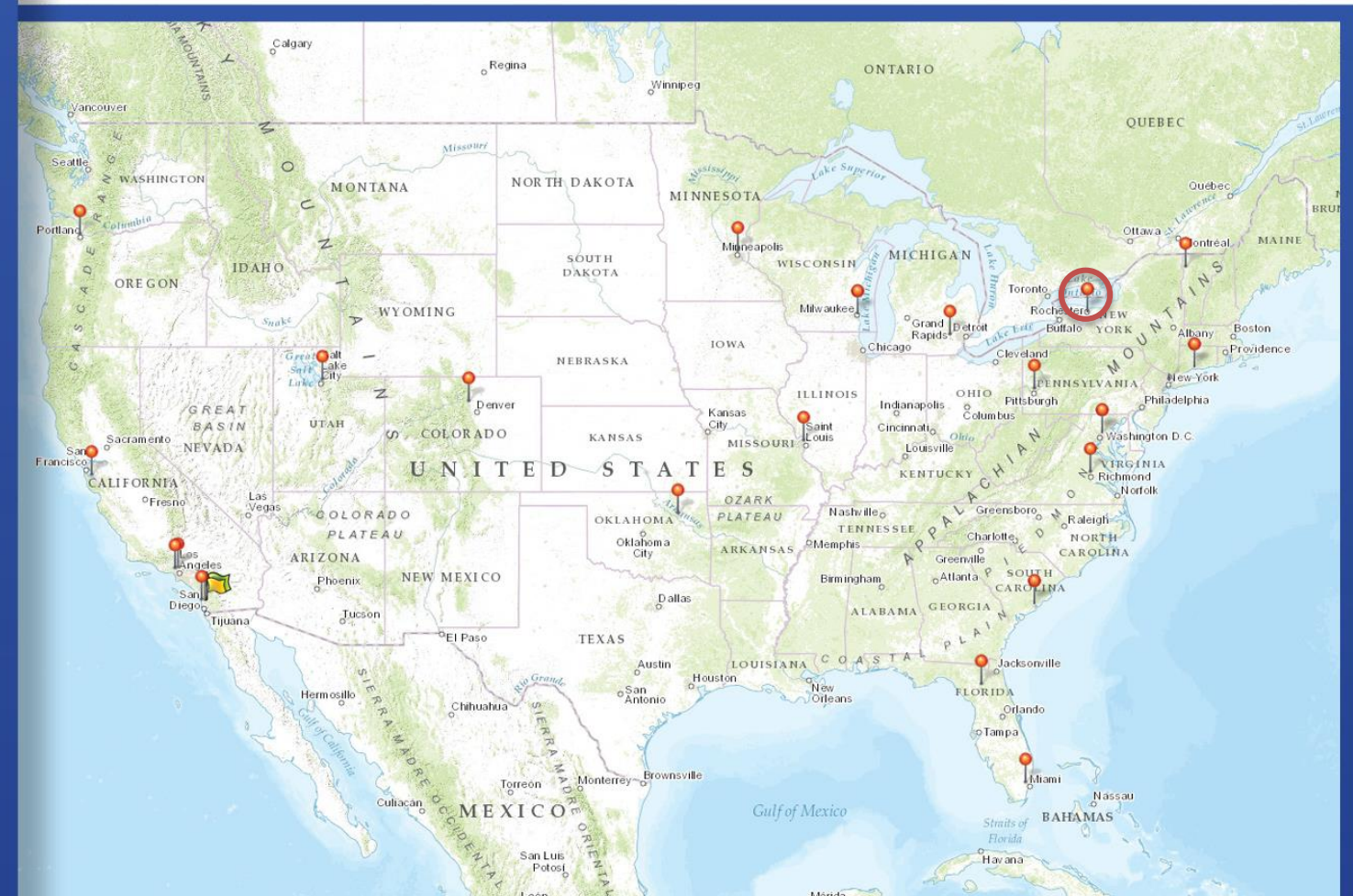
Data Analysis and Informatics Center

University of California, San Diego

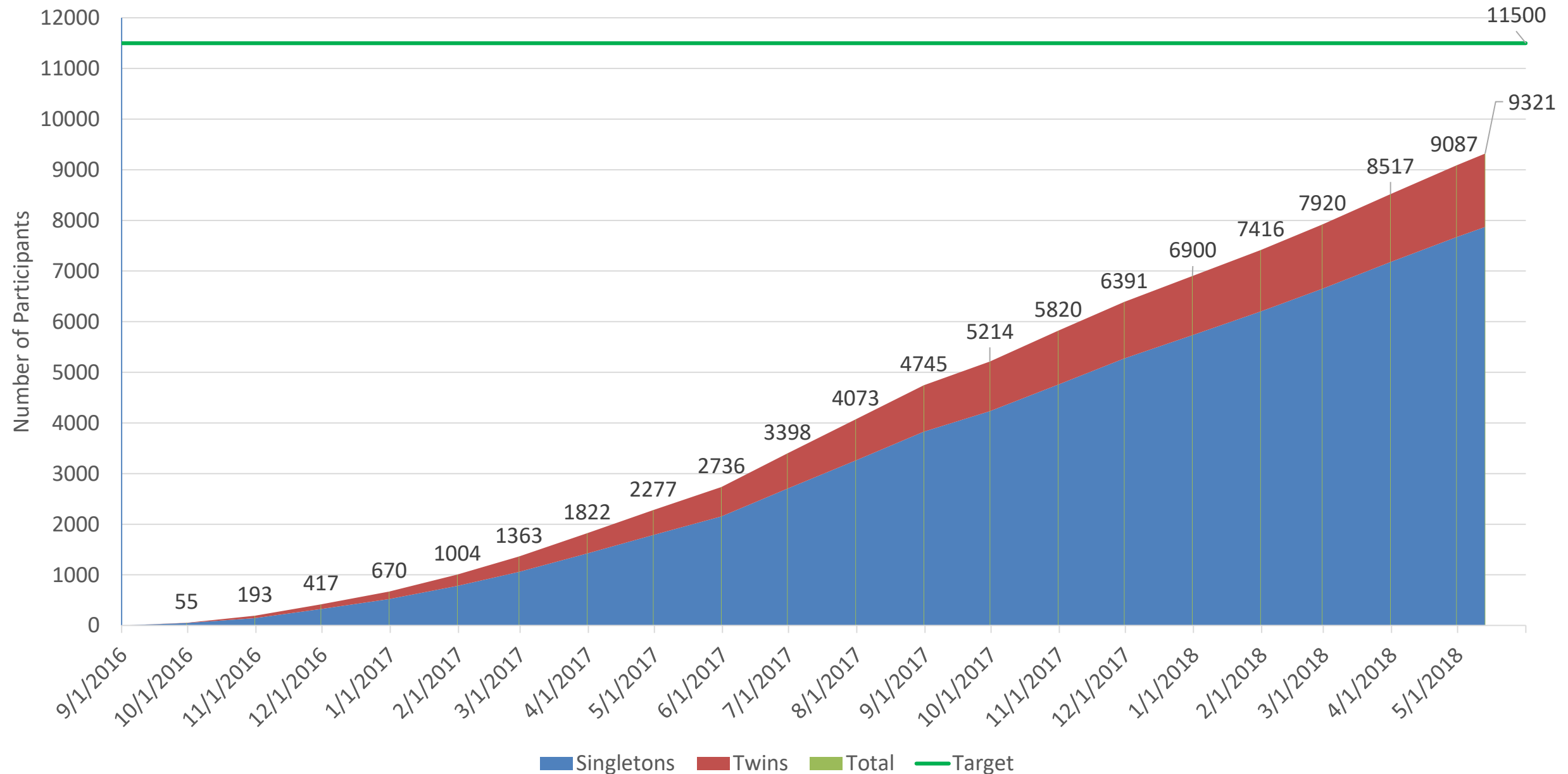


Research Sites

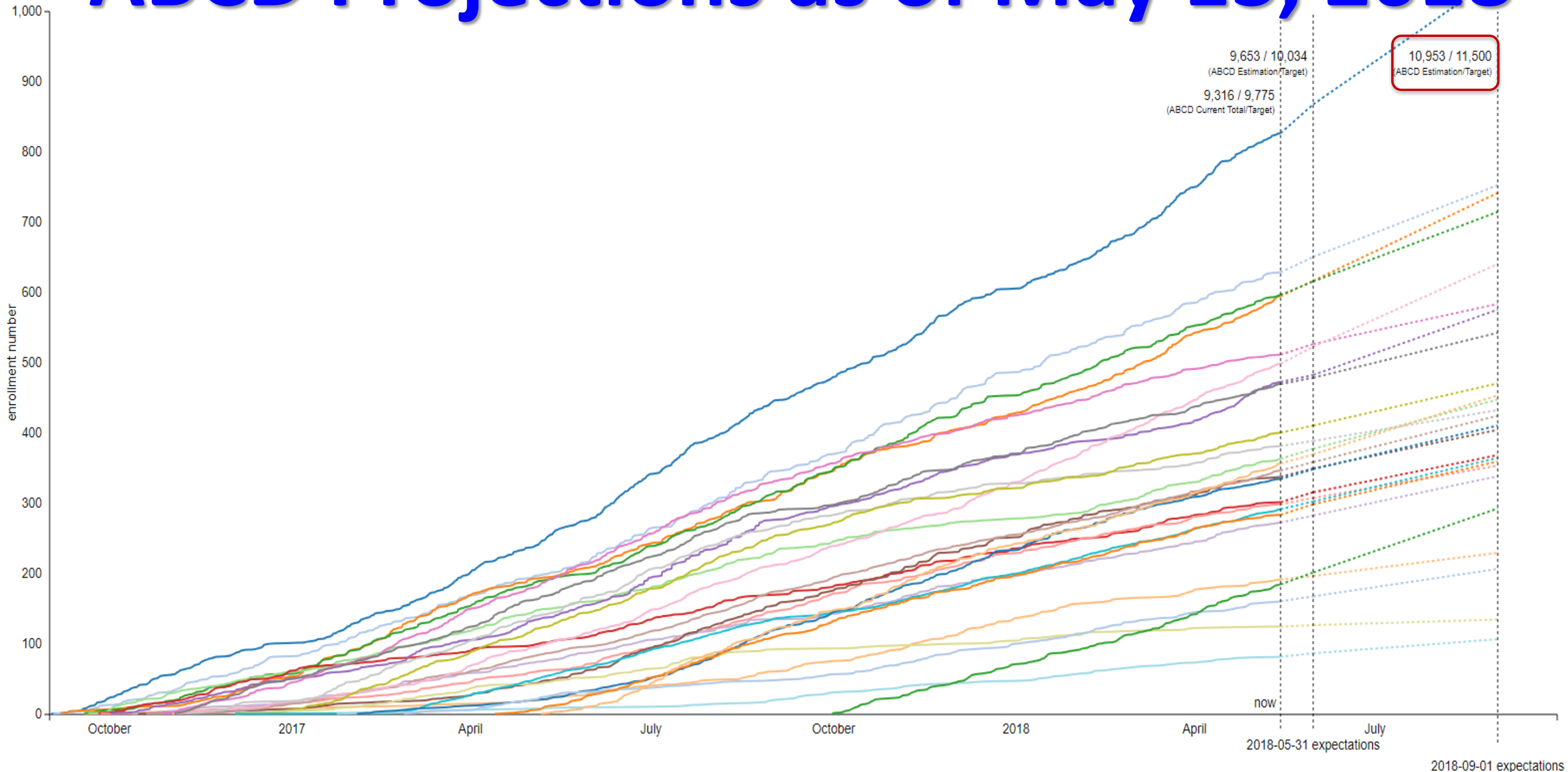
Children's Hospital of Los Angeles
Florida International University
Laureate Institute for Brain Research
Oregon Health & Science University
SRI International
University of California, Los Angeles
University of California, San Diego
University of Colorado
University of Florida
University of Maryland
University of Michigan
University of Minnesota
University of Pittsburgh
University of Rochester
Medical University of South Carolina
University of Utah
University of Vermont
Virginia Commonwealth University
Washington University in St. Louis
University of Wisconsin-Milwaukee
Yale University



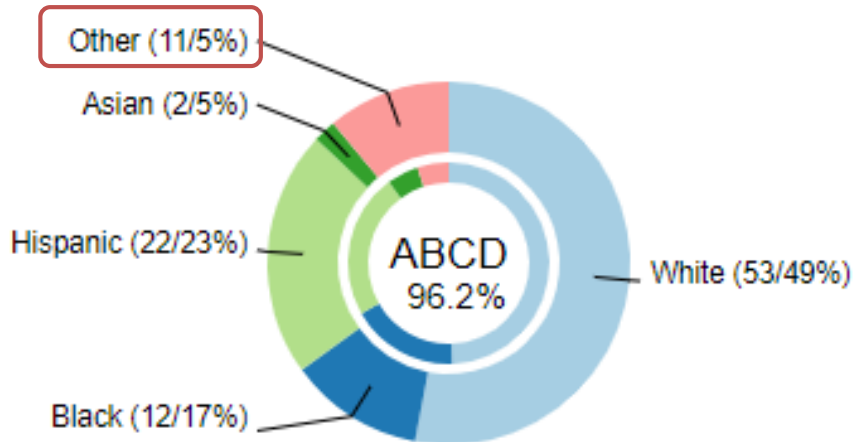
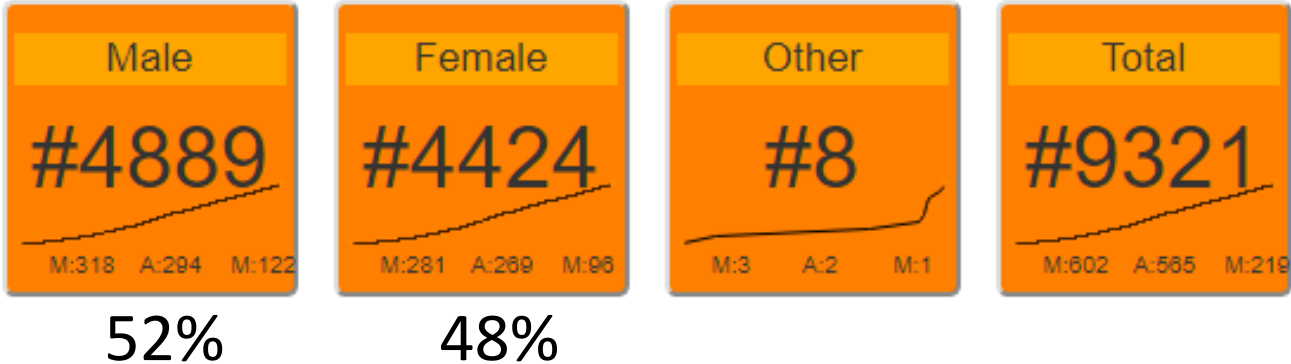
ABCD Enrollment as of May 13, 2018



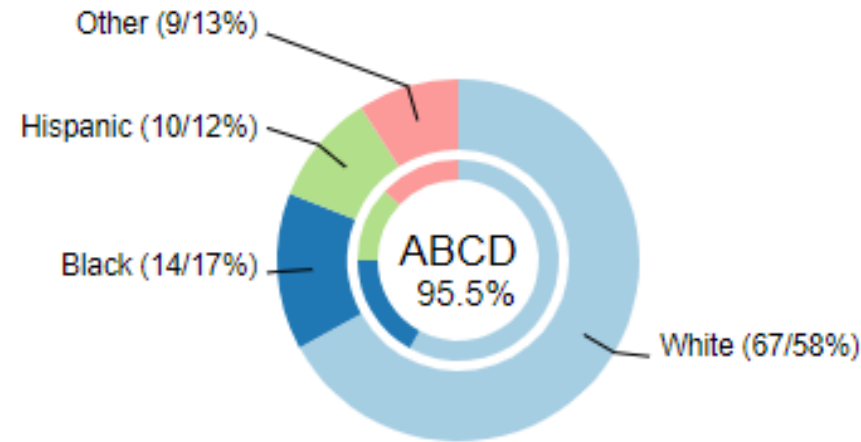
ABCD Projections as of May 13, 2018



ABCD Demographics as of May 13, 2018



Singletons

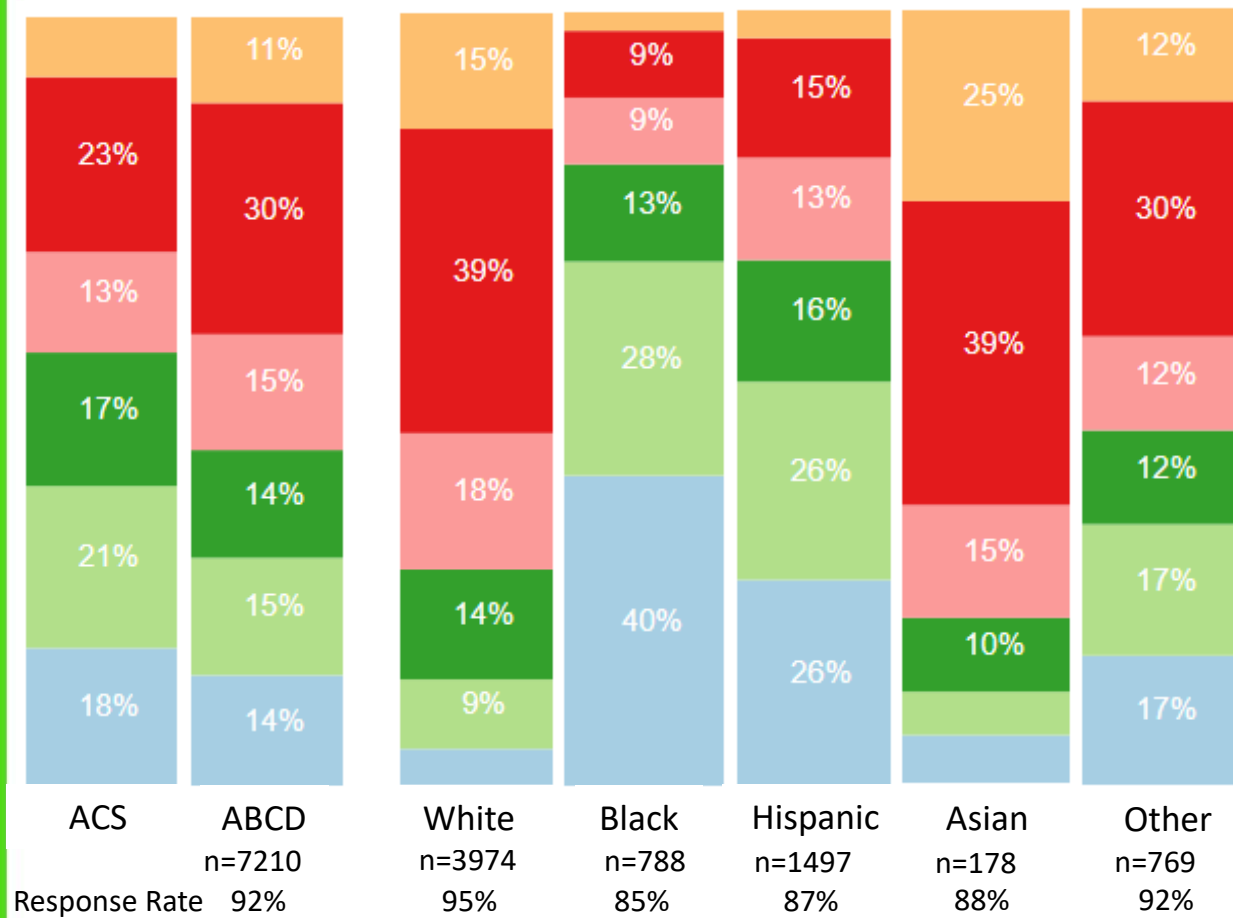


Twins

Socioeconomic Status

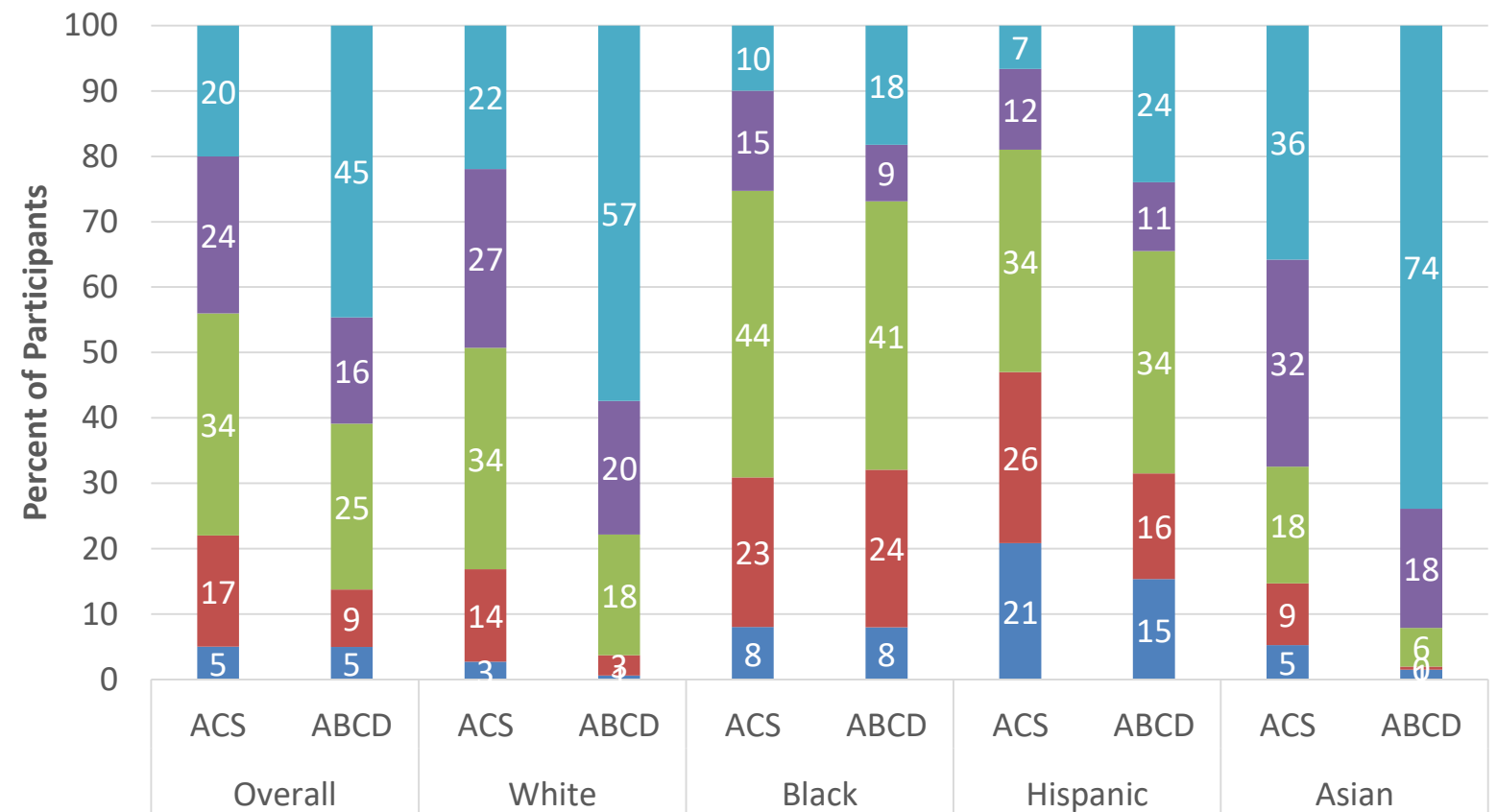
Income

■ <25k
 ■ 25k-50k
 ■ 50k-75k
 ■ 75k-100k
 ■ 100k-200k
 ■ >200k



Education

■ <HS
 ■ HS or GED
 ■ Some College or Associates
 ■ Bachelors
 ■ Post-Graduate



Enrolled (n=7872)



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- Enrollment
- **Preliminary Descriptive Data**
- Follow-up Assessments
- ABCD Sub-studies
- Data Sharing

Culture & Environment

- Vancouver Index of Acculturation - Short Survey
- Multi-Group Ethnic Identity Measure-R Survey
- Prosocial Tendencies Survey
- Mexican American Cultural Values Scale
- PhenX Acculturation Survey
- PhenX Family Environment Scale - Family Conflict
- PhenX Neighborhood Safety/Crime Survey
- Native American Acculturation Scale

ABCD Diversity

Your heritage culture (other than mainstream American) is:



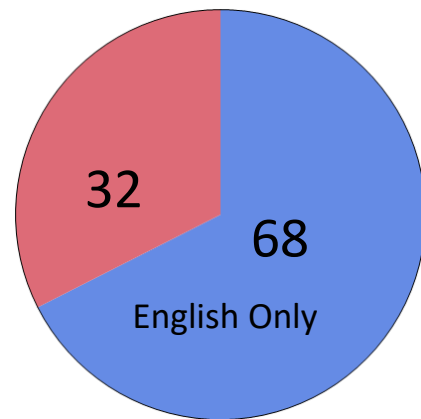
Courtesy of Raul Gonzalez (FIU)

Culture & Environment

- Prosocial Tendencies Survey
- PhenX Acculturation Survey
- Parental Monitoring Survey
- Acceptance Subscale from Children's Report of Parental Behavior Inventory (CRPBI) - Short
- PhenX Family Environment Scale - Family Conflict
- PhenX Neighborhood Safety/Crime Survey
- PhenX School Risk & Protective Factors Survey

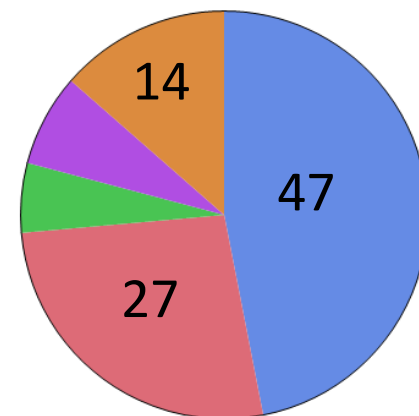
Bilingualism

Speak Language other than English



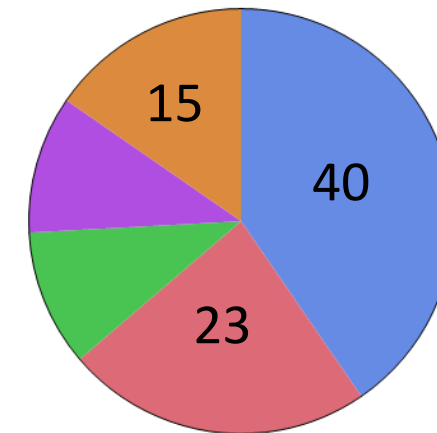
n = 3419

Spoken with Friends

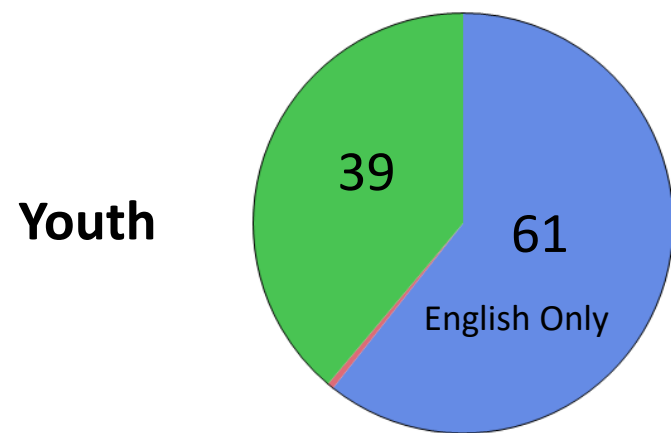


n = 2317

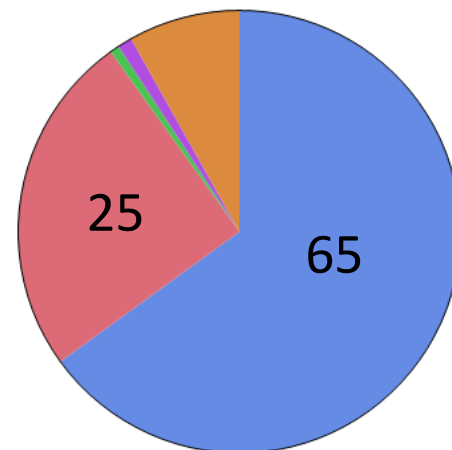
Spoken with Family



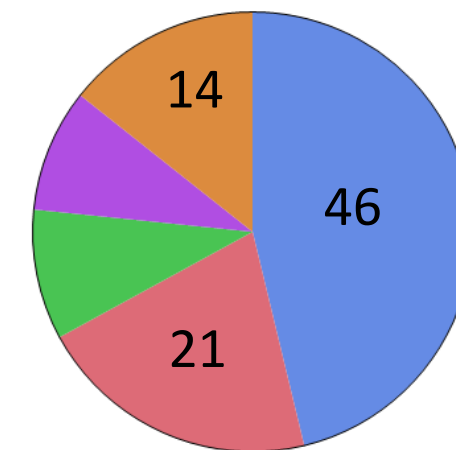
Parent



n = 3412



n = 1326



Youth

■ Eng Always
 ■ Eng Mostly
 ■ Other Always
 ■ Other Mostly
 ■ Same

Physical Health

PhenX Anthropometrics (height/weight/
waist measurements)

Snellen Vision Screener

Edinburgh Handedness Inventory

Youth Risk Behavior Survey: Exercise

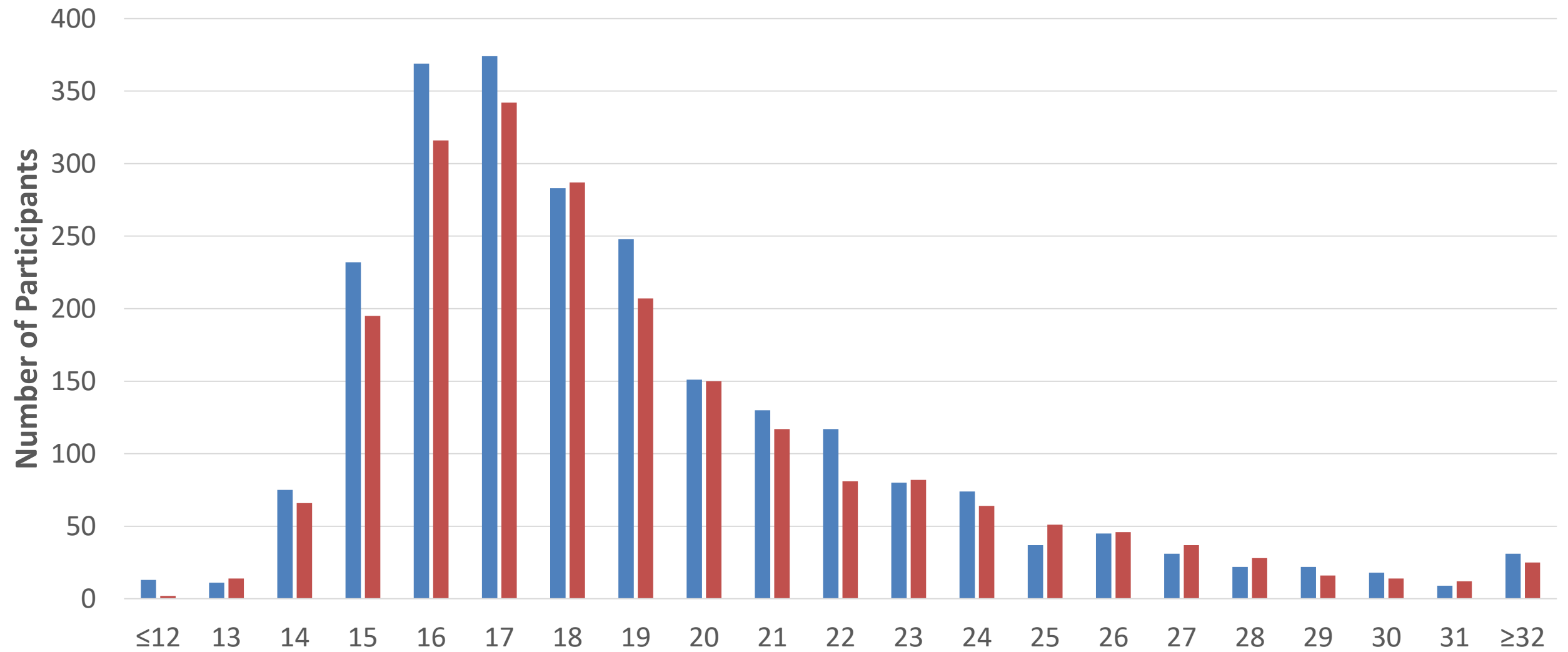
Pubertal Development Scale

Menstrual Cycle Survey
(pubescent girls)

Screen Time Survey

BMI

Boys Girls

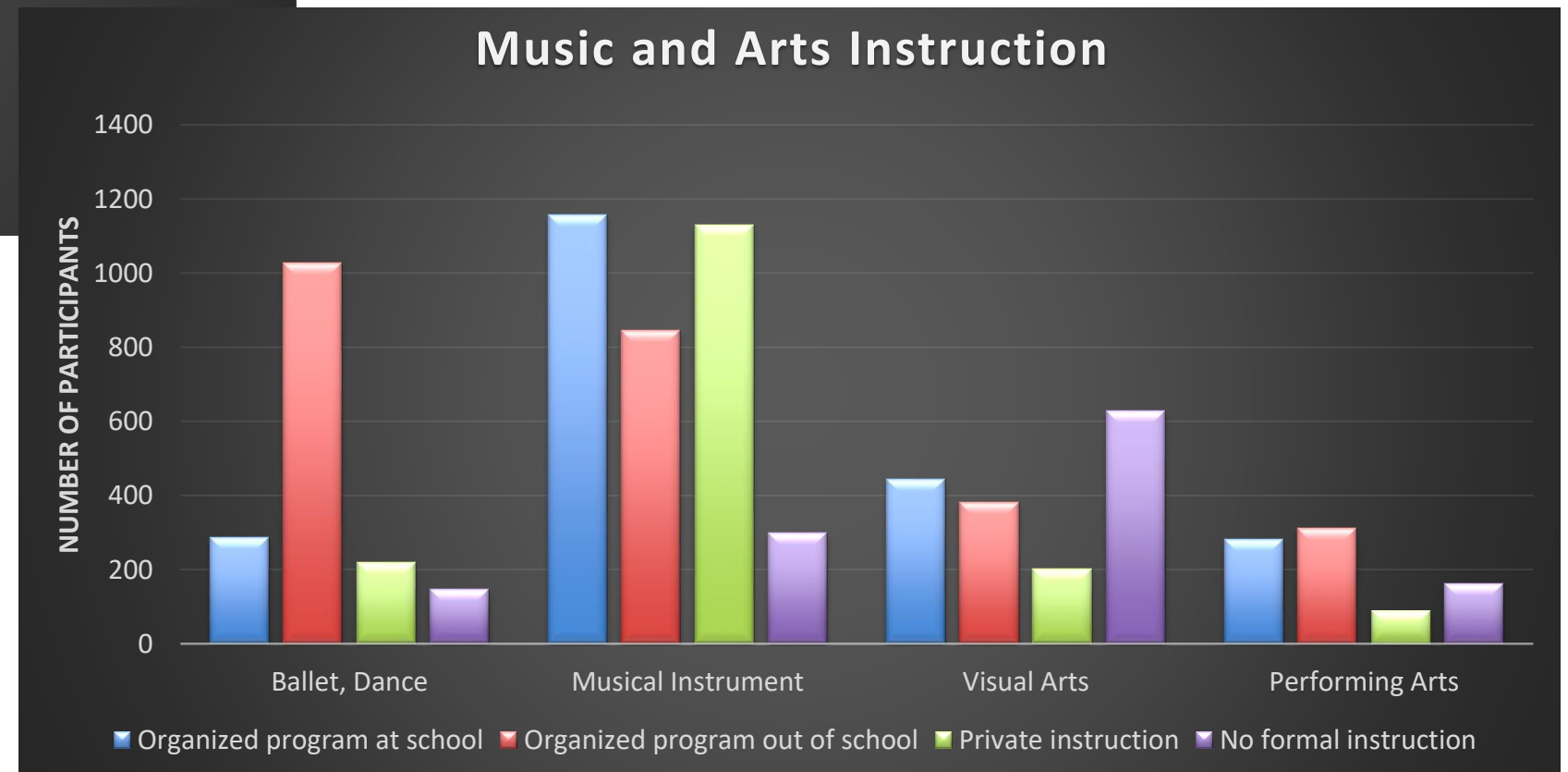
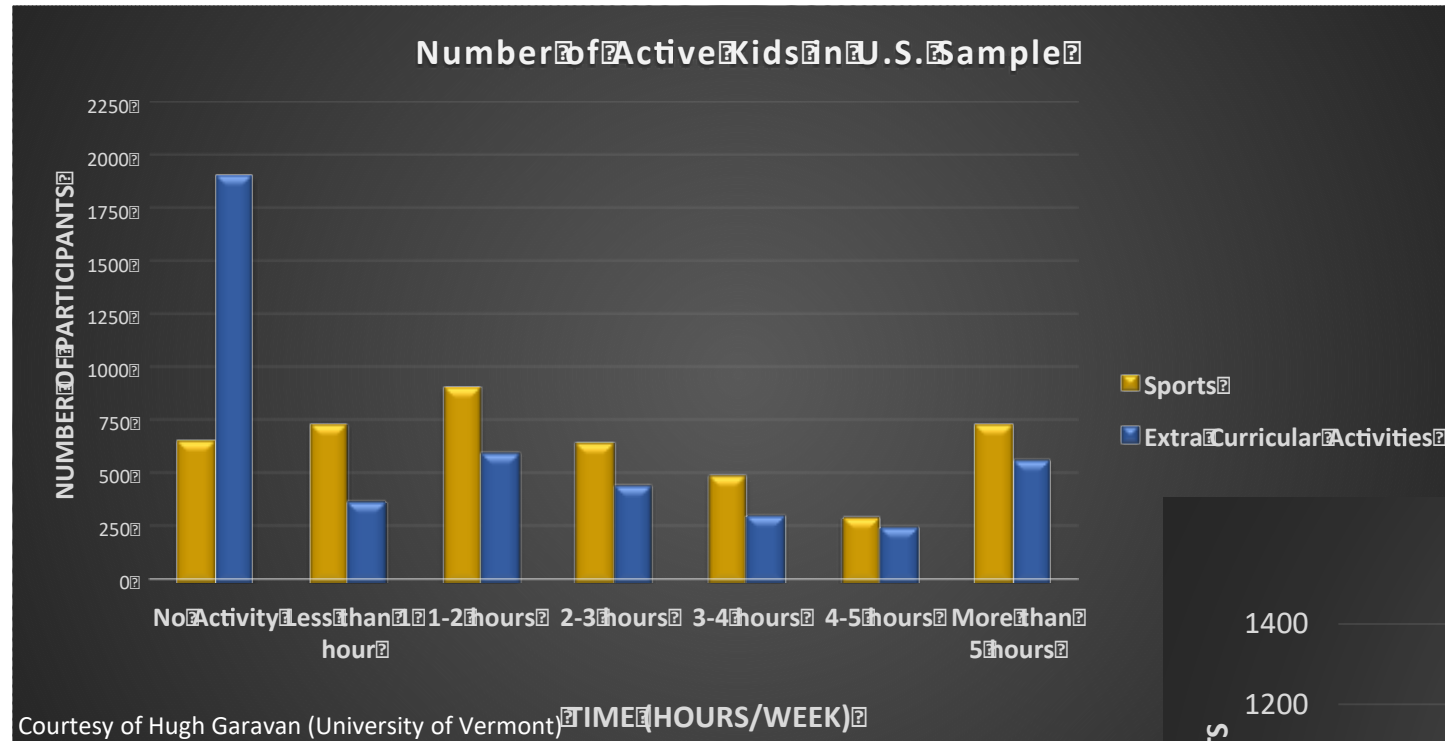


(n=4,524)

Extracurricular Activities

Physical Health

- PhenX Demographics Survey
- Medical History Questionnaire
- Developmental History Questionnaire
- PhenX Medications Survey
- Menstrual Cycle Survey
- Sleep Disturbances Scale for Children
- Sports and Activities Involvement Questionnaire**
- Screen Time Survey
- Ohio State TBI Screen - Short



(n=4,524)

Physical Health

PhenX Anthropometrics (height/weight/waist measurements)
 Snellen Vision Screener
 Edinburgh Handedness Inventory
 Youth Risk Behavior Survey: Exercise
 Pubertal Development Scale
 Menstrual Cycle Survey (pubescent girls)
Screen Time Survey

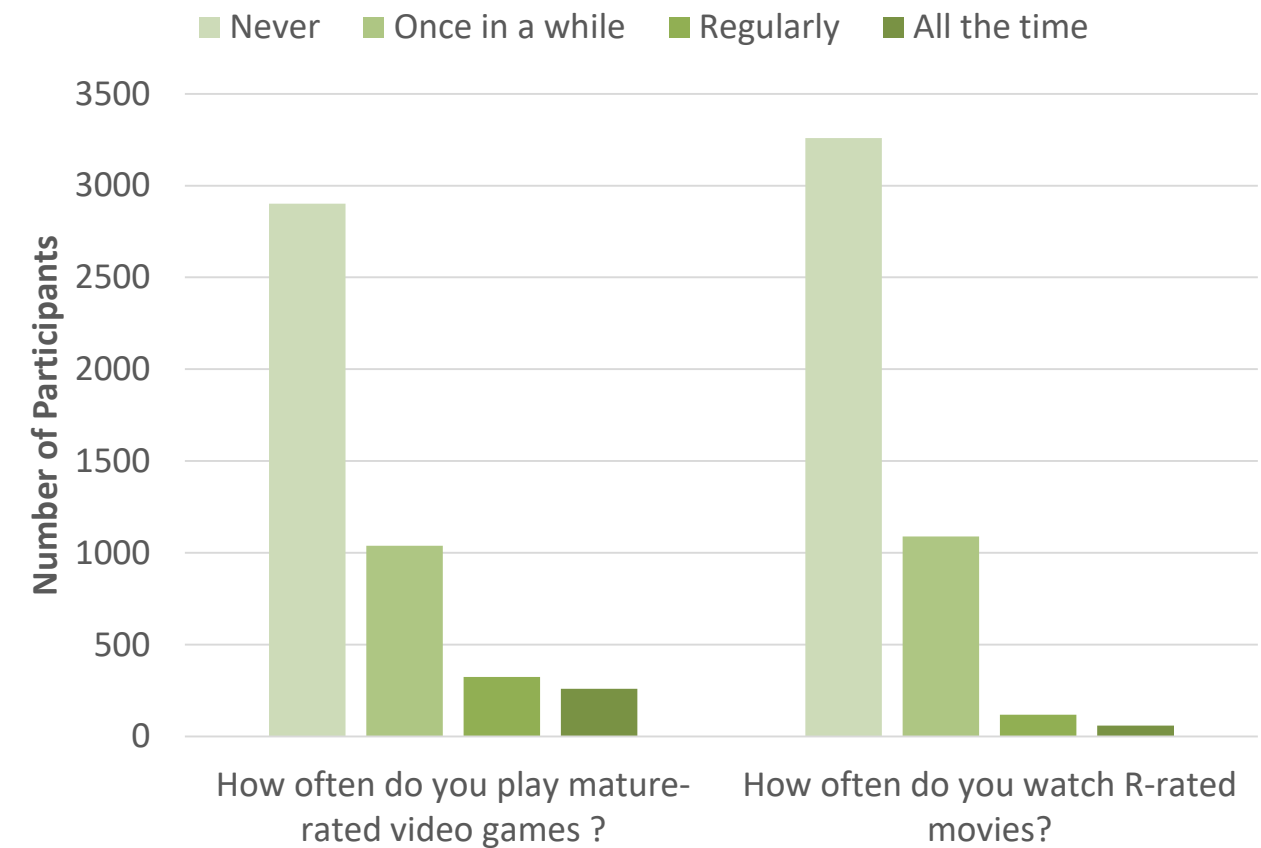
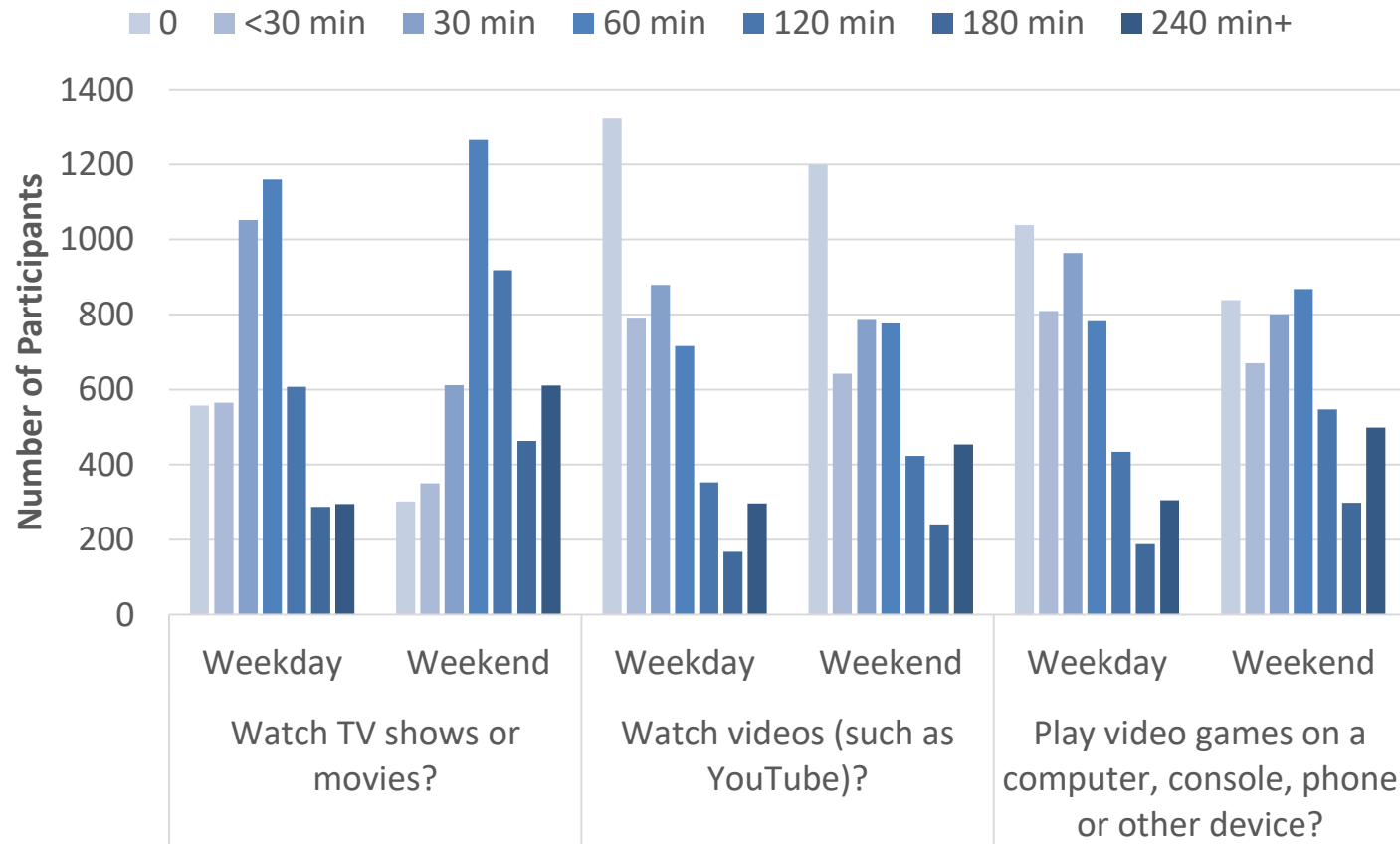
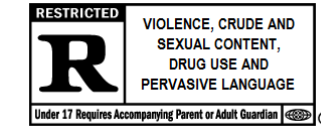
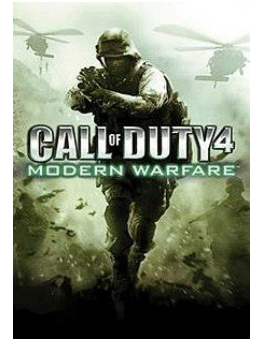
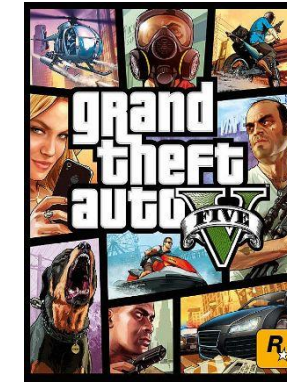


iPad



PlayStation™

Screen Time



(n=4,524)

Physical Health

PhenX Anthropometrics (height/weight/
waist measurements)

Snellen Vision Screener

Edinburgh Handedness Inventory

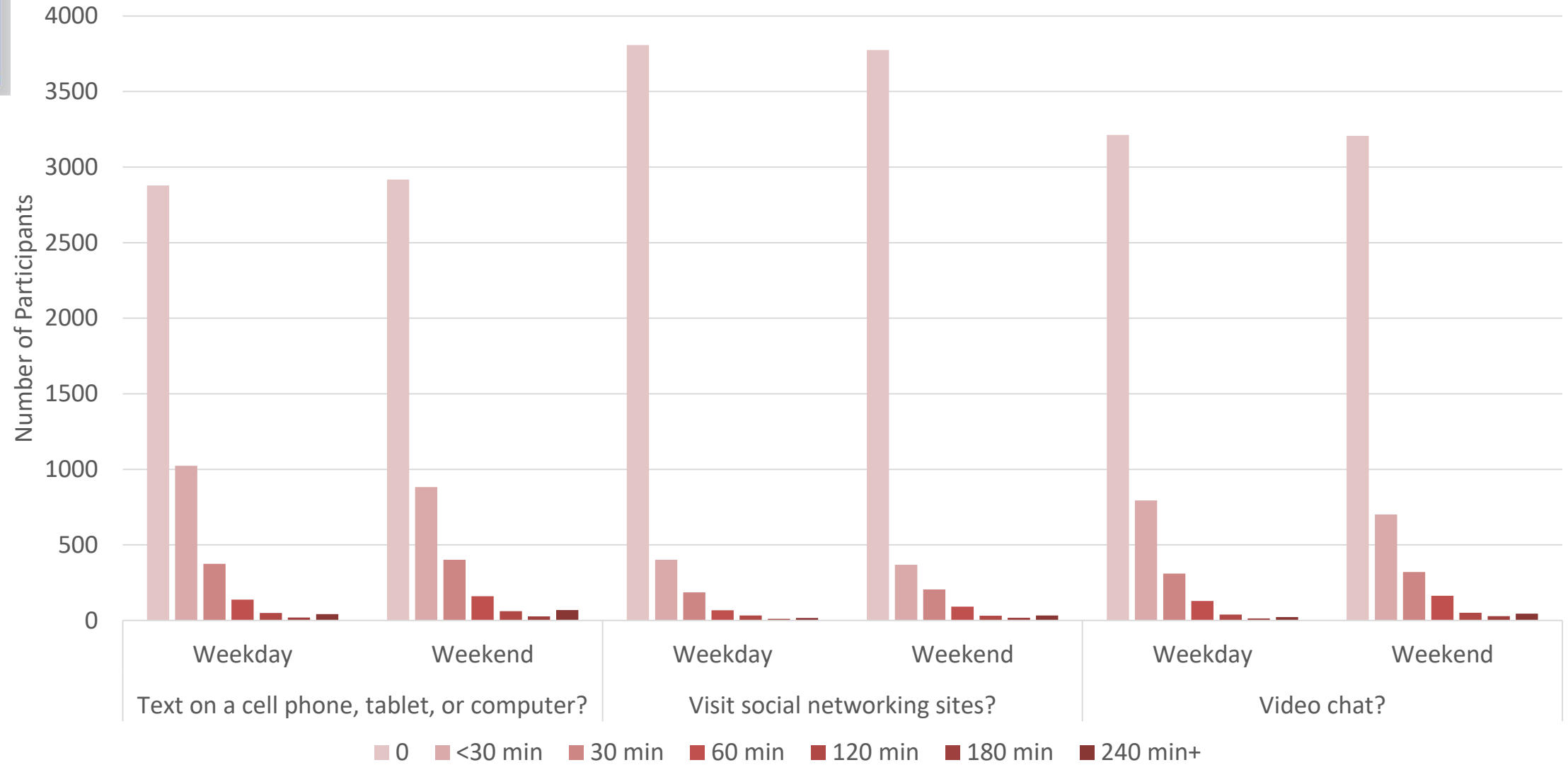
Youth Risk Behavior Survey: Exercise

Pubertal Development Scale

Menstrual Cycle Survey
(pubescent girls)

Screen Time Survey

Social Media



(n=4,524)

Substance Use

For most participants*:

Timeline Follow-Back Survey

PhenX Peer Group Deviance Survey

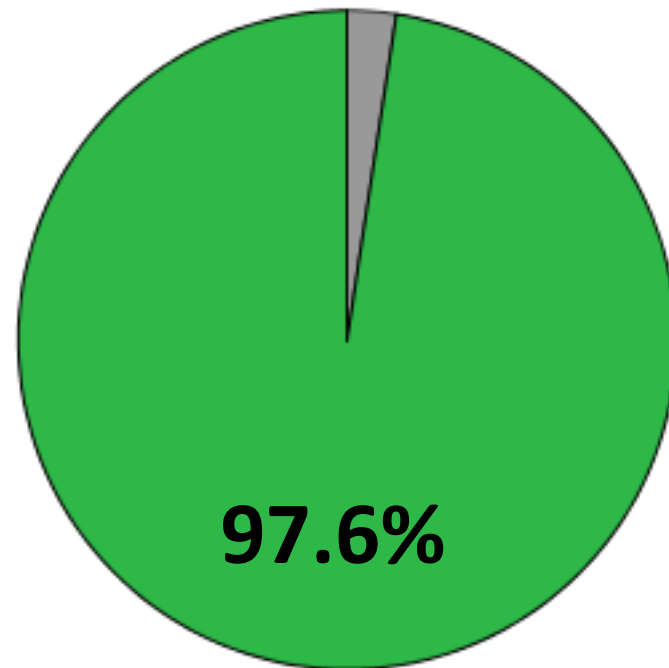
PATH Intention to Use Tobacco Survey

Caffeine Intake Survey

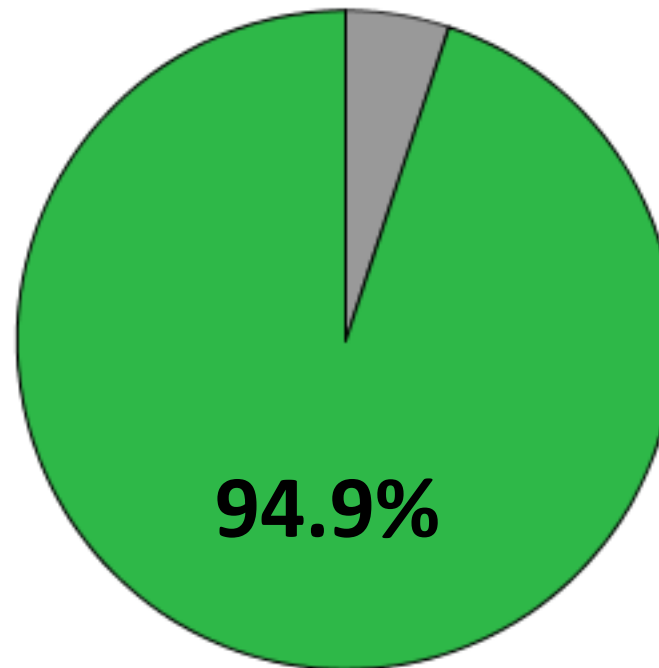
Participant Last Use Survey (PLUS) for
substance use within the last
24 hrs

Substance Use Heard of...

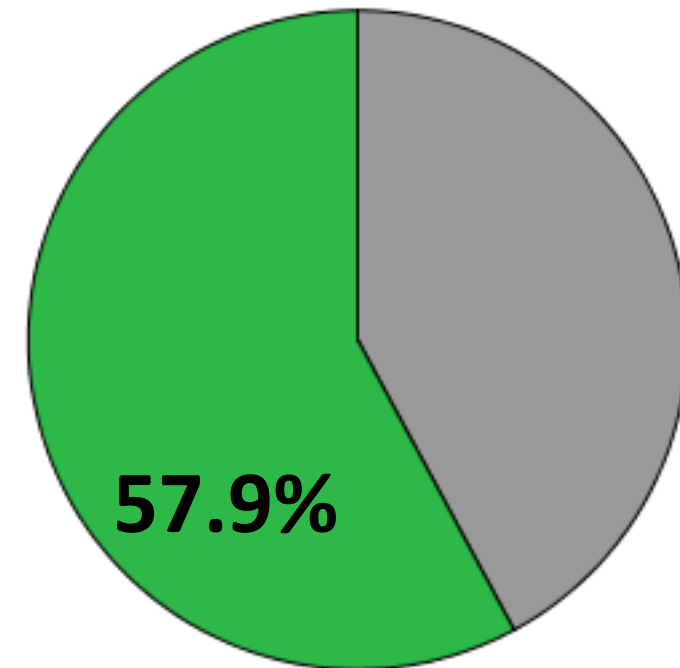
Alcohol



Tobacco



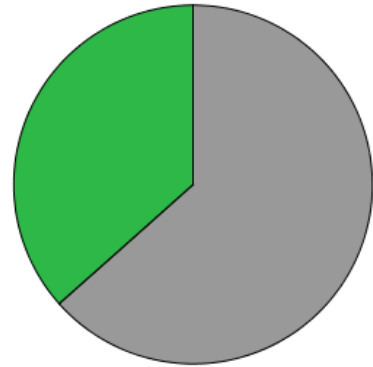
Marijuana



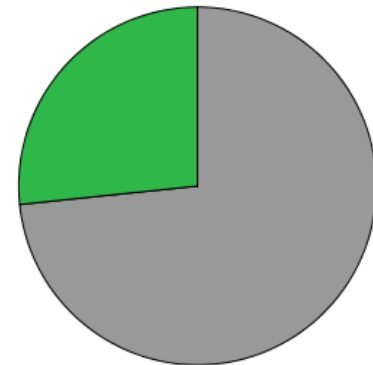
■ Not heard of ■ Heard of

1.7% "heard of" fake drug – "Bittamugen or byphoditin?"

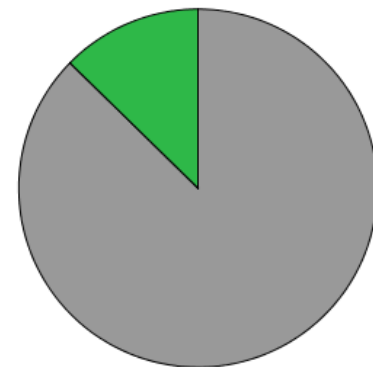
Substance Use: Heard of...



Rx Drug Misuse (36.6%) - Taking pills, liquids, or medications to get high in a way that your doctor or parents did not direct you to use them?



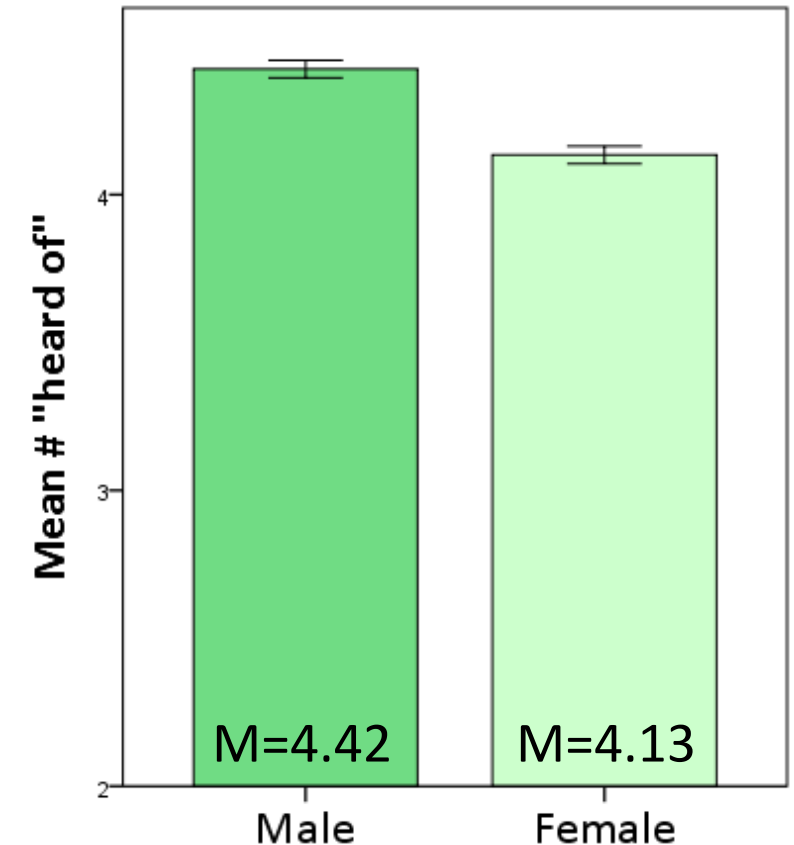
Inhalants (26.6%) - Sniffing liquids, sprays and or other products to get high?



Other drugs (12.7%) - Have you heard of people using anything else to make them feel high, dizzy or different?

- Stimulant drugs such as cocaine, crack cocaine (5.5%)
- Heroin, opium, junk, smack, or dope (2.4%)

Total # - M > F; $p < .001$



■ Not heard of ■ Heard of

Substance Use

Majority have not tried ANY illicit substance (73.3%)

Percent of Youth Report Using...



Peer Substance Use



Intention to Use

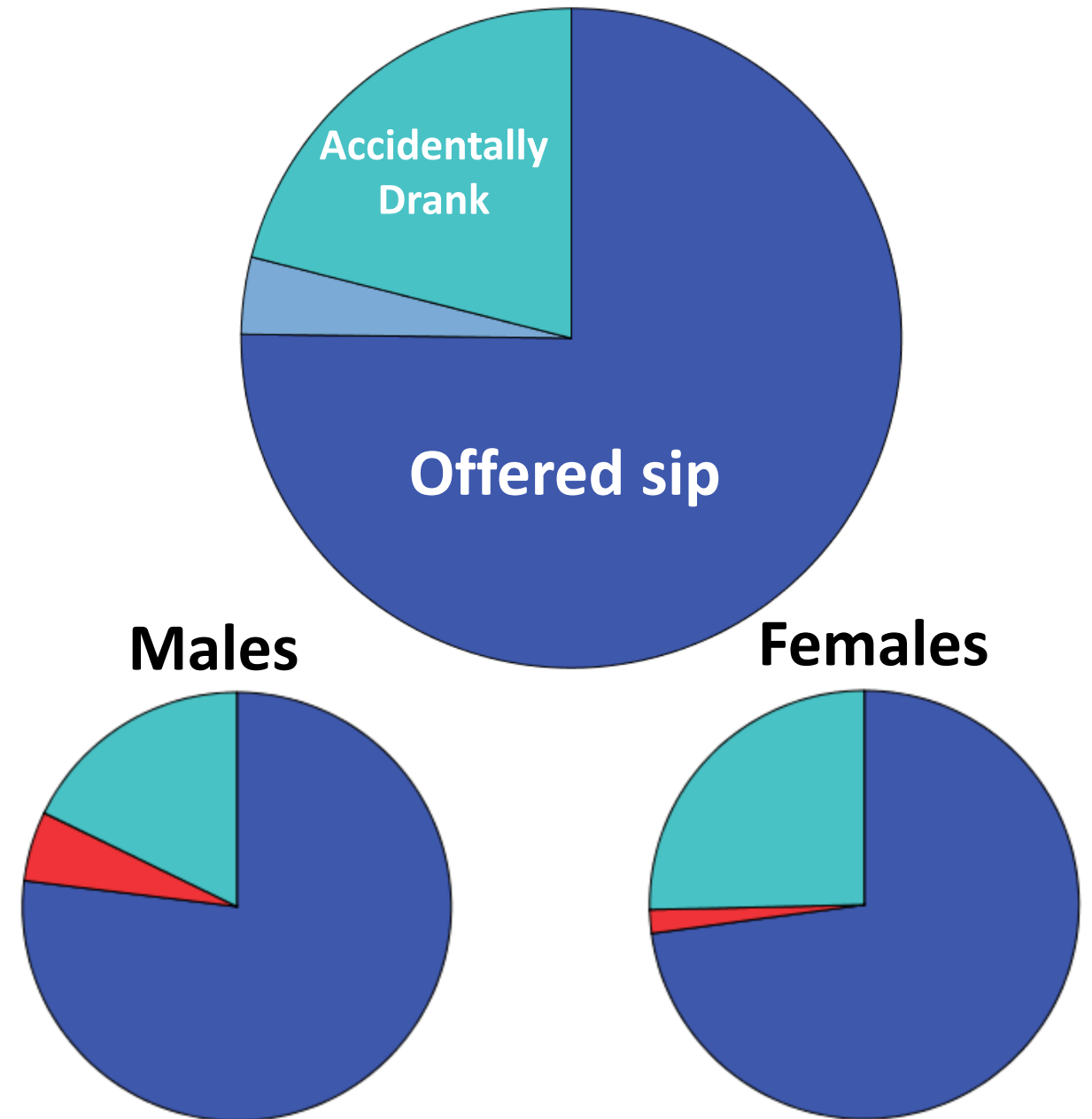


- Vast majority have no peers doing any drugs (95%)
- **Males > Females** more likely to have at least a “few” peers that:
 - Use cigarettes ($p=.01$) or e-cigarettes ($p=.01$)
 - Drink alcohol ($p=.02$) or have been drunk ($p<.001$)
 - Sell or give drugs to others (total $n=24$; $p<.01$)
 - Endorse any peer substance use ($p<.001$)
- Vast majority do not want to try alcohol (91%), tobacco (93%) or marijuana (98%)
- **Male > Female** to be a little to very likely to try:
 - Alcohol (11.6% vs. 8.1%; $p=.001$)
 - Nicotine (8.3% vs. 4.9%; $p<.001$)



Substance Use: Sipping Alcohol

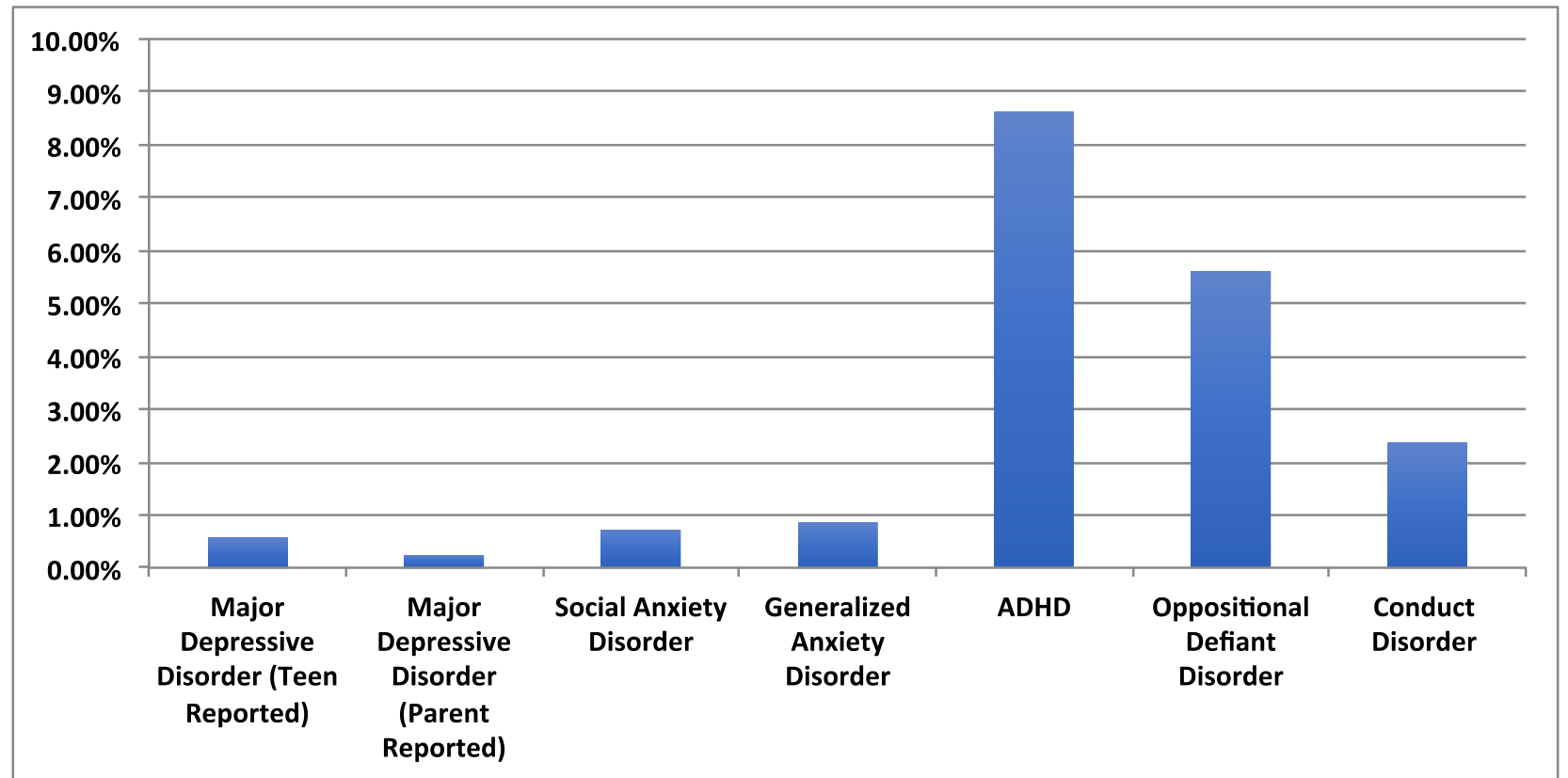
- **# Total Sips** – range 1-500 (M=4.7, SD=20)
- **# Non-religious** – range 0-158 (M=2.2, SD=6.9)
 - 60% 1-2 sips
 - No Sex Difference
- **Average age of first sip** - 7.5 (range 1-10)
 - No sex difference
- 1.1% finished the drink after the first sip
- More males report either being **offered sip** or **intentionally taking sip in secret**
- More females report **accidentally taking sip**
 - Sex difference: Chi-sq=12.0, p=.002



Mental Health

ABCD Baseline Measure	REDCap Abbreviation	What it measures:	Youth (min)	Parent (min)	Parent 2 (min)
Kiddie Schedule for Affective Disorders and Schizophrenia					
Background Items Survey	KBI	School, sexual orientation (youth) School, family, social relations (parent)	2	5	
Diagnostic Interview for DSM-5 (full for parents; 5 modules for youth)	KSAD	Mental health diagnoses	13	60	
UPPS-P for Children*	UPPS	Impulsivity	3		
Behavioral Inhibition/Behavioral Approach System (BIS/BAS) Scales*	BIS	Inhibition and reward seeking	3		
Prodromal Psychosis Scale	PPS	Prodromal psychosis level	8		
Youth Resilience Scale	YRS	Resilience (religiosity, friends)	1		
Child Behavior Checklist	CBCL	Dimensional psychopathology, adaptive functioning		10	
Parent General Behavior Inventory - Mania	PGBI	Subsyndromal mania		5	
Adult Self Report	ASR	Parent dimensional psychopathology		10	10
Family History Assessment	FHX	Family history of psychopathology and substance use (for biological or adoptive parent)		15	
Total Minutes			30	105	10

*Modified from PhenX



Suicidal Ideation

Mental Health

Kiddie Schedule for Affective Disorders and Schizophrenia

- Background Items Survey
- Diagnostic Interview for DSM-5

Child Behavior Checklist

General Behavior Inventory - Mania

Adult Self Report Survey

Family History Assessment Survey

Mental Health

Kiddie Schedule for Affective Disorders and Schizophrenia

- Background Items Survey
- Diagnostic Interview for DSM-5 (5 modules)

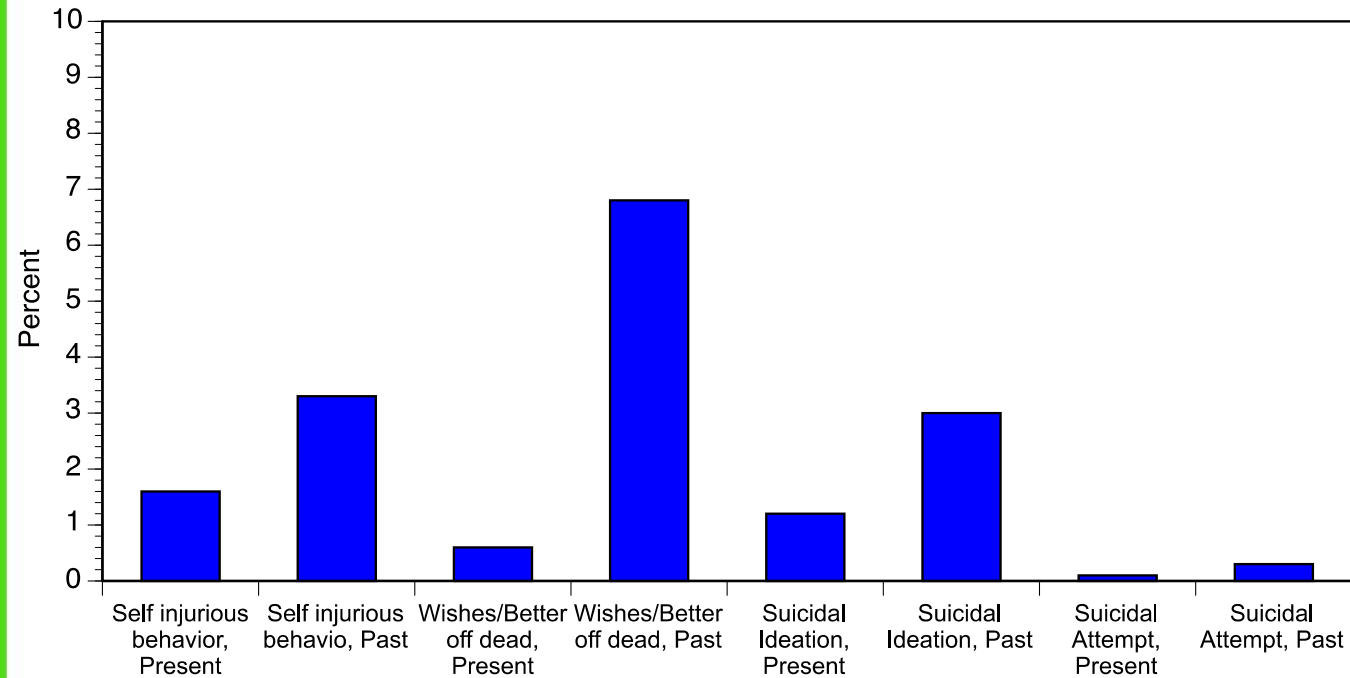
PhenX UPPS-P for Children Survey

PhenX Behavioral Inhibition/Behavioral Approach System (BIS/BAS) Scales

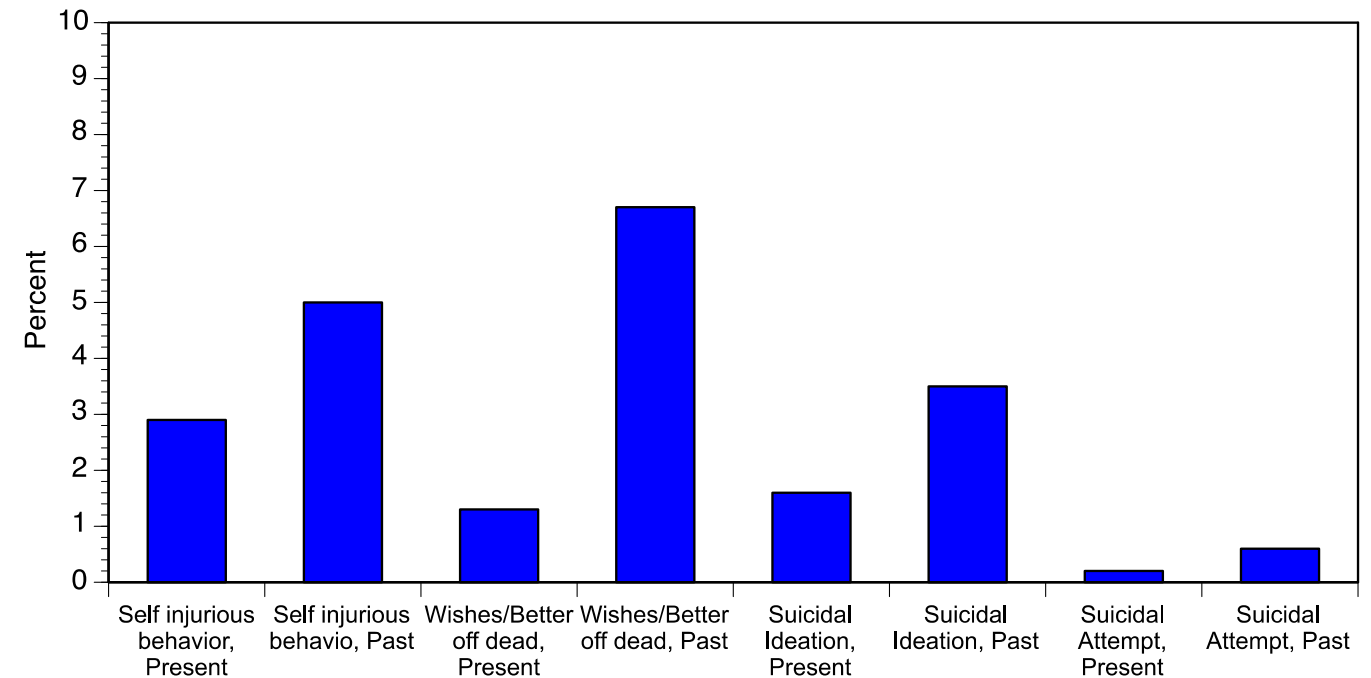
Prodromal Psychosis Scale

Youth Resilience Scale

Parent Report

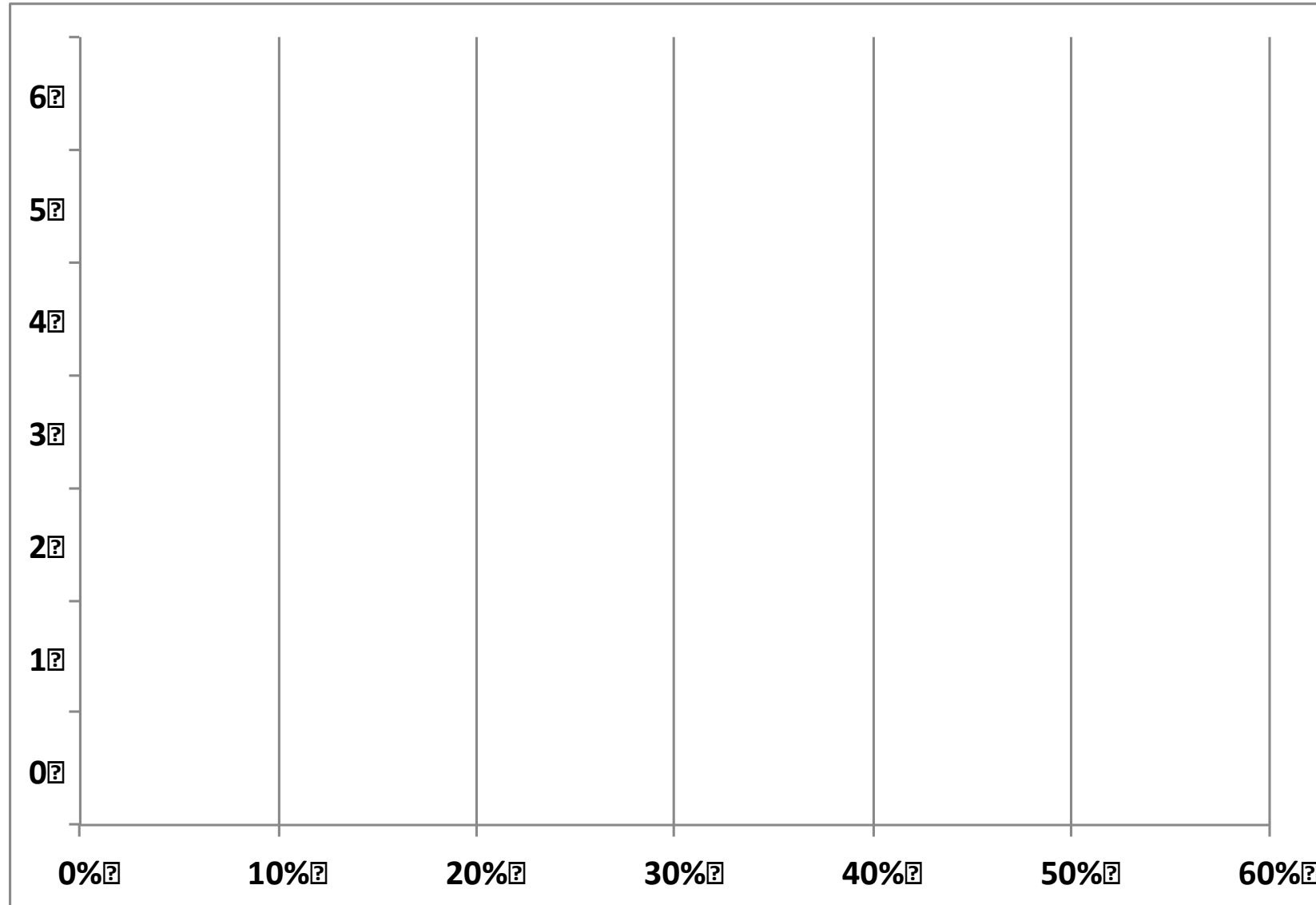


Child Report



Familial Depression

Number of Immediate Family Members with Depression



Mental Health

Kiddie Schedule for Affective Disorders and Schizophrenia

- Background Items Survey
- Diagnostic Interview for DSM-5

Child Behavior Checklist

General Behavior Inventory - Mania

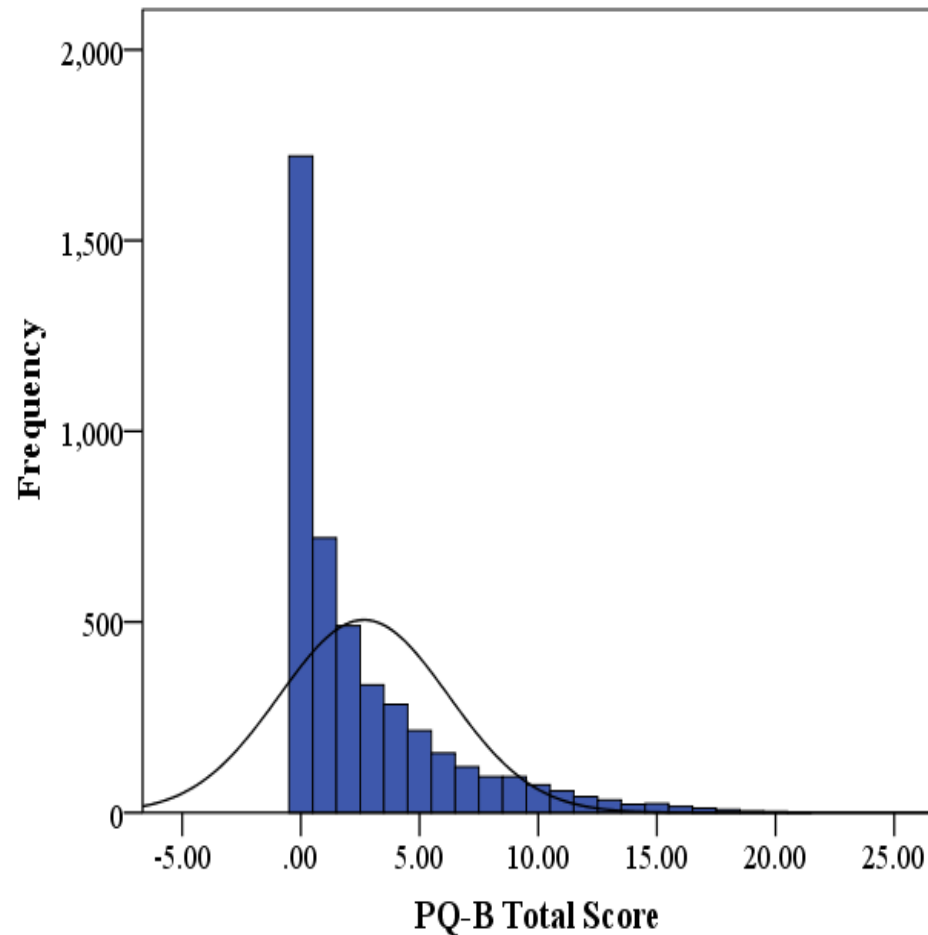
Adult Self Report Survey

Family History Assessment Survey

Psychosis Proneness Questionnaire

PQ-B Total Score

62% had score ≥ 1 (range = 0-21)



Mental Health

Kiddie Schedule for Affective Disorders and Schizophrenia

- Background Items Survey
- Diagnostic Interview for DSM-5 (5 modules)

PhenX UPPS-P for Children Survey

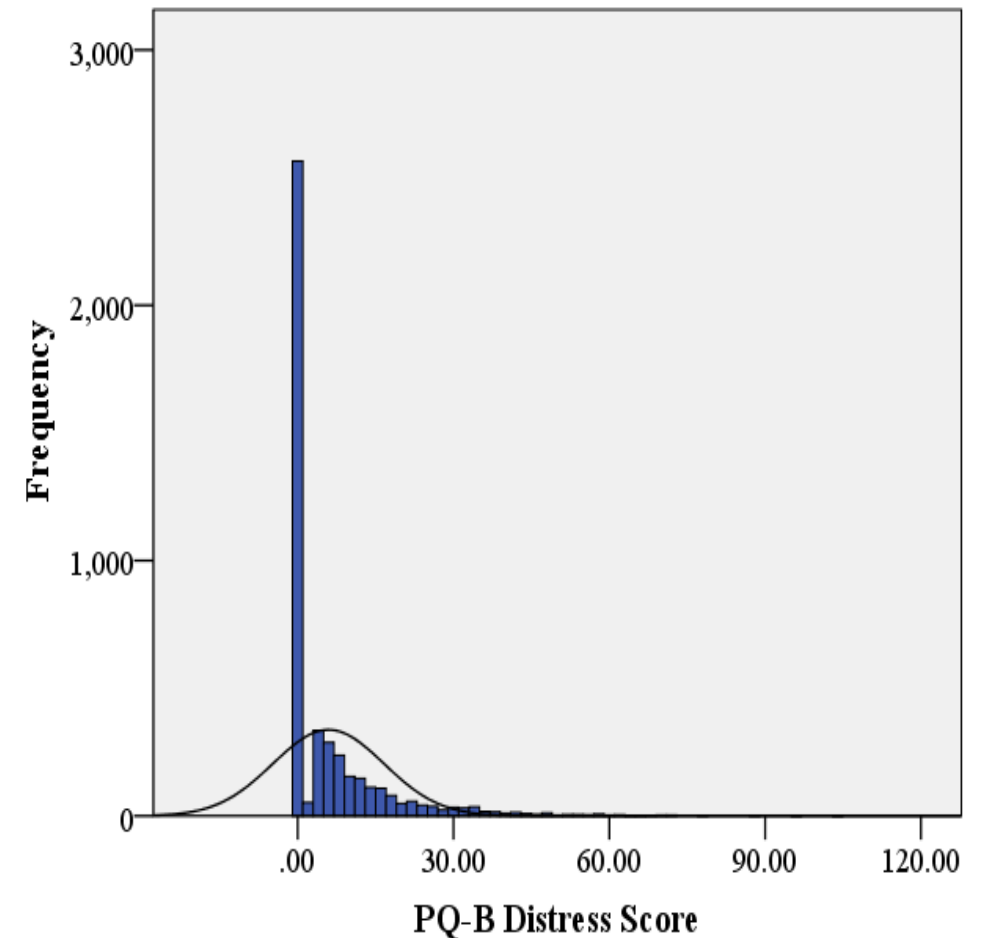
PhenX Behavioral Inhibition/Behavioral Approach System (BIS/BAS) Scales

Prodromal Psychosis Scale

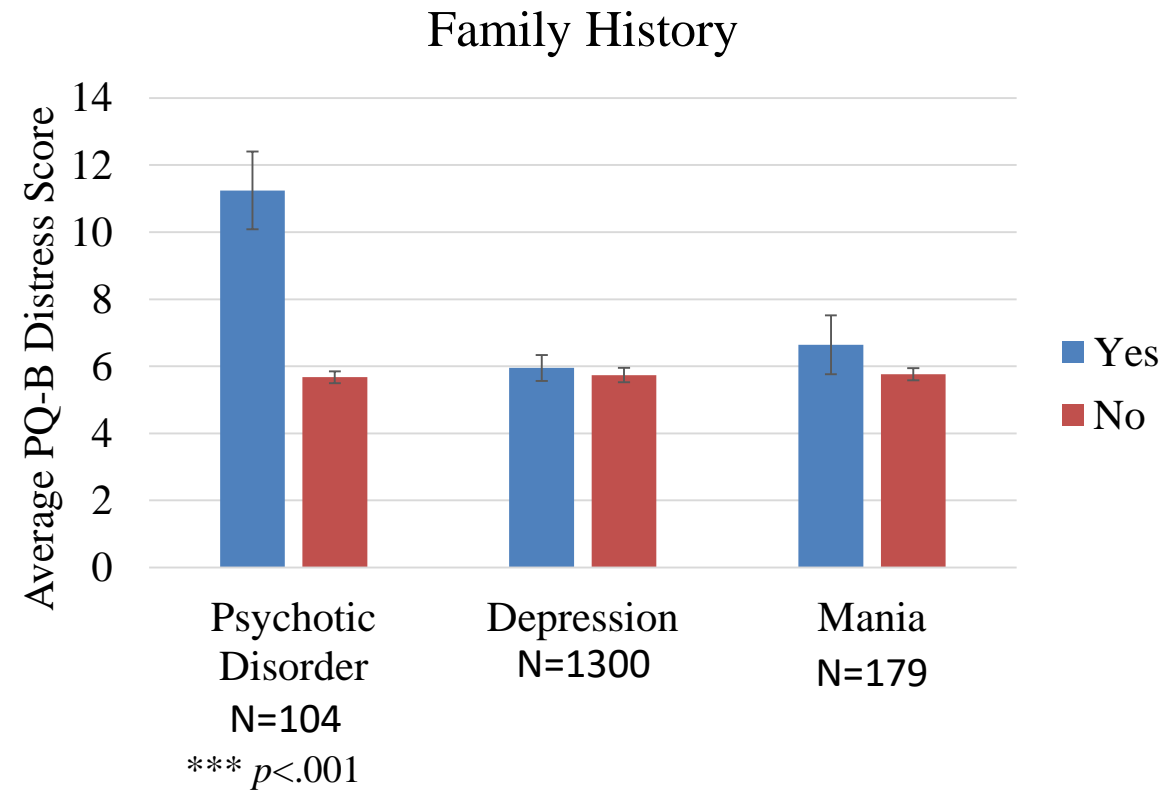
Youth Resilience Scale

PQ-B Distress Score

43.3% distressed by at least one positive symptom item (range 0-104)



Psychosis Proneness Questionnaire



Linear Regression Estimates for NIH Toolbox Tests for PQ-B Distress Score			
	β	t	p
Step 1: Covariates			
African American	0.010	0.347	0.728
Hispanic	0.040	1.462	0.144
Other	0.015	0.507	0.612
Gender	0.003	0.183	0.855
Income to Needs	-0.024	-1.327	0.185
Family History of Psychotic Disorder	0.064	3.904	0.000
Step 2: NIH Toolbox			
Card Sort Test	-0.018	-0.976	0.329
Flanker Test	0.010	0.552	0.581
Picture Sequence Test	-0.007	-0.409	0.682
Pattern Comparison Test	-0.044	-2.444	0.015
List Sorting Test	-0.047	-2.588	0.010
Picture Vocabulary Test	-0.044	-2.213	0.027
Reading Recognition Test	-0.042	-2.199	0.028

Biospecimens

Biospecimens

Breathalyzer and Oral Fluids (subset)

Saliva Samples for DNA, Puberty

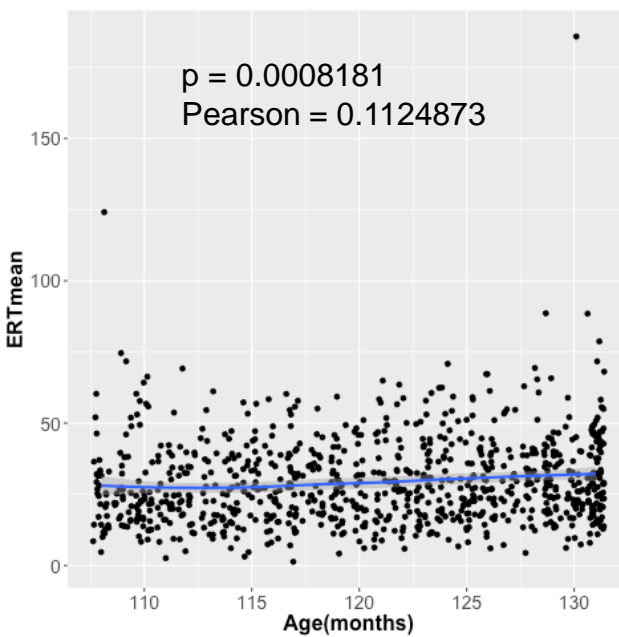
Blood Samples (subset)

Hair Sample

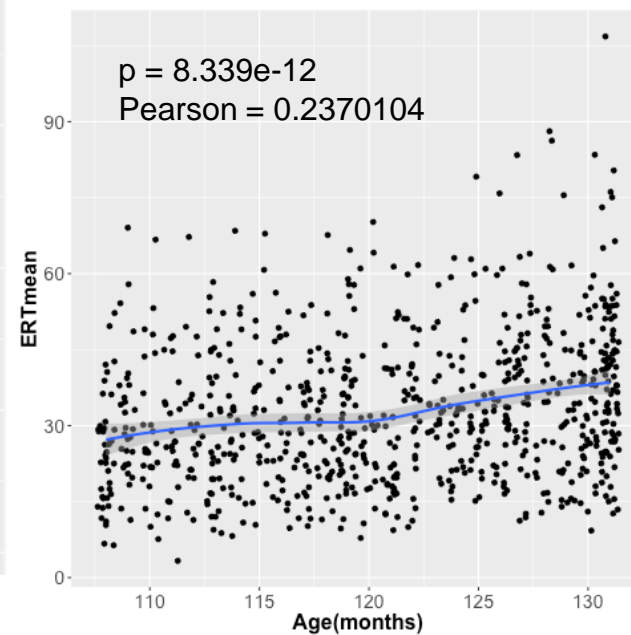
Baby Teeth

Testosterone

Male

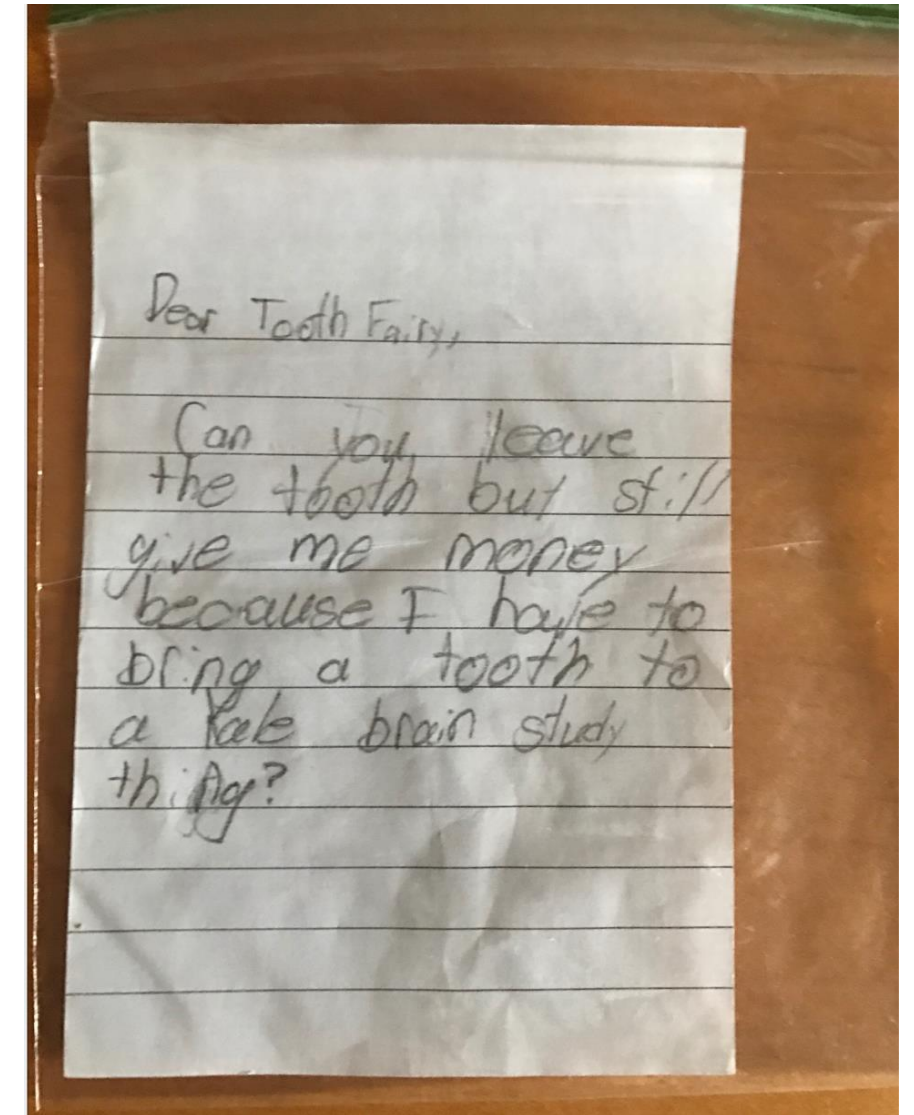
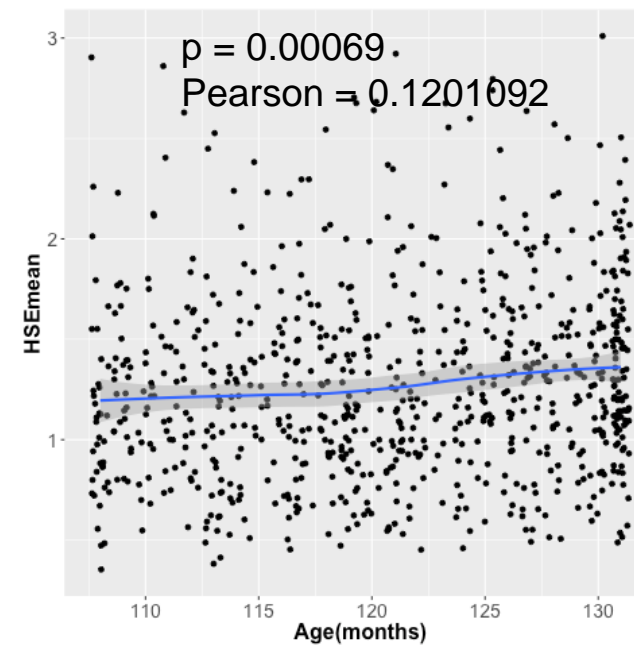


Female



Estradiol

Female



Imaging

Brain Imaging

Structural MRI

- 3D T1 - Weighted
- 3D T2 - Weighted
- Diffusion Tensor Imaging

Functional MRI (fMRI)

- Resting State
- Monetary Incentive Delay Task
- Stop Signal Task
- Emotional N-Back Task

Brain Imaging

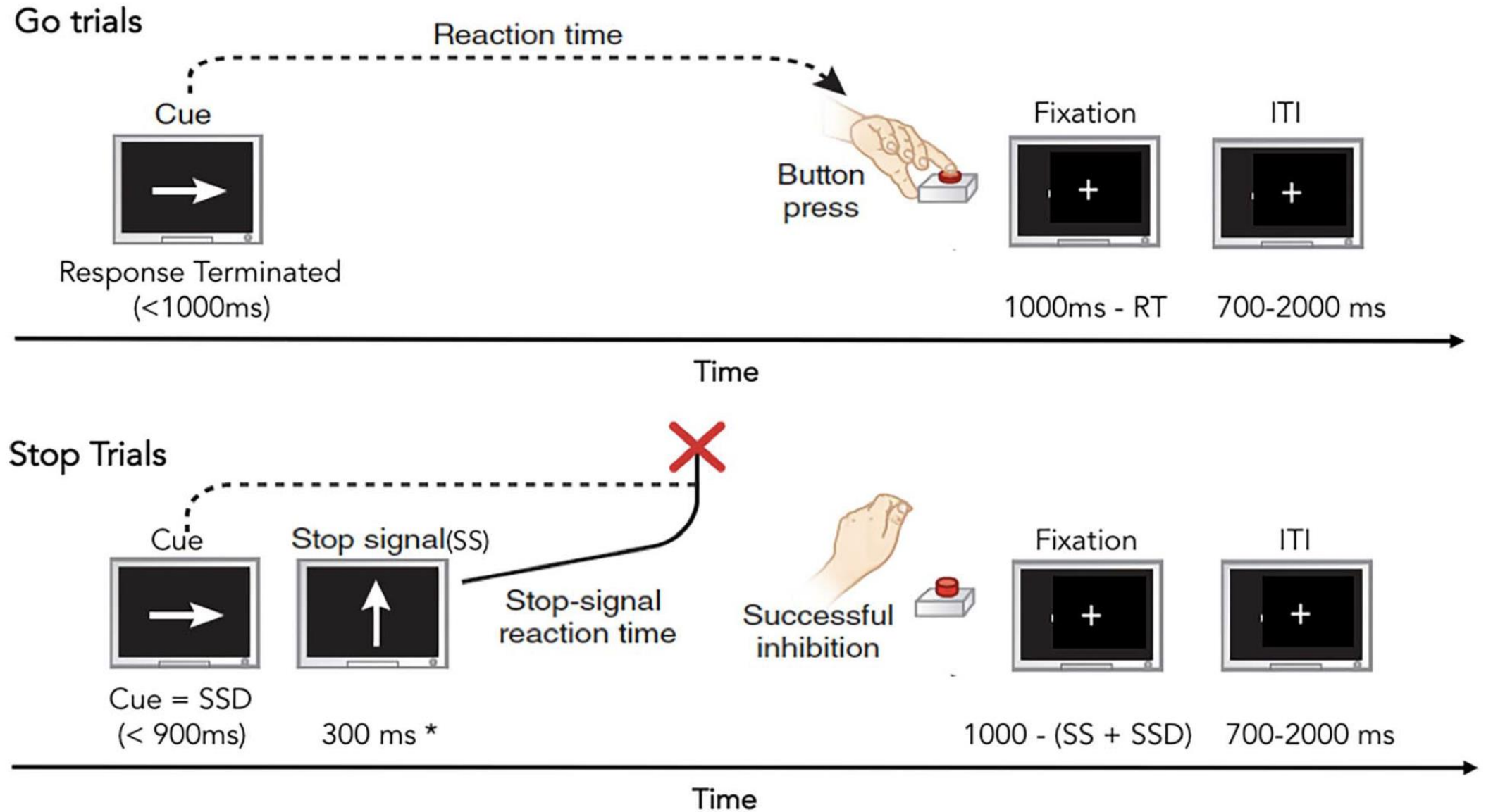
Structural MRI

- 3D T1 - Weighted
- 3D T2 - Weighted
- Diffusion Tensor Imaging

Functional MRI (fMRI)

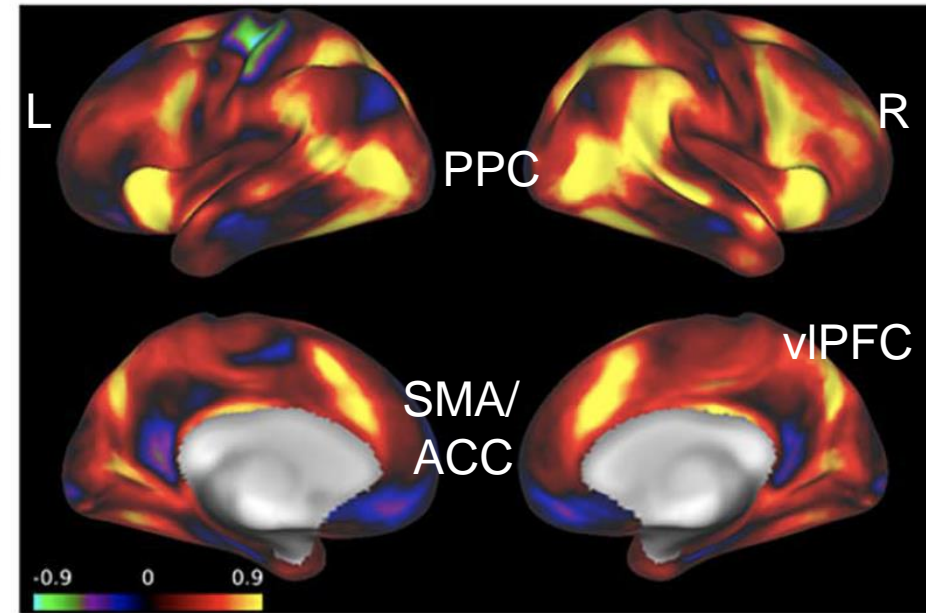
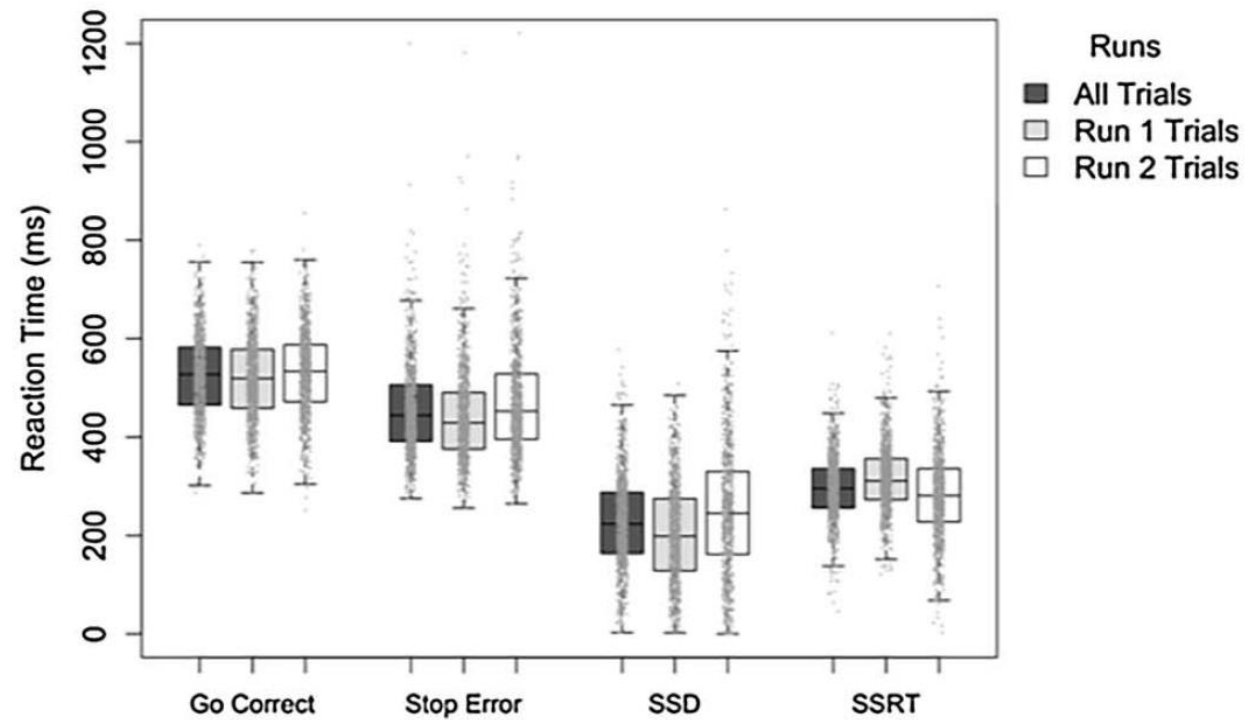
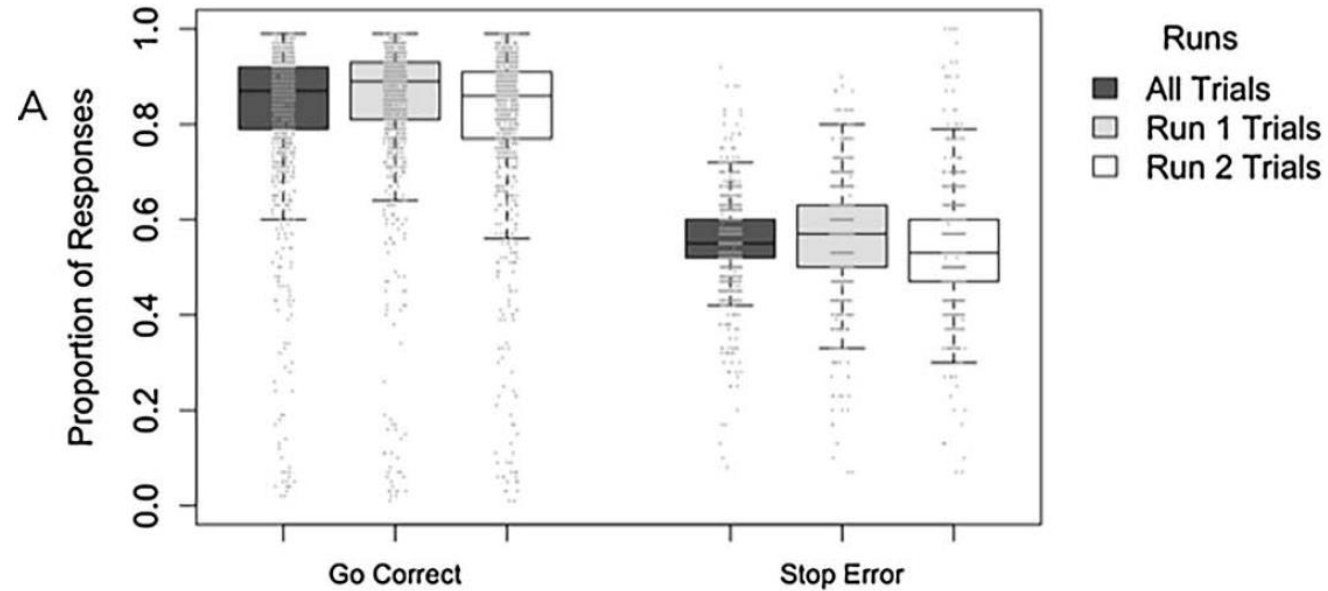
- Resting State
- Monetary Incentive Delay Task
- Stop Signal Task
- Emotional N-Back Task

Stop Signal Task

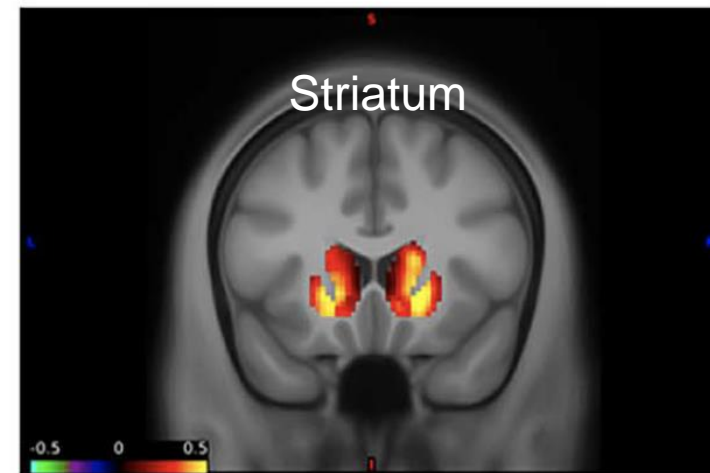


* If the SSD > 700 ms then the SS duration = 1000-SSD.

Stop Signal Task



Contrast: Correct Stop vs Correct Go





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ABCD Study

TIMELINE OF EVENTS



STUDENT AGE	9-10		10-11		11-12	
STUDENT TIME	6-7 hours		15 minutes	2-3 hours	15 minutes	6-7 hours
STUDENT ACTIVITY		 every 3-6 months		 every 3-6 months		
PARENT TIME	3 hours		5 minutes	1 hour	5 minutes	3 hours
PARENT ACTIVITY						

REPEAT ... until age 19-20

LEGEND

- In-Person Visit
- Biosamples
- Phone Call
- Brain Scan
- iPad Tasks
- Interview

One-year Follow-up - Youth

Physical Health – ~30 min

Anthropometrics*
 Puberty & Menstrual
 Gender Identity Questionnaire
 Screen Time Survey

Mental health

Prodromal Psychosis Scale
 Brief Problem Monitor Scale
 7-Up Mania Items
 10 Item Delinquency Scale
 Kiddie Schedule for Affective Disorders and Schizophrenia
 KSADS Background Items
 Life Events Scale
 Toolbox Positive Affect Items

Biospecimens – ~10 min

Pubertal Hormones
 Substance Use History
 Alcohol Screen*
 Drug Screen*
 NicAlert

Substance Use - ~15-30min

If heard of alcohol, marijuana, tobacco, other drugs:
 Substance Use Interview
 Low level alcohol use
 Low-level tobacco use
 Low-level MJ use
 Timeline Followback
 Caffeine Intake
 PhenX Peer Tolerance of Use
 PhenX Peer Group Deviance
 Intention to Use
 PhenX Perceived Harm of Substance Use
 If ever used alcohol, marijuana, or tobacco (sip or puff):
 Alcohol Expectancies Questionnaire - Adolescent, Brief
 PhenX Alcohol Subjective Effects
 Adolescent Smoking Consequences Questionnaire
 Nicotine Subjective Effects
 MJ Effect Expectancies Q - Brief
 Acute Response to Marijuana
 If used 5+ times (lifetime):
 Nicotine Dependence
 Hangover Symptom Scale
 Rutgers Alcohol Problem Index
 Marijuana Problem Index
 Drug Problem Index
 Participant Last Use Survey But at baseline this was in "heard of" section

Culture and Environment - ~15 min

Acculturation Survey*
 Prosocial Tendencies Survey
 Acceptance Subscale from Children's Report of Parental Behavior Inventory (CRPBI) - Short
 Parental Monitoring Survey
 Family Environment Scale: Family Conflict Subscale*
 Neighborhood Safety/Crime Survey*
 School Risk & Protective Factors Survey
 Discrimination Measure
 Wills Problem Solving

Neurocognition - ~12 min

Delay Discounting task
 Emotional Faces Stroop Task

One-year Follow-up – Parents

Physical Health
Puberty & Menstrual
Gender Identity Questionnaire
Demographics Survey*
Ohio State TBI Screen-Short
Medications Survey*
Sleep Disturbance Scale for Children
Sports and Activities Involvement Questionnaire
Screen Time Survey
Child Nutrition Assessment

Biospecimens
Baby Teeth

Mental Health
Kiddie Schedule for Affective Disorders and Schizophrenia
KSADS Background Items
Life Events Scale
Child Behavior Checklist
Parent General Behavior Inventory - Mania
Short Social Responsiveness Scale

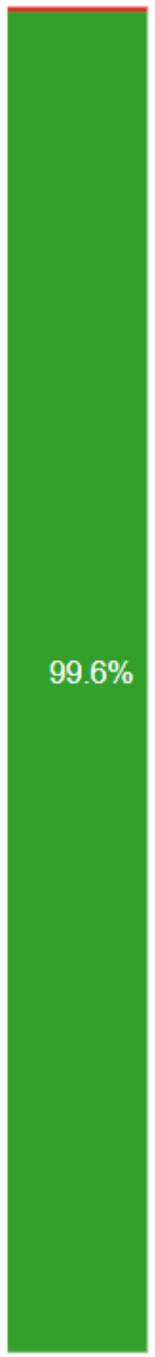
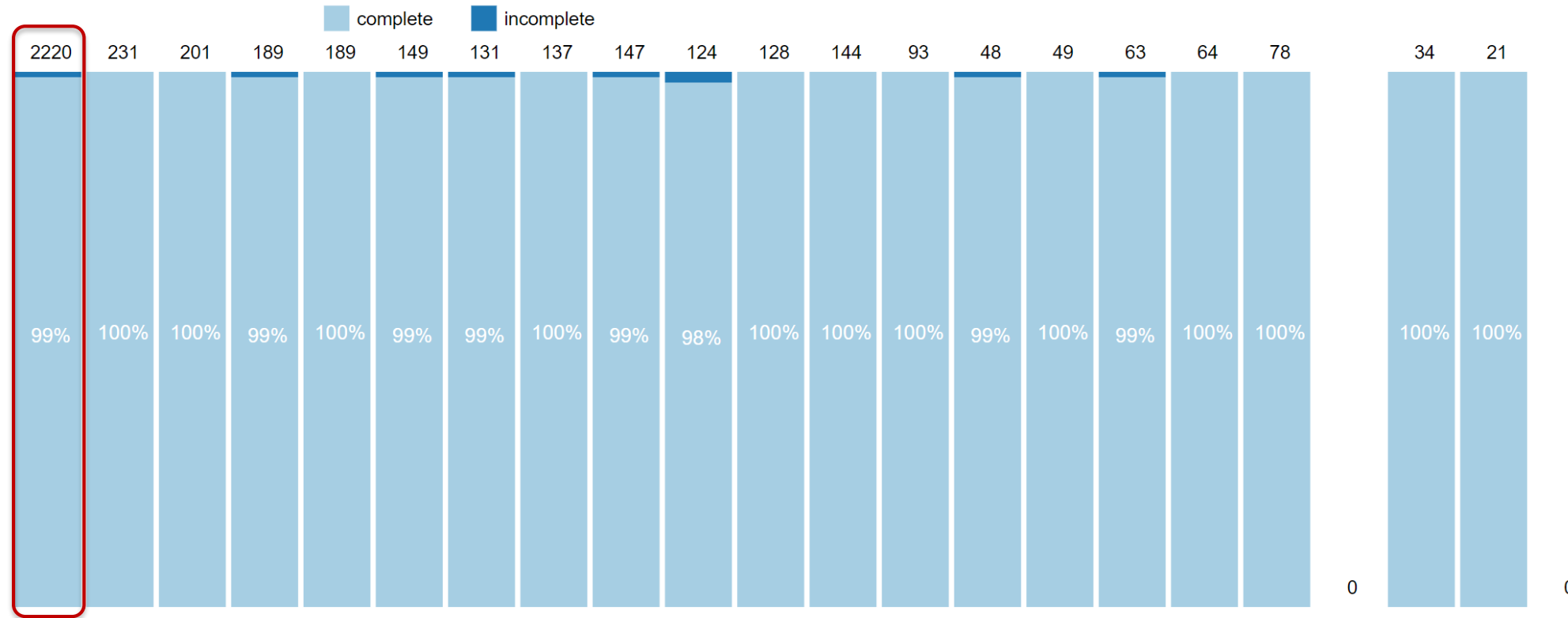
Substance Use
Participant Last Use Survey But at baseline this was in "heard of" section
Parent Rules
Community Risk & Protective Factors

Culture and Environment'
Acculturation Survey*
Prosocial Tendencies Survey
Family Environment Scale: Family Conflict Subscale*
Neighborhood Safety/Crime Survey*
Mexican American Cultural Values Scale

Domain	Youth	Parent
Substance Use	14-30	6
Mental & Physical Health	33	45
Culture & Environment	15	10
Neurocognition	12	N/A
Biospecimens	10	5
Imaging	N/A	N/A
Other (consent, locator, residential history, school & teacher permissions, breaks)	15	20
TOTAL (minutes)	99-115	86

Monitoring Follow-Up Visits

Retention





Adolescent Brain Cognitive DevelopmentSM

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- Enrollment
- Preliminary Descriptive Data
- Follow-up Assessments
- **ABCD Sub-studies**
- Data Sharing



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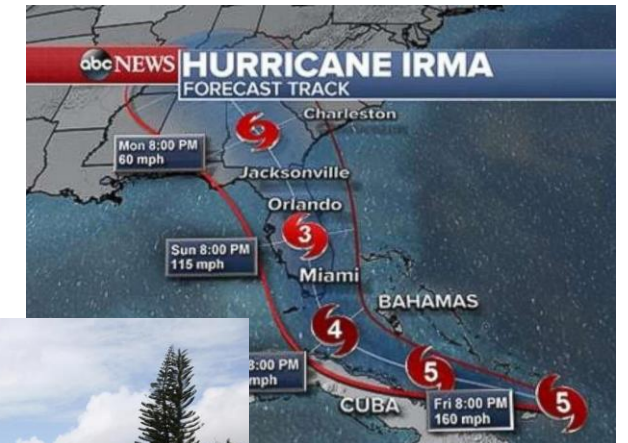
ABCD-Social Development

- **Participating Sites** - University of Pittsburgh, University of Florida, University of Michigan, Yale University, University of Maryland, Baltimore
- **Funding** – National Institute of Justice, CDC Division of Violence Prevention
- **Brain indicators as explanatory factors of the onset and persistence of substance use, delinquency, and victimization**
 - Which contextual, personality, cognitive, and environmental risk factors mediate or moderate these brain indicators?
- **Brain indicators and their associations with early forms of desistance/cessation in substance use, delinquency, and victimization.**
 - Which contextual, personality, cognitive, and environmental protective factors mediate or moderate these brain indicators?
 - Are persons with psychopathic traits less likely to desist/cease in terms of the substance use-delinquency-victimization?



Disaster and Youth, Neural and Affective Maturation in Context (DYNAMIC) Study

- **Participating Sites** – Florida International University, University of Florida, Medical University of South Carolina, University of California, San Diego
- **Funding** – NSF
- **Specific Aims**
 - Explore the impact of disaster exposure on structural brain development and cognitive and affective outcomes.
 - Evaluate the extent to which pre-Irma structural factors predict and moderate effects of Irma exposure on cognitive and affective outcomes.
- **Added Measures** - 10-minute youth and caregiver online surveys of Irma-related experiences (e.g., exposure, media use, evacuation experiences, property damage, power/water outages, school closures, etc), and Irma-related post-traumatic stress symptoms





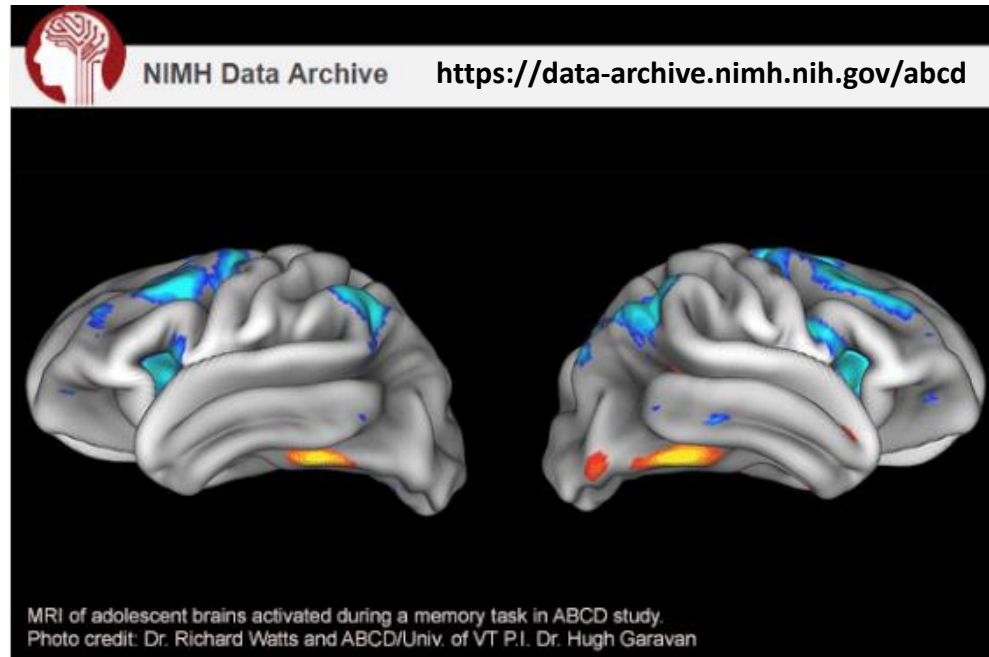
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- Enrollment
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- Follow-up Assessments
- ABCD Sub-studies
- **Data Sharing**

ABCD Open Science – A Unique Resource for the Entire Scientific Community

Fast-Track Neuroimaging Data - The ABCD Study is releasing raw DICOM images on an ongoing basis



ABCD Data Access:

- 531 NDA accounts with ABCD access
- 3,440 ABCD data packages (includes testing by NDA)
 - 143 distinct users
 - Not including prepackaged release data available to all approved users

Annual Curated Data Release – Includes:

- Basic demographics,
- Assessments of:
 - Physical and mental health,
 - Substance use,
 - Culture and environment, and
 - Neurocognition,
- Tabulated structural and functional neuroimaging data,
- Minimally processed brain images,
- Biological data (e.g., pubertal hormone analyses), and
- Residential history derived data from
 - EPA Smart Location Database (residential density/walkability),
 - FBI Uniform Crime Report,
 - ACS Area Deprivation Index,
 - Elevation from Google Maps, and
 - NASA SEDAC population density and satellite-based pollution measures



DCN Special Issue

- **Recruiting the ABCD Sample: Design Considerations and Procedures** - <https://www.sciencedirect.com/science/article/pii/S1878929317301809>
- **Demographic, physical and mental health assessments in the adolescent brain and cognitive development study: Rationale and description** - <https://www.sciencedirect.com/science/article/pii/S1878929317300683?via%3Dihub>
- **Adolescent brain cognitive development (ABCD) study: Overview of substance use assessment methods** - <https://www.sciencedirect.com/science/article/pii/S1878929317300890?via%3Dihub>
- **Assessment of culture and environment in the Adolescent Brain and Cognitive Development Study: Rationale, description of measures, and early data** - <https://www.sciencedirect.com/science/article/pii/S1878929317301226>
- **Adolescent neurocognitive development and impacts of substance use: Overview of the adolescent brain cognitive development (ABCD) baseline neurocognition battery** - <https://www.sciencedirect.com/science/article/pii/S1878929317302384?via%3Dihub>
- **The Adolescent Brain Cognitive Development (ABCD) study: Imaging acquisition across 21 sites** - <https://www.sciencedirect.com/science/article/pii/S1878929317301214?via%3Dihub>
- **Biospecimens and the ABCD study: Rationale, methods of collection, measurement and early data** - <https://www.sciencedirect.com/science/article/pii/S1878929317301822?via%3Dihub>
- **The utility of twins in developmental cognitive neuroscience research: How twins strengthen the ABCD research design** - <https://www.sciencedirect.com/science/article/pii/S1878929317301135?via%3Dihub>

Funding Opportunities

PAR-18-062 — Accelerating the Pace of Drug Abuse Research Using Existing Data

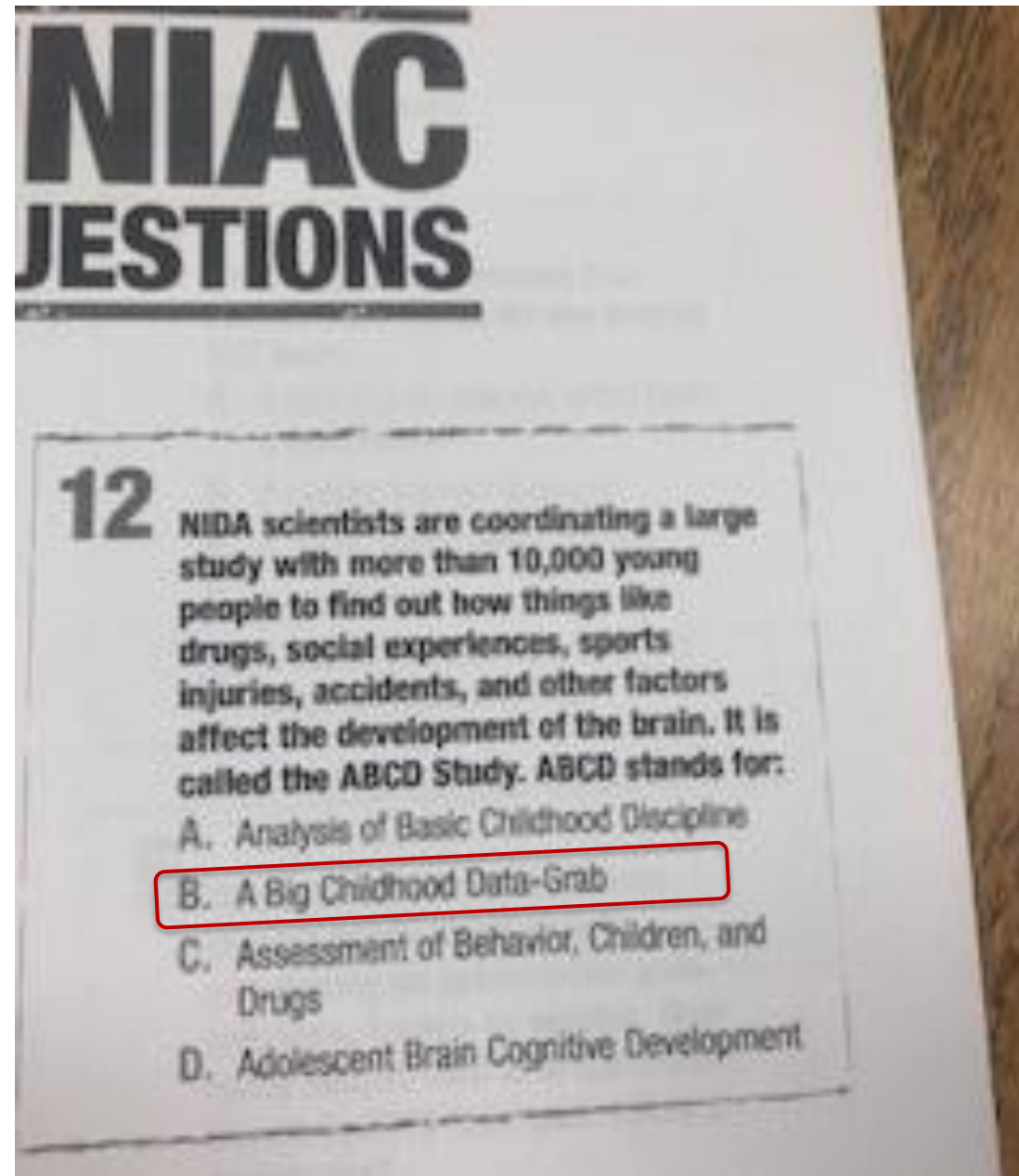
Standard dates apply.

RFA-DA-19-006 — Workshops on the Use of Adolescent Brain Cognitive Development (ABCD) Data

Letter of Intent Due Date - June 25, 2018

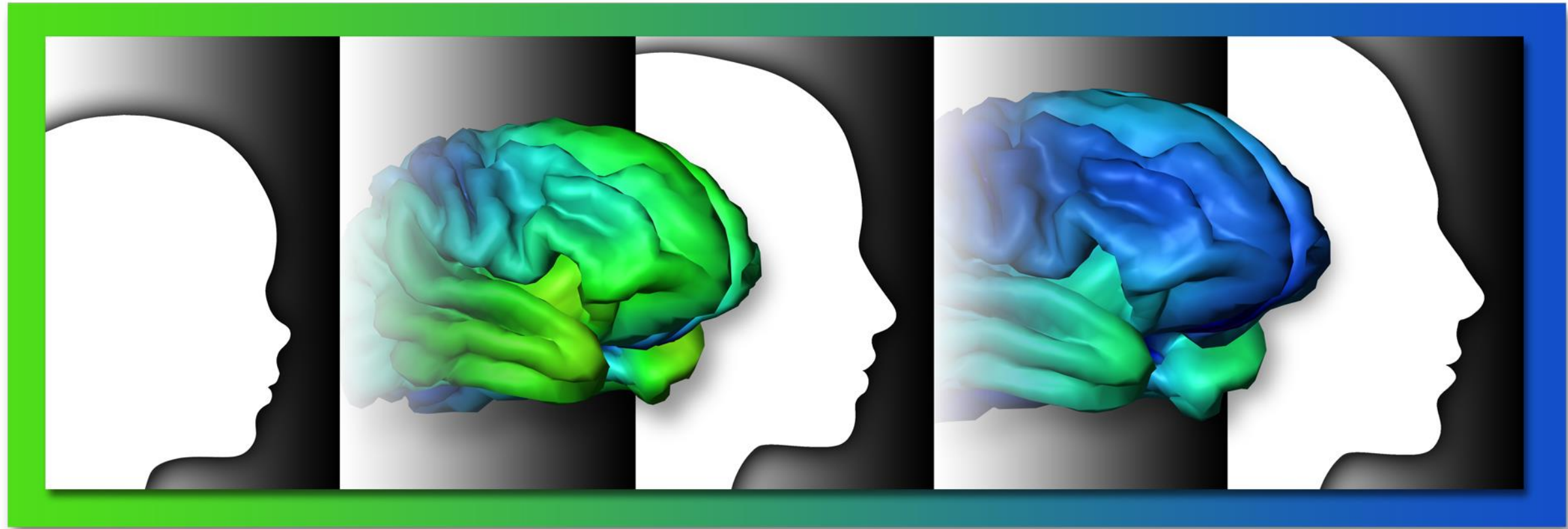
Application Due Date(s) - July 25, 2018

ABCD Becoming Mainstream





ABCDSTUDY
Annual Meeting 2017



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For More Information, Please Visit:

ABCDStudy.org

Proposed Additions to Two-year Follow-up

- Munich Chronotype Questionnaire
- Peer Relationships – Victimization and Perpetration
- Cyberbullying
- Pain
- Peer Behaviors/Networks
- Substance Use Density, Storage, Exposure
- PhenX Early Adolescent Temperament
- Game of Dice Task
- Social Influence Risk Perception Task
- Blood draw



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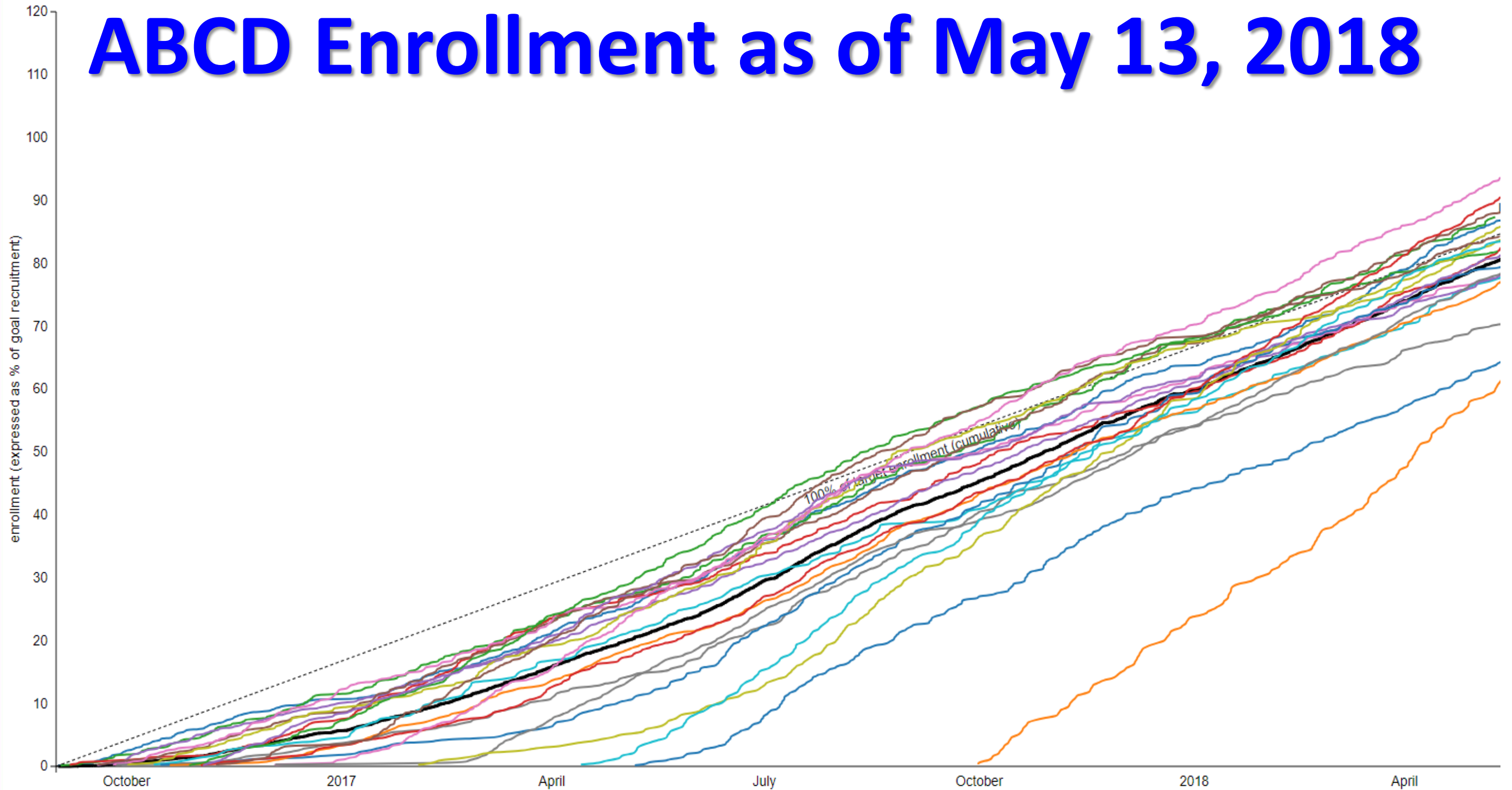
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ABCD Enrollment as of May 13, 2018



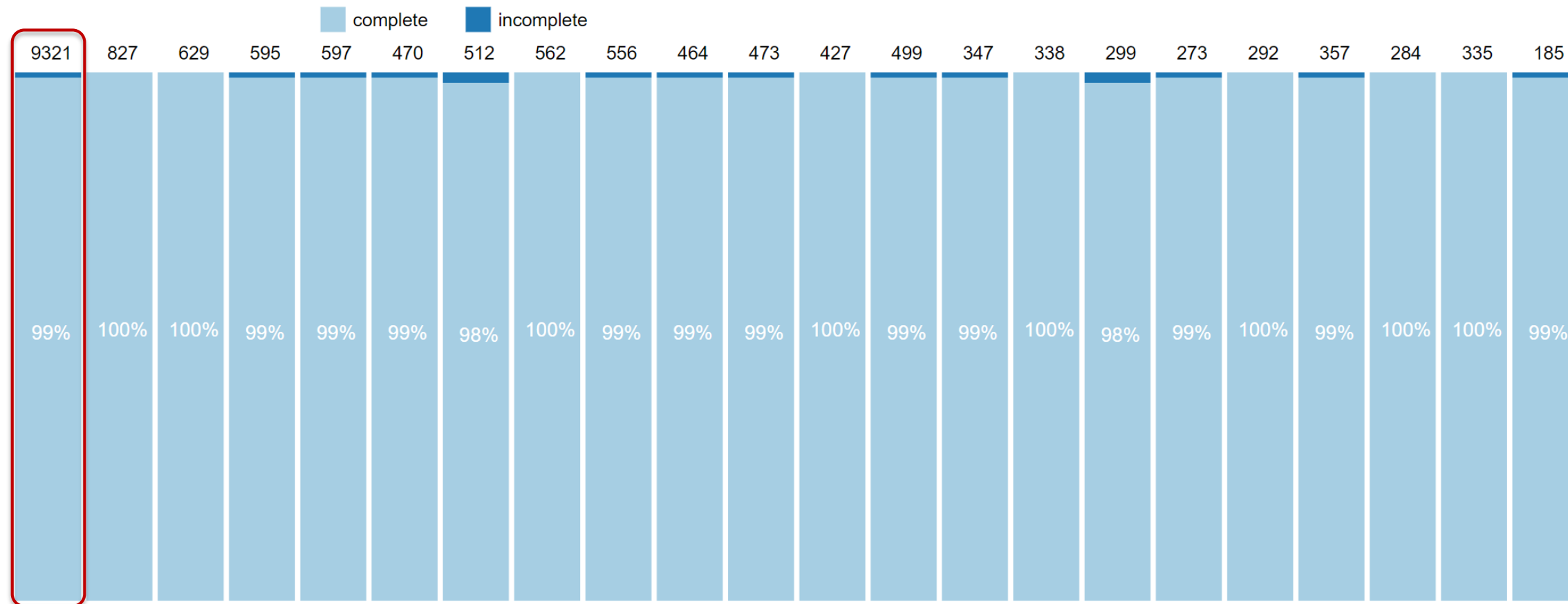


Adolescent Brain Cognitive DevelopmentSM

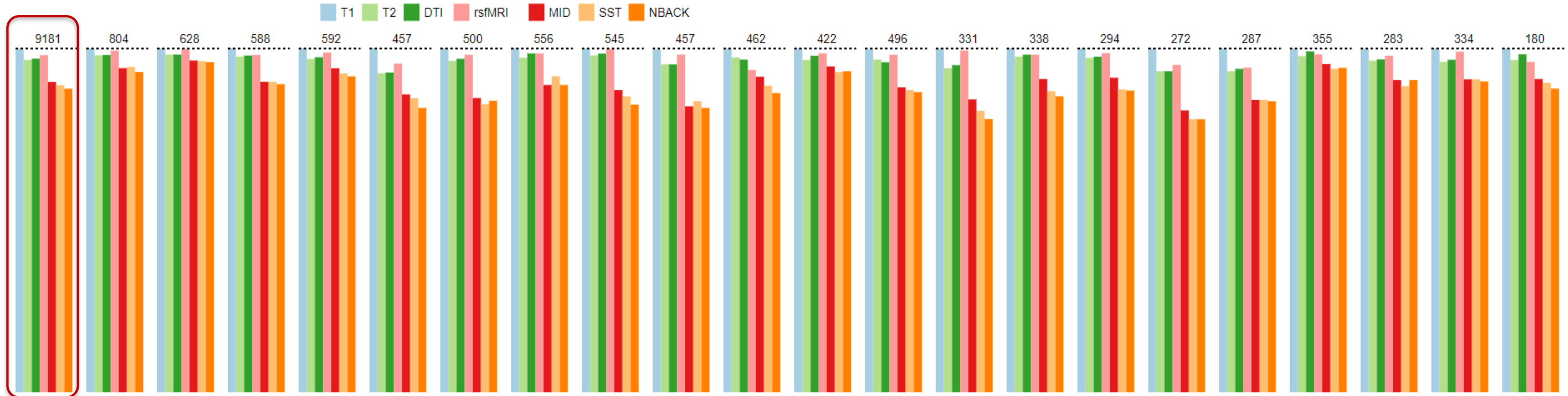
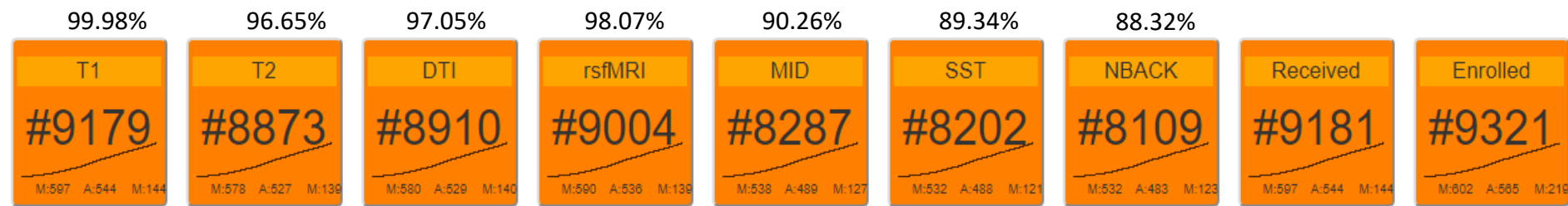
Teen Brains. Today's Science. Brighter Future.

- Enrollment
- **Data Quality Monitoring**
- Preliminary Descriptive Data
- Follow-up Assessments
- ABCD Sub-studies
- Data Sharing

Non-imaging Assessment Completeness as of May 13, 2018



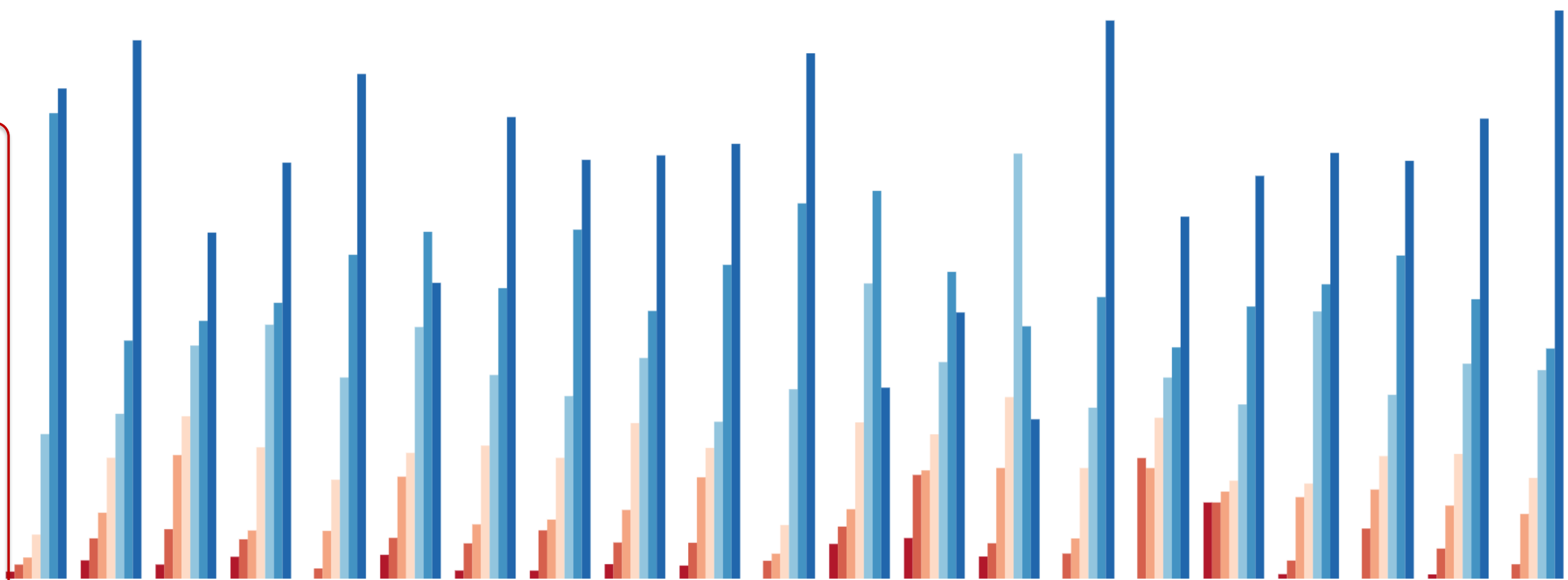
Imaging Completeness as of May 13, 2018



Resting State Motion

0-3min 3-6min 6-9min 9-12min 12-15min 15-18min >18min

82%



Locations of ABCD Research Sites in the United States



Coordinating Center

University of California, San Diego



Data Analysis and Informatics Center

University of California, San Diego



Research Sites

Children's Hospital of Los Angeles
 Florida International University
 Laureate Institute for Brain Research
 Icahn School of Medicine at Mount Sinai
 Oregon Health & Science University
 SRI International
 University of California, Los Angeles
 University of California, San Diego
 University of Colorado
 University of Florida
 University of Maryland
 University of Michigan
 University of Minnesota
 University of Pittsburgh
 Medical University of South Carolina
 University of Utah
 University of Vermont
 Virginia Commonwealth University
 Washington University in St. Louis
 University of Wisconsin-Milwaukee
 Yale University

State Laws



Medical and Recreational Marijuana

University of California, Los Angeles
 University of California, San Diego
 University of Colorado
 University of Florida



Medical Marijuana

University of Maryland
 University of Michigan
 University of Minnesota
 University of Pittsburgh



Limited Medical Access, Low THC/High CBD

Medical University of South Carolina
 University of Utah
 University of Vermont
 Virginia Commonwealth University
 Washington University in St. Louis
 University of Wisconsin-Milwaukee
 Yale University

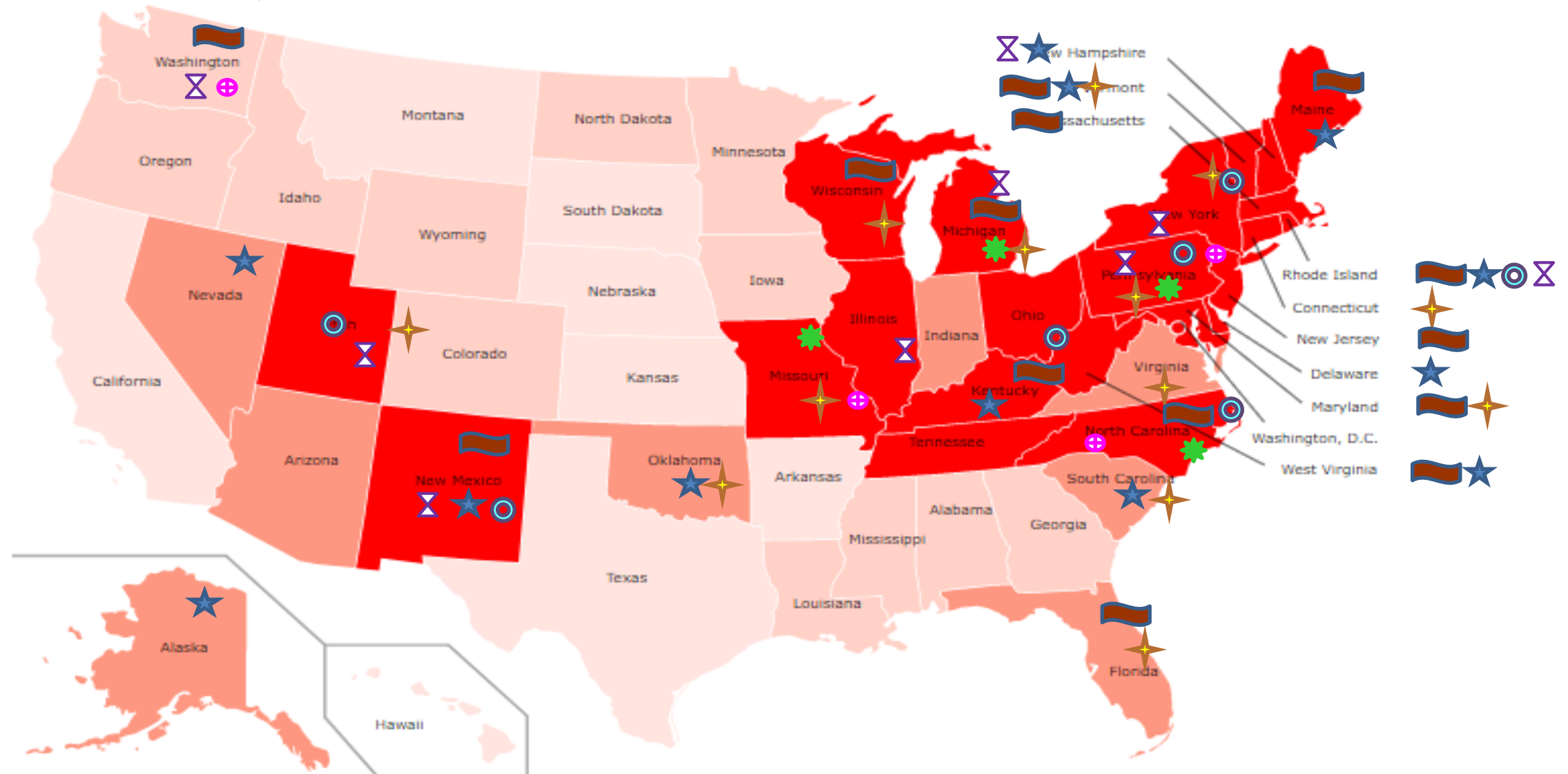


Opioid-Related Overdose Death Rates (per 100,000 people)¹



NOWS Incidence ≥ 5.1 per 1,000 hospital births²

Relevant IDEa States Relevant ABCD Sites Relevant NRN Sites Relevant NIMH Sites Infant Brain Imaging Study Relevant ECHO sites



¹NIDA (2018) Opioid Summaries by State from CDC Wonder - <https://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state>

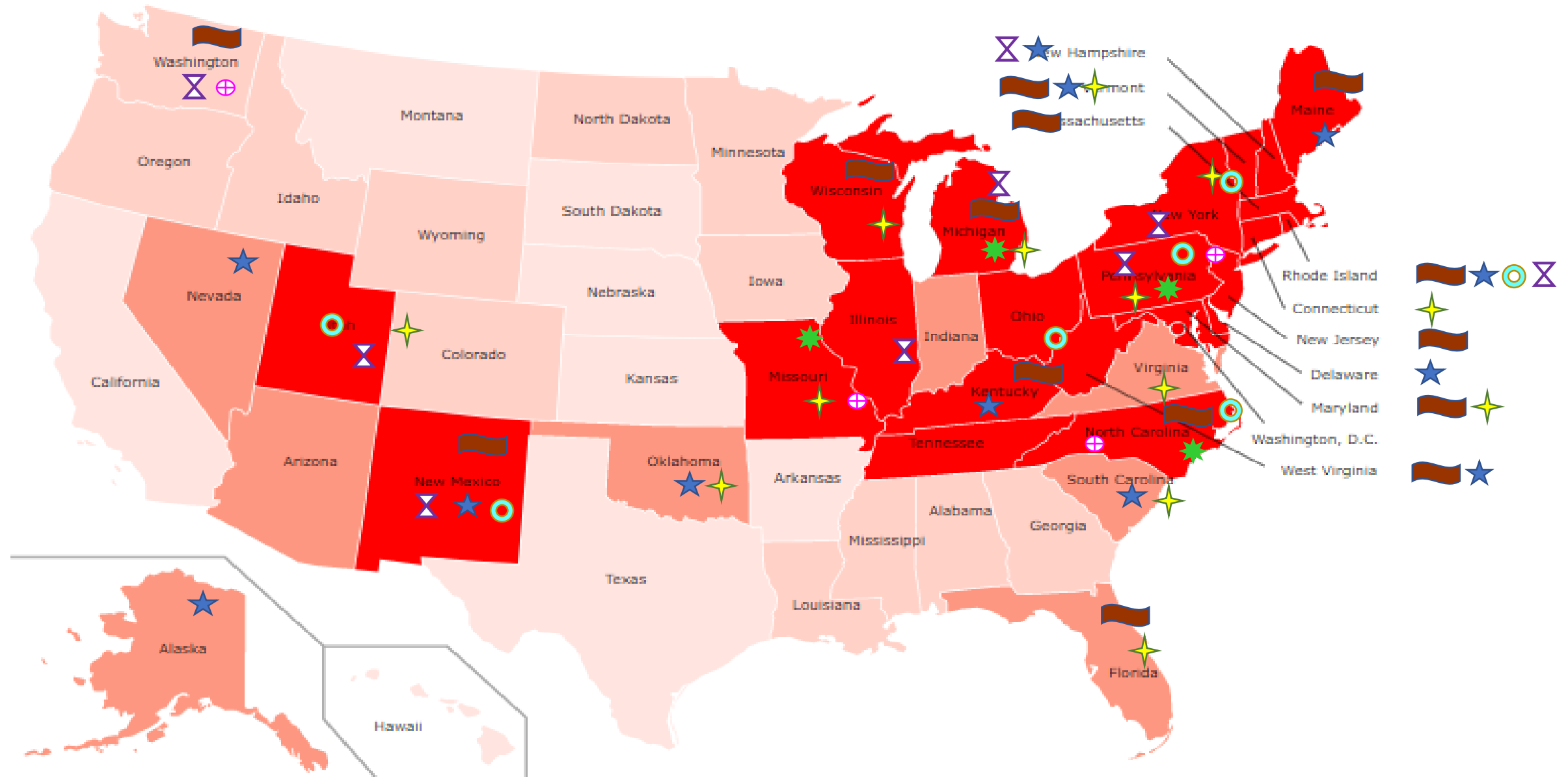
²Ko JY et al. (2016) Incidence of Neonatal Abstinence Syndrome — 28 States, 1999–2013. MMWR 65:799–802.

Opioid-Related Overdose Death Rates (per 100,000 people)¹



NOWS Incidence ≥ 5.1 per 1,000 hospital births²











★ Relevant IDeA States
 ✦ Relevant ABCD Sites
 ○ Relevant NRN Sites
 ✦ Relevant NIMH Sites
 ⊕ Infant Brain Imaging Study
 ✕ Relevant ECHO sites

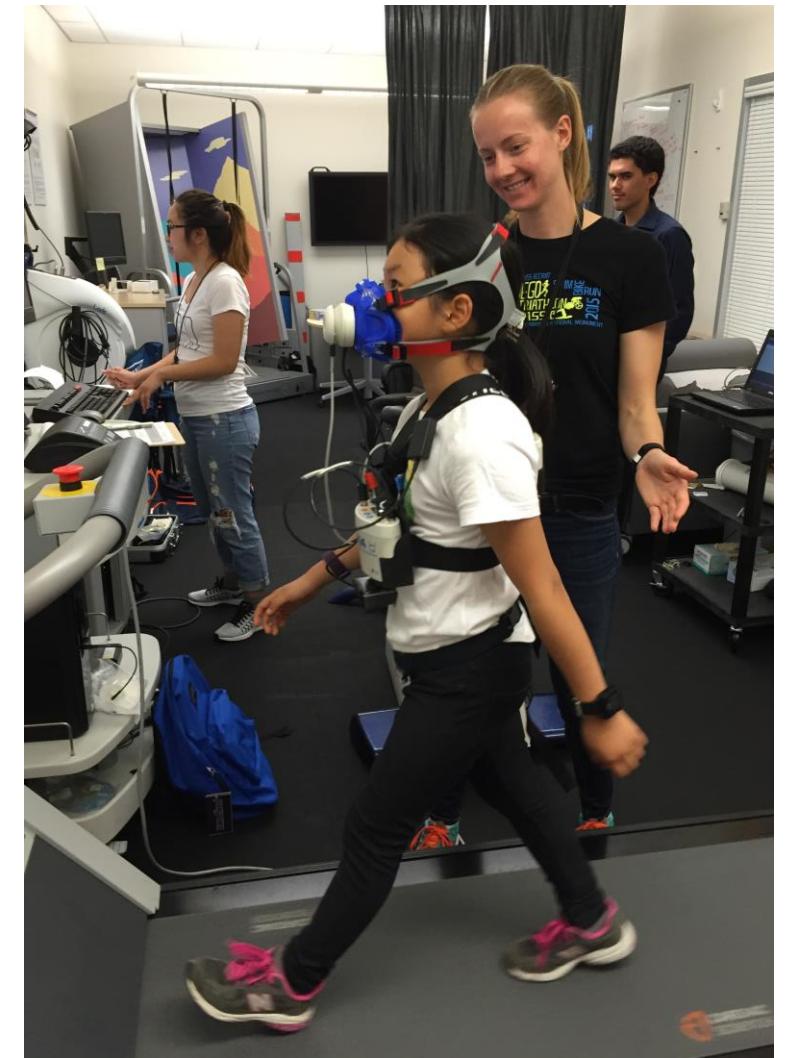


¹NIDA (2018) Opioid Summaries by State from CDC Wonder - <https://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state>

²Ko JY et al. (2016) Incidence of Neonatal Abstinence Syndrome — 28 States, 1999–2013. MMWR 65:799–802.

FitBit Validation Study (n=59)

Category		#	Activity	Time
Rest		1	Sitting quietly	5 minutes
		2	Sitting listening to music	5 minutes
		3	Sitting playing a game on iPad	5 minutes
			Effort	Time
Bike		4	Moderate cycling (0.8W/kg) @ 55+ rpm	6 minutes
		5	Vigorous cycling (1.2W/kg) @ 55+ rpm	6 minutes
			Speed	Time
Treadmill		6	Moderate walking (3 mph)	6 minutes
		7	Vigorous walking/running (4 mph)	6 minutes
		8	Moderate walking (3 mph) with 15% of body weight	6 minutes
			Direction	Flights
Stairs	↑	9	Walking up stairs	5
	↓	10	Walking down stairs	5
			Course	Length
Outdoor	↗	11	Walking uphill	200m
	↔	12	Walking flat	400m
	↘	13	Walking downhill	200m
			Course	Time
Agility Drills		14	Ladder Drills	5 minutes
			Flag/Cones Drills	



Courtesy of Susan Tapert (UCSD)

FitBit Pilot Study (n=152**)

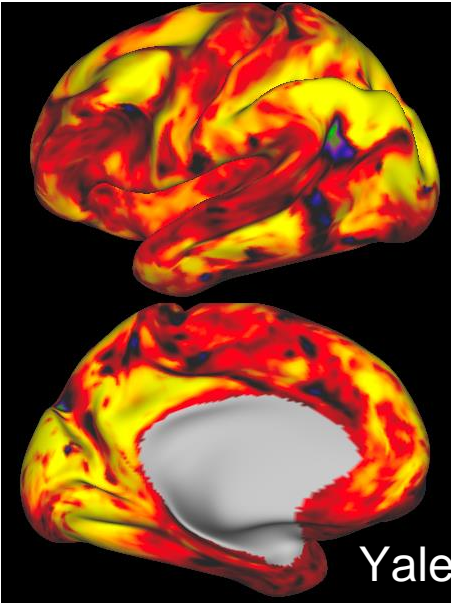
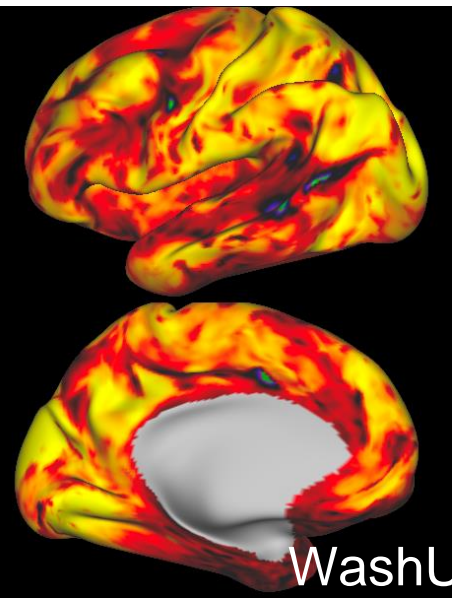
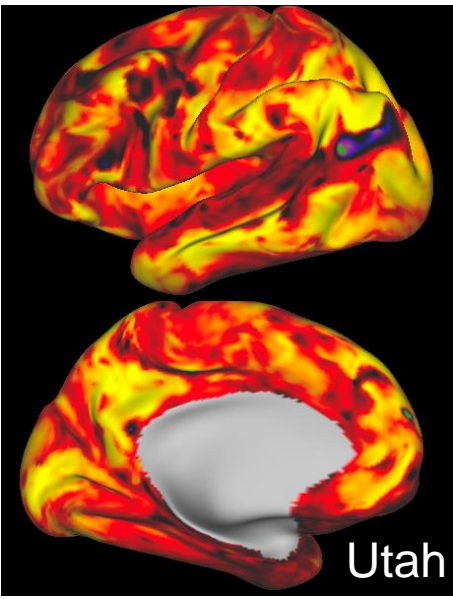
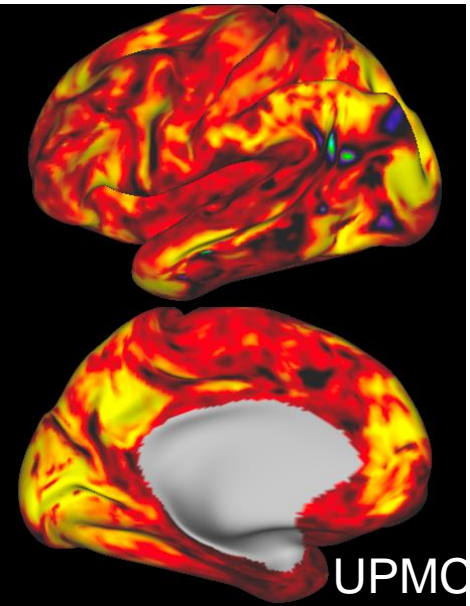
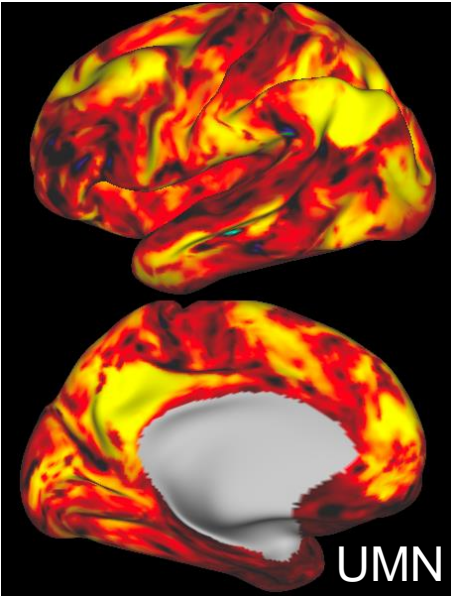
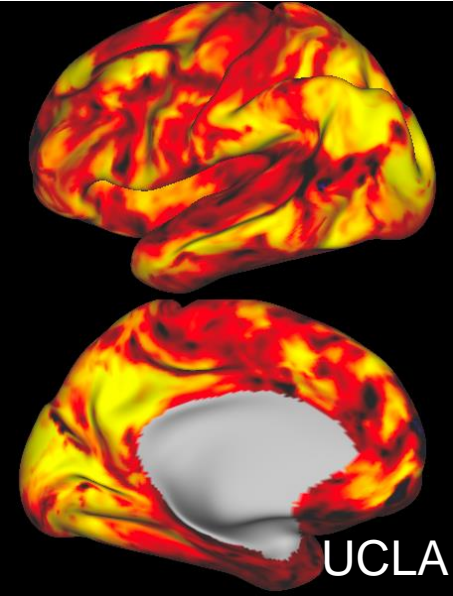
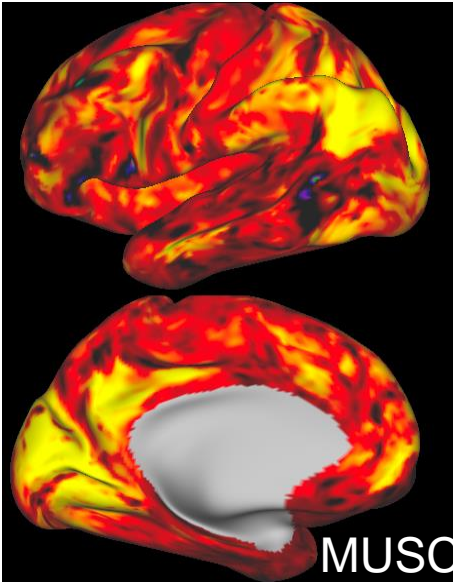
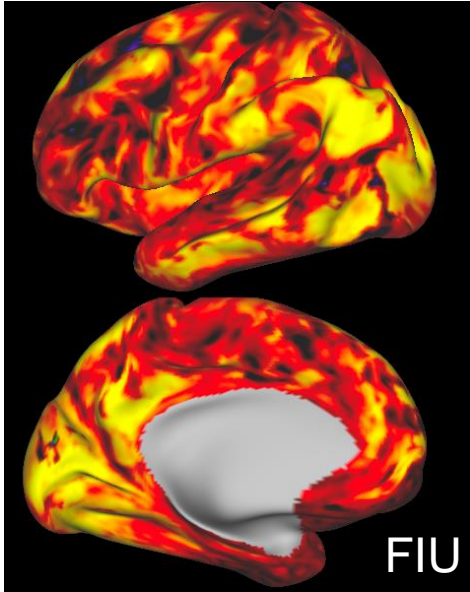
- Design:
 - Conducted at 3 sites (VCU, SRI, UCSD)
 - Each asked to wear a Fitbit Charge 2 for 3 weeks
 - Study conducted between May-Dec 2017



Sleep*	UCSD Mean ± SD	SRI Mean ± SD	VCU Mean ± SD
Min of sleep/valid day	504.8 ±46.0	502.2 ±38.6	506.3 ±29.7

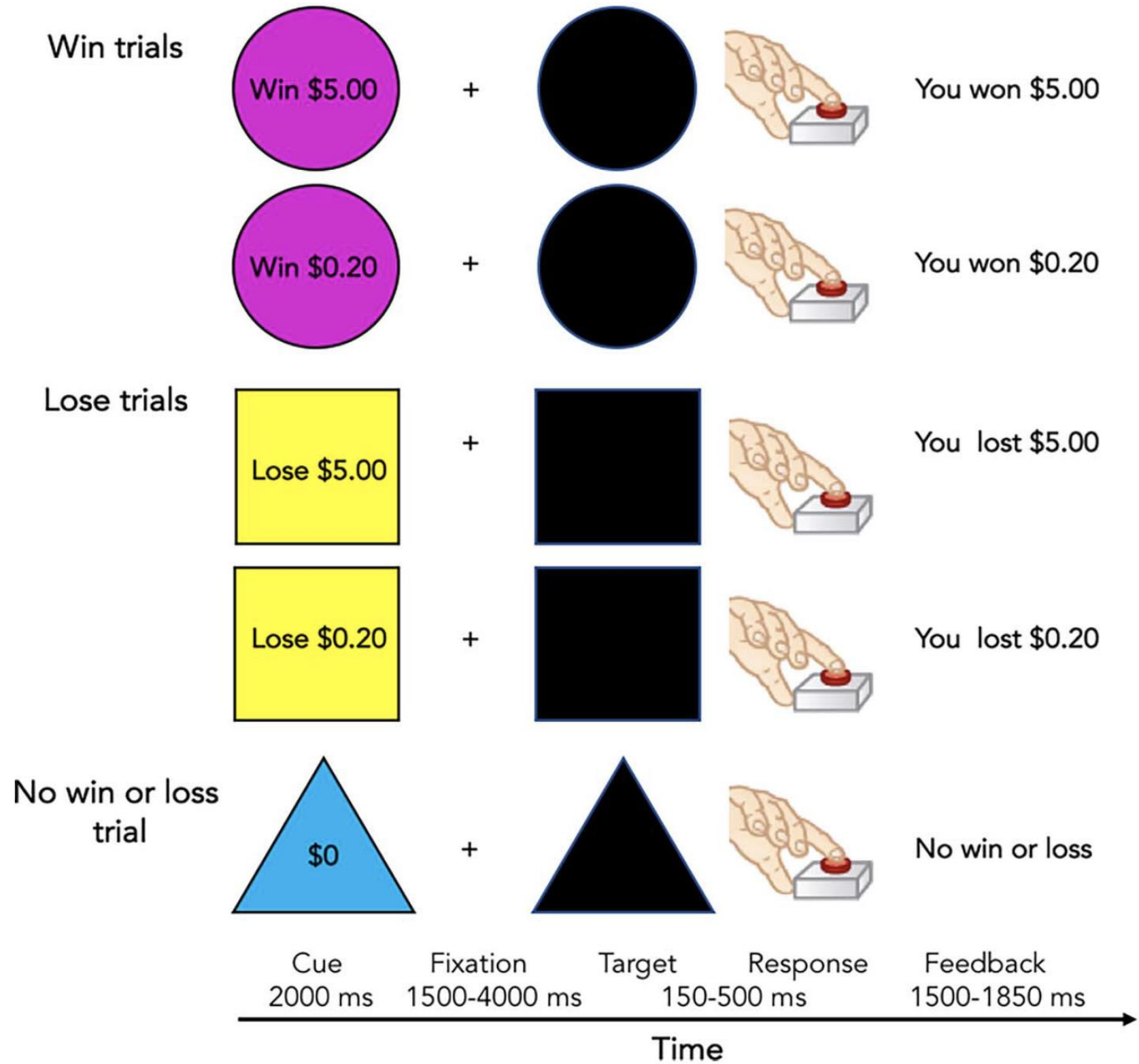
Activity**	Weekdays	Weekends
Steps	11,521.9 (±4814.9)	11,021.3 (±3482.5)
Moderate Vigorous Physical Activity (minutes)	51.3 (±44)	41.8 (±38)
Resting Heart Rate	65.4 (±19.3)	69.2 (±15.9)

Individual Differences – Brain Imaging

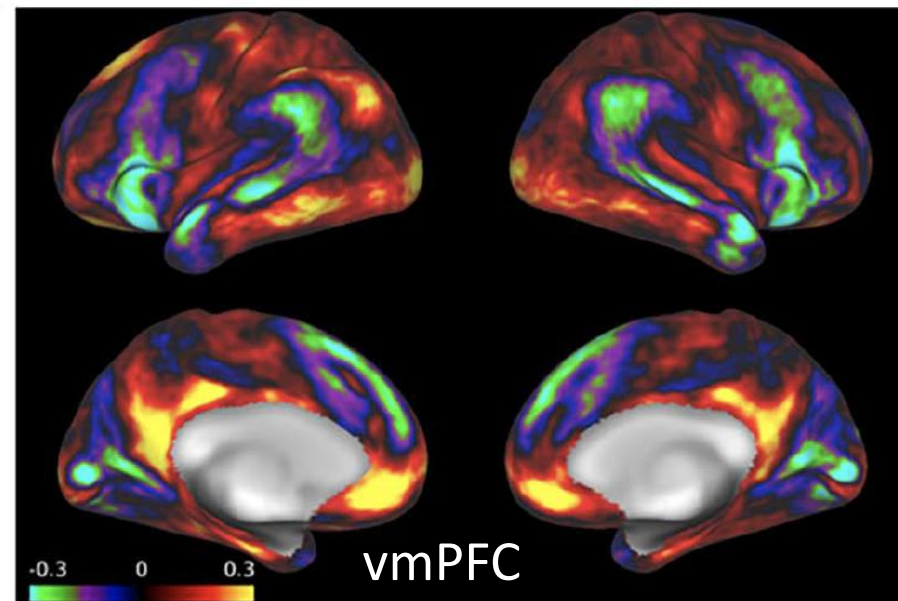
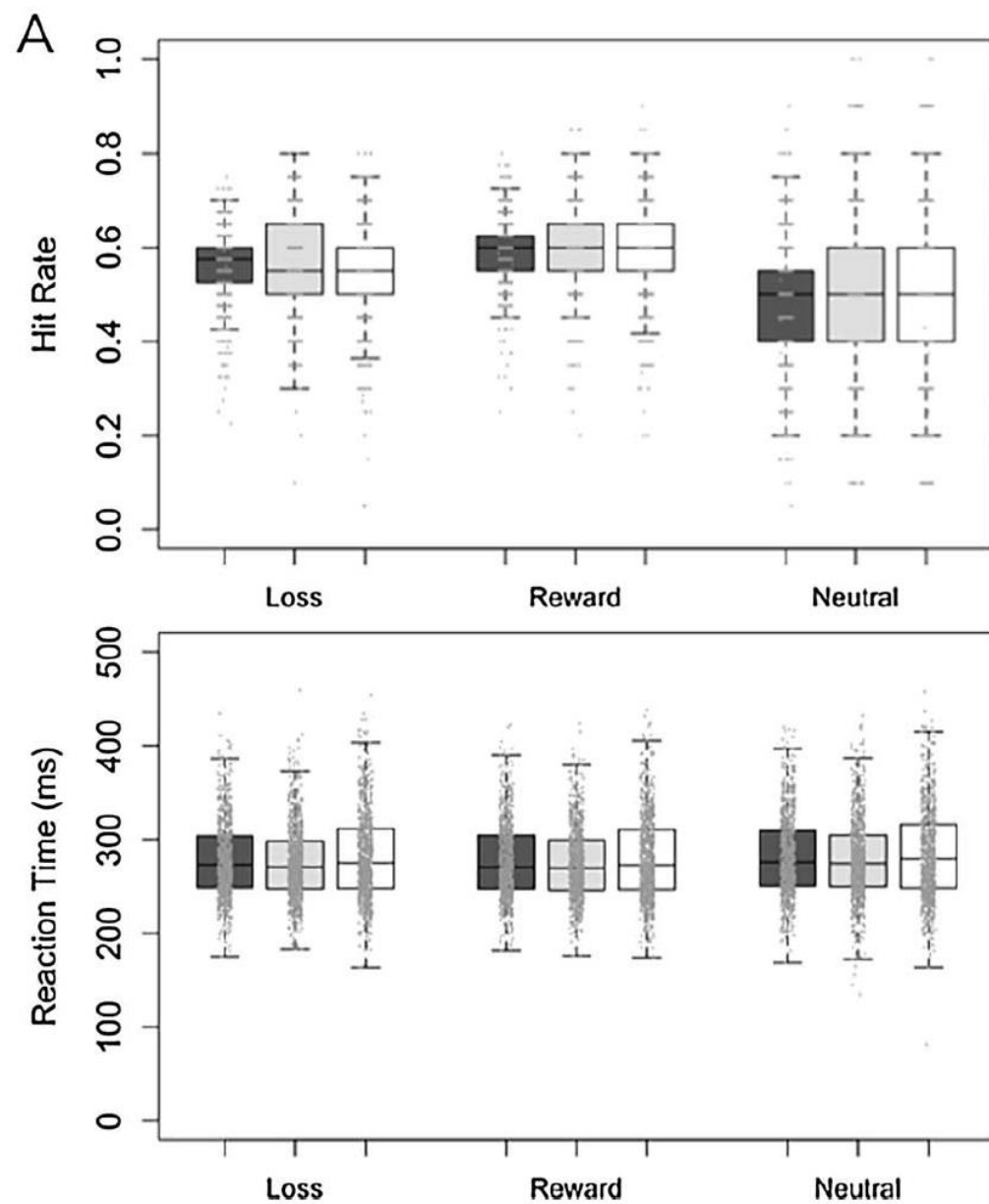


Courtesy of Damien Fair (Oregon Health & Science University)

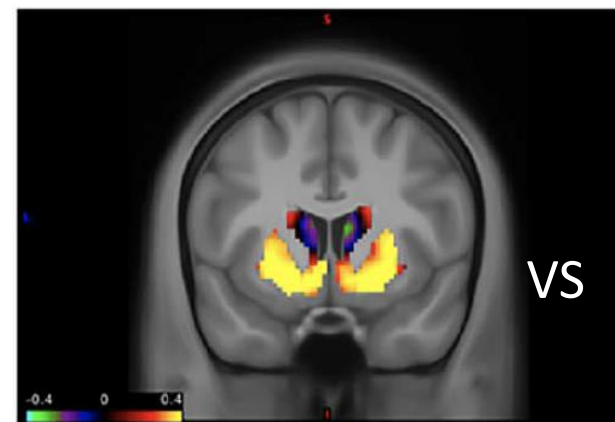
Monetary Incentive Delay Task



Monetary Incentive Delay Task



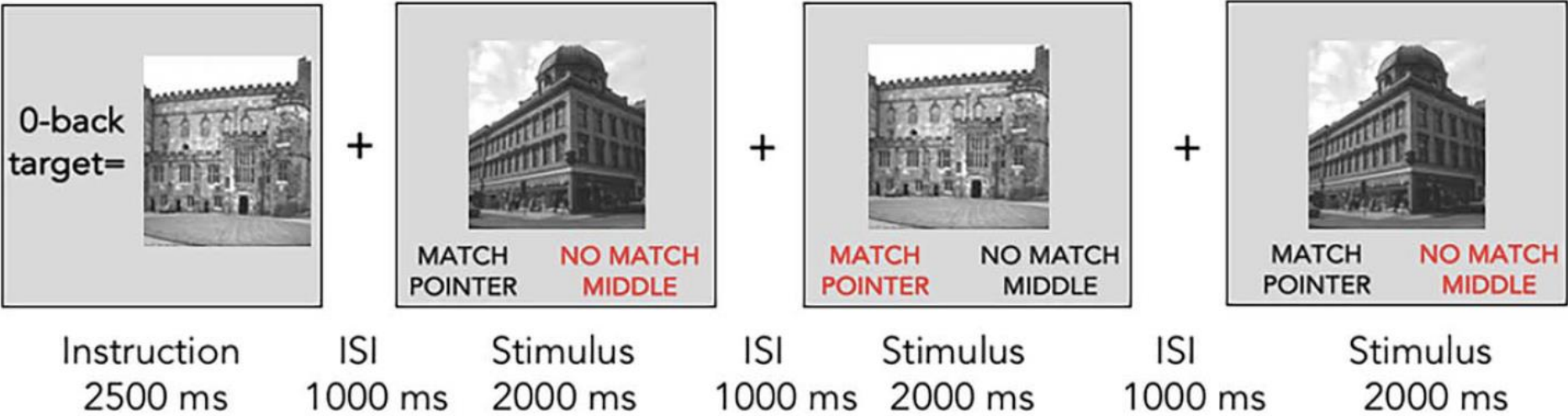
Contrast: Reward success vs fail



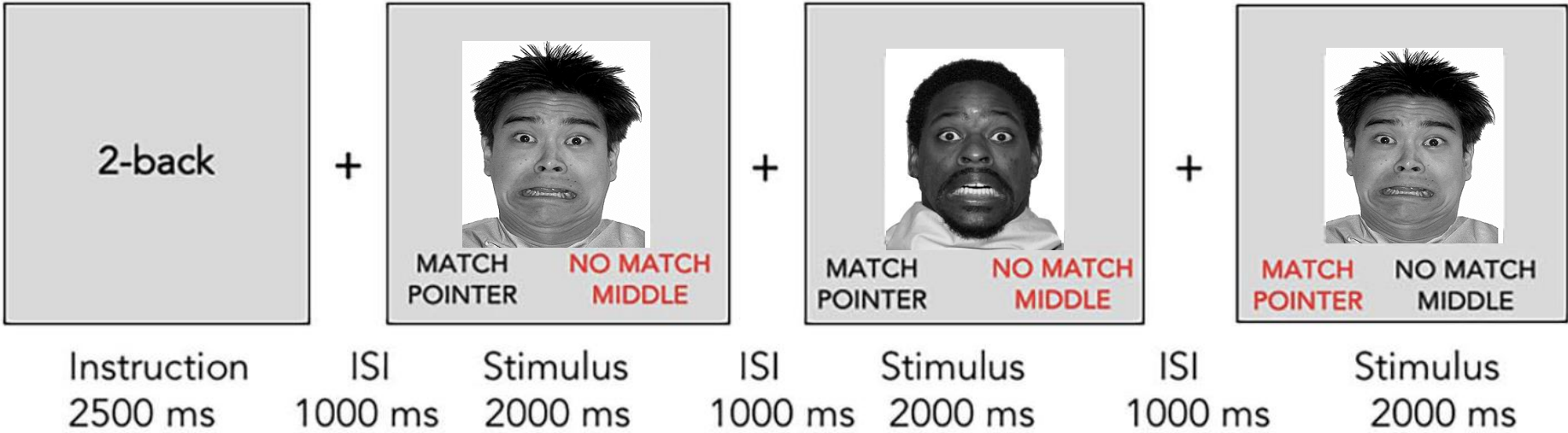
n=856

Emotional N-Back Task

O-back condition

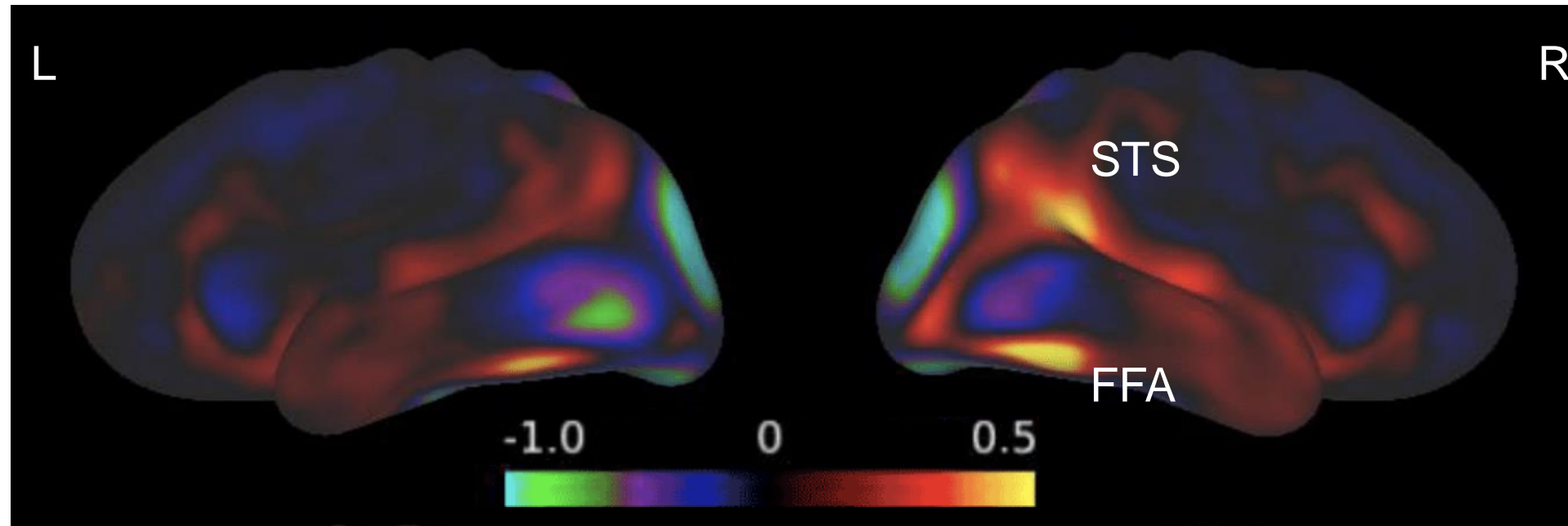


2-back condition

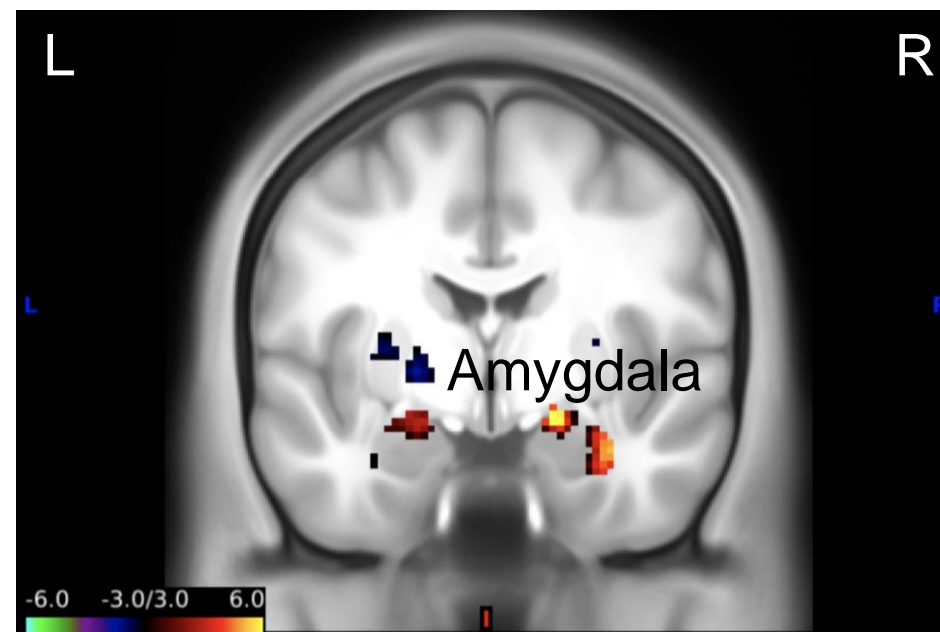


Time

Faces versus Places

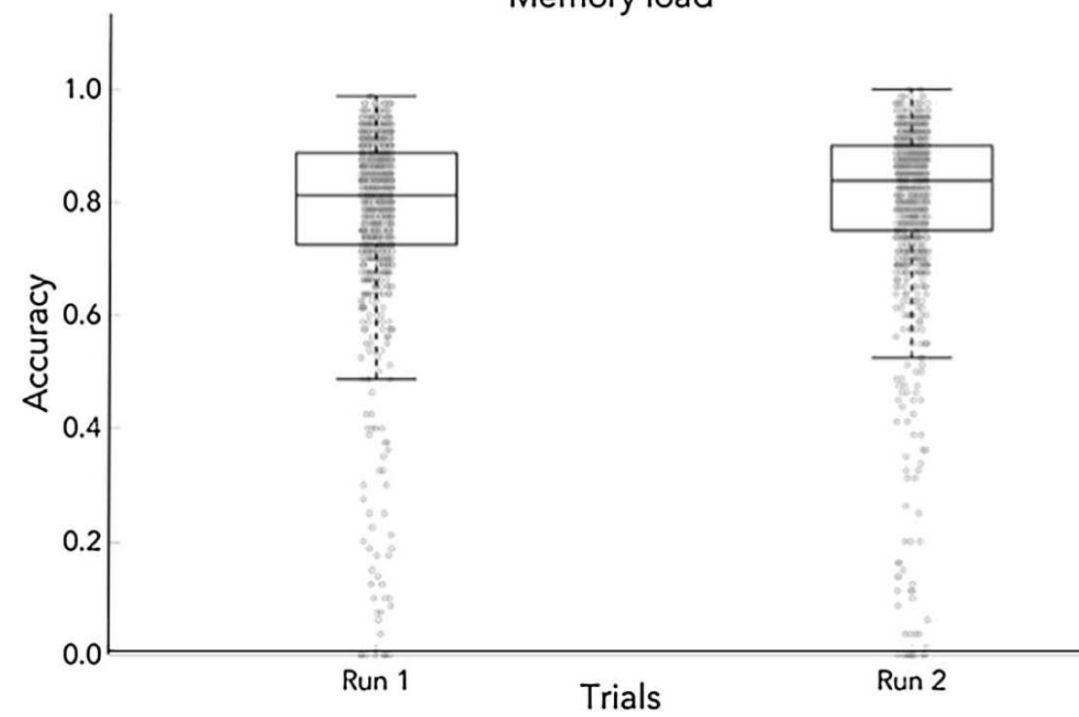
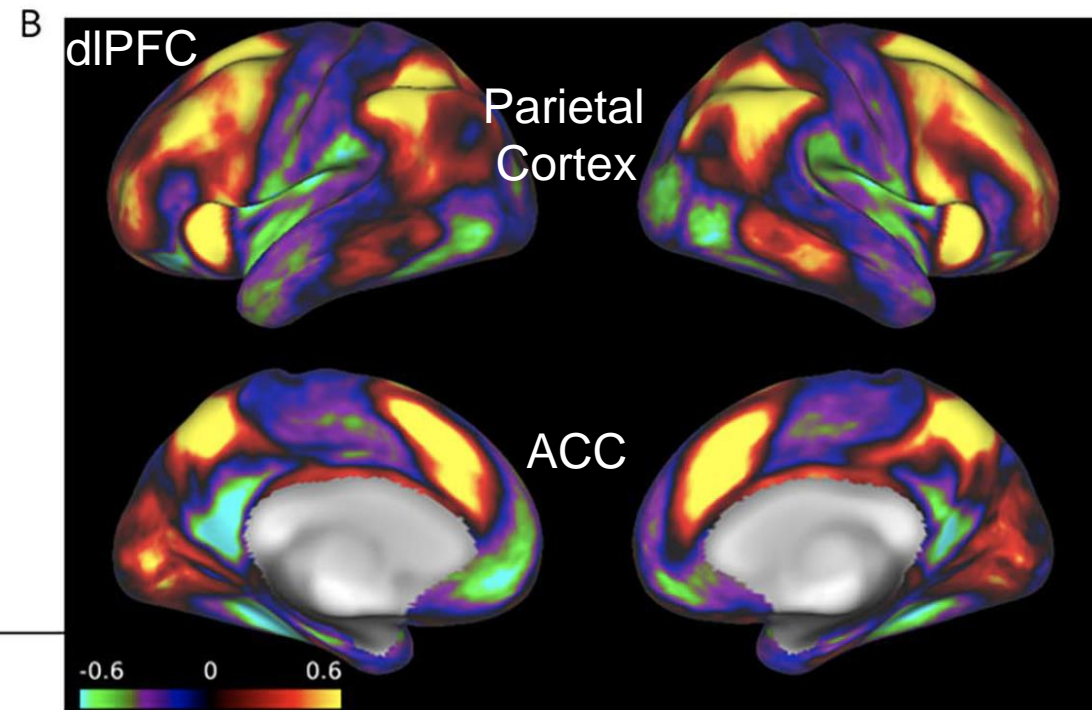
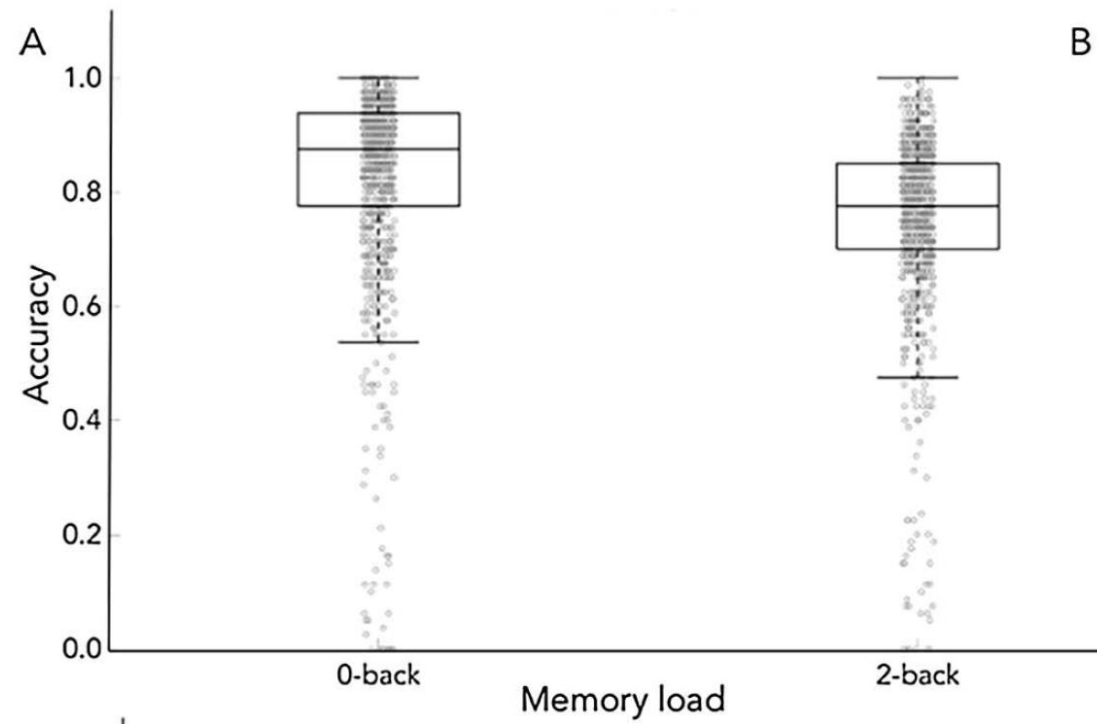


Fear vs Neutral Faces

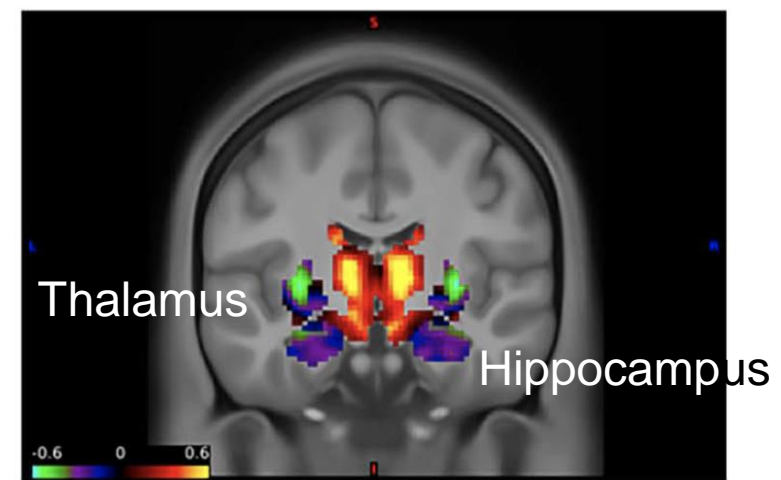


n=2350

Emotional N-Back Task



Contrast: 2-back - 0-back



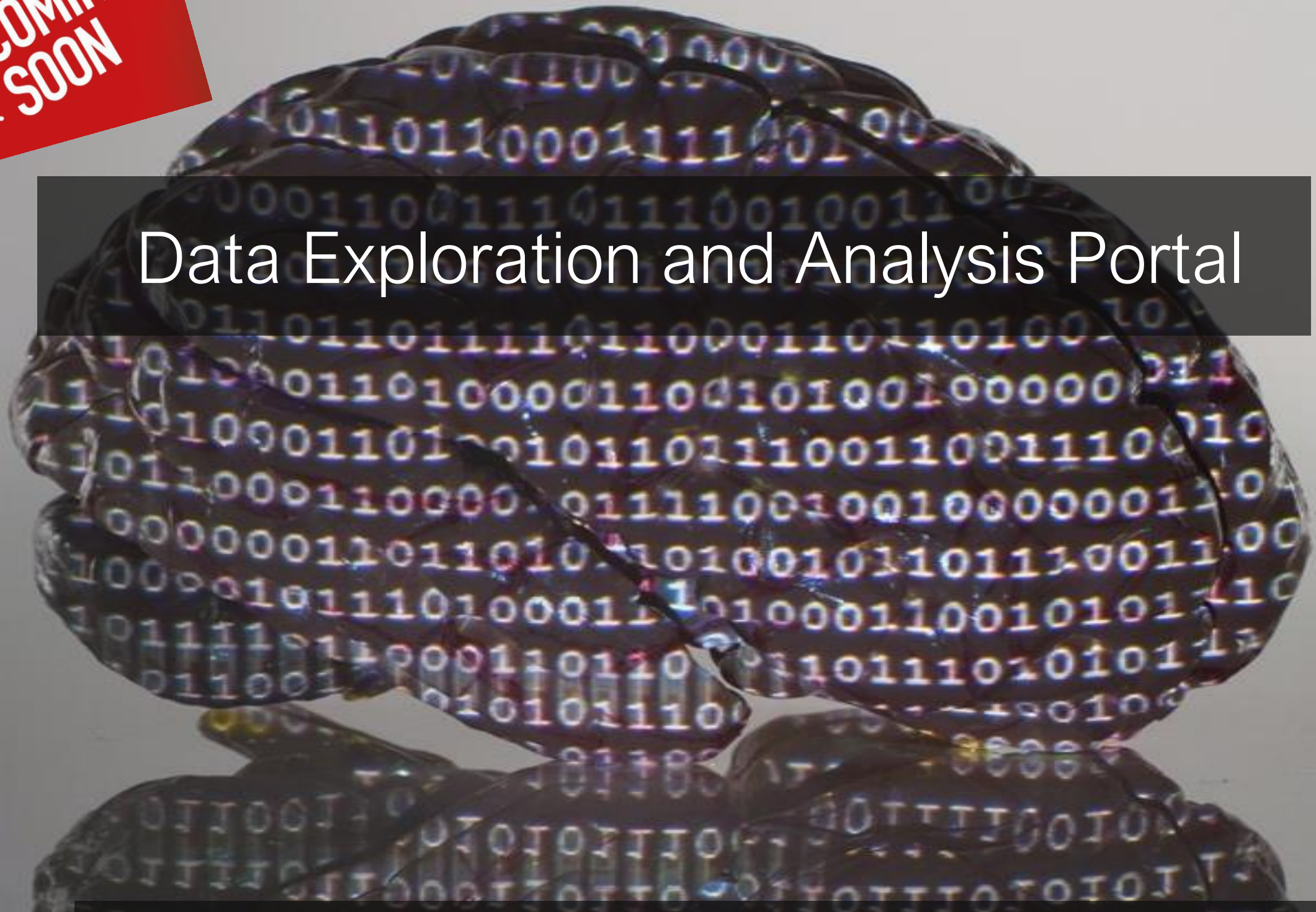
n=517

Six-month Follow-up

ABCD Measure	What it measures:	Youth (min)	Parent (min)
Intro, Update of locator info			4
Brief Problem Monitor for Youth (ASEBA)	Dimensional psychopathology, adaptive functioning in past week	3	
Yes / No Substance Use Questions	Past 6-month heard-of or use of substances	3-7	
NIH Toolbox Positive Affect Short Form	Positive emotions and affective well-being in past week	2	
What's next			2
Total: about 15 minute to administer in all.		8	6



Data Exploration and Analysis Portal



Hypothesis Testing on DEAP

Can changes in anxiety be explained by cognitive development scores measured in the picture vocabulary test, if one corrects for known covariates?

Model specification

Independent Variable:

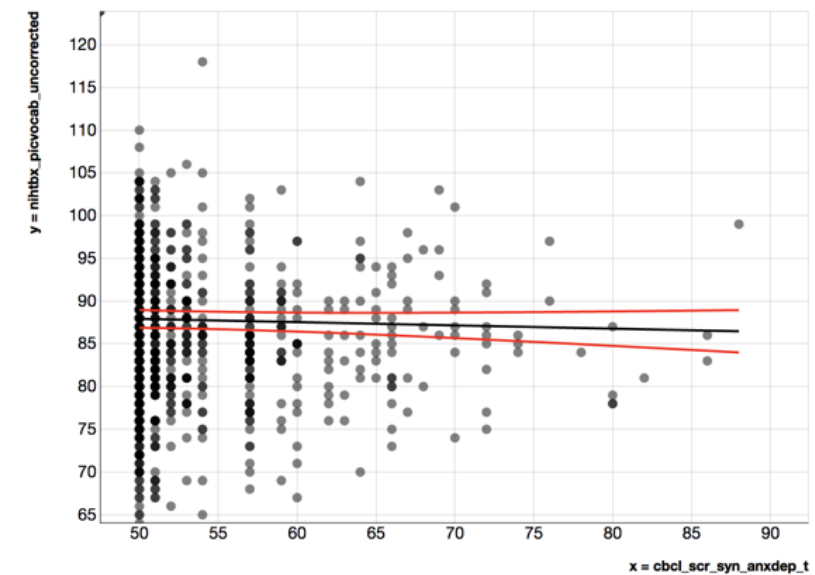
Dependent Variable:

User Covariates:

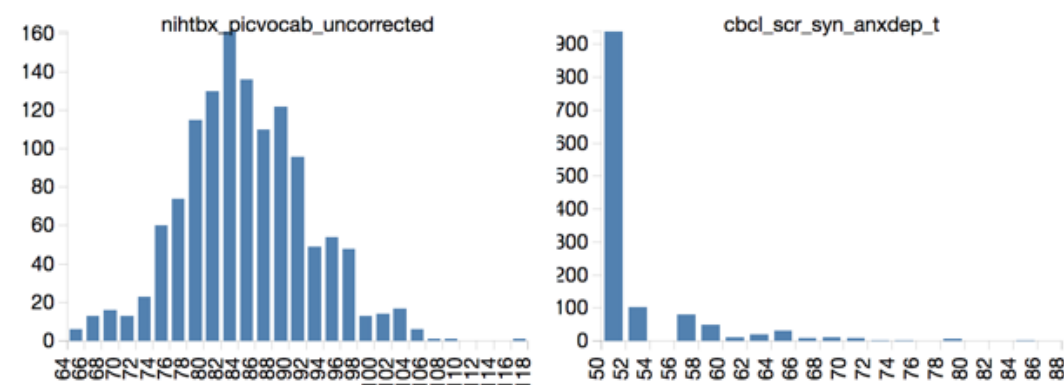
Fixed Effect Covariates: Race/Ethnicity GENDER EDU INC MARITAL AGE

Random Effects: SITE FAMILY

Regression model fit



Data used in the model



Result tables / Model comparisons

	Estimate	Std. Error	t value	Pr(> t)	sig
(Intercept)	52.27064	1.77974	29.37	< 1e-6	***
nihtbx_picvocab_uncorrected	0.02316	0.01322	1.75	0.0798201	.
race.ethnicityBlack	-1.15741	0.37474	-3.09	0.0020246	**
race.ethnicityHispanic	-0.14640	0.30244	-0.48	0.628372	
race.ethnicityAsian	-1.21511	0.66369	-1.83	0.0671952	.
race.ethnicityOther	0.13576	0.33444	0.41	0.6848096	
genderM	0.67781	0.18458	3.67	0.0002436	***
high.educBachelor	-0.05391	0.54923	-0.10	0.9218111	
high.educHS Diploma/GED	-0.90738	0.57636	-1.57	0.1154924	.
high.educPost Graduate Degree	-0.17039	0.56453	-0.30	0.7628061	
high.educSome College	-0.06243	0.52201	-0.12	0.9048016	
marriedyes	-0.40629	0.24155	-1.68	0.0926505	.
interview_age	-0.00946	0.01301	-0.73	0.4672105	
household.income[< 50K]	1.12847	0.32764	3.44	0.0005784	***
household.income[= 50K & < 100K]	0.48843	0.24194	2.02	0.0435734	*

Table 3: Statistical parameter table.

Risk and Protective Factors for Sipping

Culture & Environment

ABCD Baseline Measure Name	REDCap Abbreviation	What it measures:	Youth (min)	Parent (min)
Prosocial Tendencies Survey	PST	Resilience	1	1
Acculturation Survey*	ACC	Cultural factors	1	1
Parental Monitoring Survey	PMQ	Parental monitoring/supervision	1	
Acceptance Subscale from Children's Report of Parental Behavior Inventory (CRPBI) - Short	ASQ	Environment - Family & Religion	2	
Family Environment Scale - Family Conflict Subscale*	FES	Family dynamics, cohesion, expressiveness, conflict	2	2
Neighborhood Safety/Crime Survey*	NSC	Risk and protective factors, crime	1	1
School Risk & Protective Factors Survey*	SRPF	Risk and protective factors	1	
Vancouver Index of Acculturation - Short Survey	VIA	Acculturation		5
Multi-Group Ethnic Identity - Revised Survey	MEIM	Cultural affiliation		2
Mexican American Cultural Values Scale	MACV	Familism, religion, independence, self-reliance		5
Native American Acculturation Scale	NAA	Tribal affiliation (for Native American Parents only)		5
Total Minutes			9	22

*Modified from PhenX

Total Model: R-sq: .088; p<.001; 79.5% accurate

	B	S.E.	P-value
Sex (Male)	.209	.084	.012
Peer Use	.741	.182	.000
Availability (Hard)	-.913	.083	.000
Rules (Yes)	-1.526	.287	.000
Neighborhood Safety	-.093	.039	.018
School Involvement	-.092	.018	.000

Not significant

- Parental Monitoring
- Parenting Behavior – Acceptance
- Family Conflict
- School Disengagement
- School Environment

Courtesy of Mary Heitzeg (University of Michigan)

Risk and Protective Factors for Sipping

Males

Total Model: R-sq: .083; p<.001; 77.6% accurate

	B	S.E.	P-value
Peer Use	.697	.218	.001
Availability (Hard)	-.815	.109	.000
Rules (Yes)	-1.628	.374	.000
School Disengagement	.089	.043	.039
School Involvement	-.066	.026	.010

Not significant

- Neighborhood Safety

Females

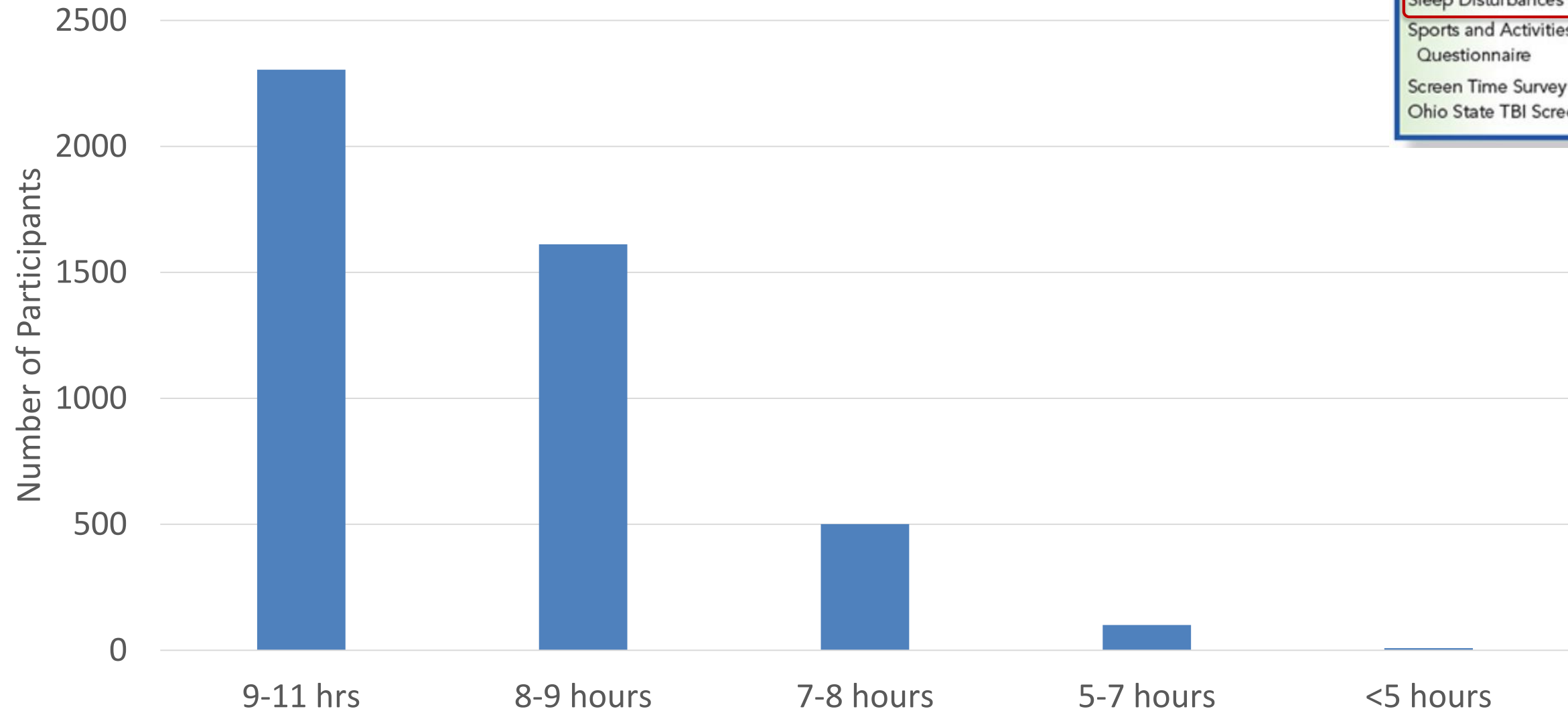
Final Model: R-sq: .096; p<.001; 81.6% accurate

	B	S.E.	P-value
Peer Use	.961	.325	.003
Availability (Hard)	-1.035	.126	.000
Rules (Yes)	-1.422	.453	.002
Neighborhood Safety	-.156	.059	.008
School Involvement	-.098	.028	.000
Family Conflict	-.090	.034	.009

Not significant

- School Disengagement

Sleep



Physical Health

- PhenX Demographics Survey
- Medical History Questionnaire
- Developmental History Questionnaire
- PhenX Medications Survey
- Menstrual Cycle Survey
- Sleep Disturbances Scale for Children
- Sports and Activities Involvement Questionnaire
- Screen Time Survey
- Ohio State TBI Screen - Short

(n=4,524)